Family wellness is our passion!
Windsor Connection Resource Center
A Member of the PATCH Network
&
The Windsor Area Community Partnership

It is the mission of the Windsor Area Community Partnership to connect agencies, community leaders and constituencies through a coalition that intentionally represents adults, youth, and elders in the Windsor area to promote the health and well being of the community.

The Windsor Connection Resource Center
One Railroad Plaza
Windsor Vermont 05089
802-674-2900
Monday through Friday
8:00 AM to 4:00 PM

Service Providers include but not limited to
Vermont Adult Learning
Cyril Z. Meadow Institute (CZMI)
Department of Corrections
Economic Services
Health Care & Rehabilitation Services
Department of Labor
Vocational Rehabilitation Services
Southeast Vermont Community Services (SEVCA)
Windsor on Air
Vermont Adult Learning

Services at the Center
Telephone/Fax/Copier/Computer
Food Shelf referrals
Problem Solving & Crisis Management
General Community Resource information
Community Service Hours
Referrals to Ministerial Fund Support
Educational Programs
Link for Needed Services (See Table of Contents)
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Abuse Prevention and Protection Children and Adults

**Adult Protective Services**
Toll Free Phone: 800-564-1612
Business Phone: 802-241-2345
103 Mineral Street
Waterbury, VT 05671
To report abuse neglect or exploitation of a vulnerable Adult or to enter a complaint against a facility or agency that provides health care.
www.dlp.vermont.gov/protection

**After Hours Relief from Abuse**
Toll Free Phone: 800-540-9990
4:30 PM - 8:00 AM and Saturday / Sunday

**Child Protective Services After Hours**
800-649-5285
www.def.vermont.gov

**Concerns about Child Care**
800-540-7942
If you have a concern about a program, provider, a specific circumstance, or state regulations.

**Department of Child and Family Services**
Springfield - 802-885-8900
Hartford – 802-295-8840
www.def.state.vt.us

**State wide Sexual Violence Hotline**
800-489-7273

**Safeline, Inc.**
800-newsafe (800-639-7233)
802-685-7900
Fax 802-685-7902
PO Box 368
Chelsea, VT
A domestic and sexual violence agency.
www.safelinevt.org
Alcohol and Drug Treatment Information

Alcoholics Anonymous
802-295-7611
White River Junction, VT 05001
For information regarding time dates and location of local meetings.

Brattleboro Retreat
800-738-7328/ Admissions: 802 258-3700
Anne Marsh Lane
Brattleboro, VT 05301
Adult and adolescent substance abuse treatment residential and outpatient.
http://www.brattlebororetreat.org

HEADREST
Hotline: 603-448-4400
Teen line: 800-639-6095
Crisis Calls: 800-273-TALK
West Lebanon, NH 03784
www.headrest.org

Healthcare and Rehabilitation Services (HCRS) - WRAP
Springfield - 802-886-4500
Windsor - 802-674-2539
Connection line- 888-888-5144
Crisis/Emergency- 800-622-4235
Project Crash/Outpatient counseling for child & adult, vocational services, peer support, psychiatric services, and residential service.
http://www.hcrs.org/

Tim Hebert, M.S., L.A.D.C
802-674-6847
1 Railroad Plaza
Windsor, VT 05089

Information Hotline
800-ALCOHOL (252-6465)
Nationwide 24-hour alcohol and drug information hotline

Maple Leaf Farm
802-899-2911
800-254-5659
10 Maple Leaf Road
Underhill, VT 05489
Adult residential treatment and detox age 17 & up.
www.mapleleaf.org
Office of Alcohol and Drug Abuse Program
CRASH: 802-866-4500/WEEKEND PROGRAM: 802 296-6602/802-295-1311
Education, intervention, prevention, recovery, research, and treatment.
www.healthvermont.gov/adap/treatment/crash.aspx

Serenity House
802-446-2640
98 Church Street
Wallingford, VT 05773
Adult residential treatment and detox.

Second Growth
802-295-9800
205 Billings Farm Road, Building 1
White River Junction, VT 05001
Supporting safe and successful young lives.

Turning Point Recovery Center of Springfield
802-885-4668
7 Morgan St.
Springfield, VT 05156

CHILD/PARENTING SERVICES

Concerns about Child Care
Child Abuse Hotline: 800-649-5285
Child Care Hotline: 800-649-2642
Child Support Hotline: 800-786-3214
Economic Benefits: 800-479-6151

www.dcf.vermont.gov/cdd

CUPS: Child Upstream Services
802-886-4500
390 River St.
Springfield, VT 05150
Early intervention for families of young children at risk of or experiencing emotional
and/behavioral challenges, ages 0-6.
www.hers.org
Lund Family Center
1-800-219-4522
802-864-7467
76 Glen Road,
Burlington, VT 05401
Therapeutic residential program for pregnant & parenting teens, comprehensive adoption programs, teen pregnancy prevention programs
www.lundfamilycenter.org

Springfield Area Parent Child Center
802-886-5242
6 Main Street
North Springfield, VT 05150
Play groups, information, and referral service.
www.sapcc-vt.org

Vermont Department of Health
VT Toll Free 888-296-8151
802-885-5778
100 Mineral Street, Suite 104
Springfield, VT 05156
Fit & Healthy Kids, Women, Infant & Child Program (WIC), nutrition, breastfeeding, and immunization.
www.healthvermont.gov

Windsor County Head Start
802-885-6664
15 Pine St.
Springfield, VT 05156

Windsor County Partners
802-674-5101
Windsor, VT 05089
A mentoring program throughout Windsor County; a one-on-one intergenerational partnership for ages 10 –17.
www.windsorcountypartners.org

Prevent Child Abuse VT
(800-CHILDREN) 800-244-5373
PO Box 829
Montpelier, VT 05601
www.pcavt.org
CHILD CARE/PRESCHOOL

Bridging the Gap Learning Center
802-356-0128
127 State Street
Windsor, VT 05089
Before & after school program, vacation and snow days for children in grade K-8.

The Children’s Place Preschool/Headstart
802-674-5690
Masonic Hall
Windsor, VT 05089
A federally-funded preschool for ages 3-5.

Hartland After School Program
802-436-2790/ 802-738-7815
Hartland Recreational Center
Hartland, VT 05048
For grades K-6; only in session on days school is open.

Hartland Co-Op Nursery School
802-436-2580
Hartland, VT 05048
Children ages 3-5.

Springfield Parent Child Center
802-886-5242
6 Main Street
North Springfield, VT 05150
Educational programs, childcare referrals, and child care subsidy.
www.sapcc-vt.org

Windsor County Head Start
802-885-6664
15 Pine Street
Springfield, VT 05156

CHURCHES

Ascutney Union Church
802-674-2484
Route 5
Ascutney, VT 05030

First Congregational Church
802-436-2224
Hartland, VT 05048
Old South Church
802-674-5087
Windsor, VT 05089

Rachel Harlow Methodist Church
802-674-5359
Windsor, VT 05089

St. Francis of Assisi Church
802-674-2157
Windsor, VT 05089

St. Paul’s Episcopal Church
802-674-6576
Windsor, VT 05089

Trinity Evangelical Free Church
802-674-6781
Windsor, VT 05089

Unitarian Universalist Church
802-436-2592
Hartland, VT 05048

CLOTHING

Listen Community Services & Thrift Store
603-448-4553
60 Hanover St
Lebanon, NH 03766
Monday through Friday 9:00 AM to 5:00 PM

Listen Thrift Store
802-295-9217
42 Maple St.
White River Junction, VT 05001
Monday through Saturday 9:00 AM to 5:00 PM
Sunday 12:00 to 5:00 PM

The Upper Valley Haven
802-295-6500
713 Hartford Avenue
White River Junction, VT 05001
Food shelf, thrift available
www.uppervalleyhaven.org
The Giving Room
802-674-2900
1 Railroad. Ave
Windsor, VT 05089
Clothing available at no cost, donations welcome. Monday-Friday 8:00 AM to 4:00 PM

CRISIS INFORMATION

American Red Cross
Rutland
802-223-3701
Brattleboro
802-254-2377 800-288-3554
Burlington
800-660-9130
Disaster services, emergency shelter, disaster relief, CPR & first aid training.
www.redcross.org

Mental Health Services of HCRS
800-622-4235
802-674-5214
802 295-3031
49 School Street
Hartford Village, VT 05047
www.hcrs.org

Senior Helpline
800-642-5119
Information about services and referrals.

DENTAL SERVICES

Red Logan Dental Clinic
802-295-7573
70 North Main Street
White River Junction, VT 05001
DISABILITY INFORMATION SERVICES

School for the Hearing Impaired / VT center for Deaf/Hard of Hearing
802-258-9500
209 Austine Drive
Brattleboro, VT 05301
Interpreter referral services, mental health services, educational services, and advocacy services.
www.vcdhh.org

Children with Special Health Needs
800-660-4427
Specialty clinics. Medical and developmental diagnosis and treatment. Support groups.
Care coordination and some financial assistance.
www.healthvermont.gov

CUPS- Children’s Upstream Services (HCRS)
802-886-4500 Janie Aramburg
800-808-4442
390 River Street, Springfield, VT 05156
Early intervention program for families of young children at risk of or experiencing emotional behavioral challenges.
www.hcrs.org

Early Childhood Program, Windsor Southeast Supervisory Union
802-674-8289
127 State Street
Windsor, VT 05089
A school-based program for children with or without disabilities. Ages 3-5.

Mt. Ascutney Hospital and Health Center
802-674-6711
289 County Road
Windsor, VT 05089
Physical therapy, occupational therapy, recreational therapy and speech therapy.
www.mtascutneyhospital.org

Springfield Parent Child Center
802-886-5242
6 Main St.
North Springfield, VT 05150
Service for children birth to 3 years old and their families. Groups and referrals.
www.sapcc-vt.org
Vermont Association for the Blind and Visually Impaired
877-350-8840
Information to arrange for services: 800-639-5861
Provides comprehensive support, training and services to visually impaired consumers of all ages.
www.vabvi.org

Vocational Rehabilitation Services
802-885-2279
100 Mineral Street, Suite 308
Springfield, VT 05156
Help disabled clients seek employment and provide supportive services to gain and maintain employment.
www.vocrehabvermont.org

EDUCATION/SCHOOLS

Albert D. Bridge Memorial Elementary School
802-484-3344
West Windsor, VT 05089
www.albertbridge.k12.vt.us

Community College of Vermont (CCV)
Springfield, VT 802-885-8360
White River Junction, VT 802-295-8822
www.ccv.edu

Gateway Program
802-885-3477
199 Summer Street
Springfield, VT 05156
For grades K - 12 an alternative school for children who are socially, emotionally and academically challenged.

Hartland Elementary School
802-436-2255
Hartland, VT 05048
Grades K - 8
www.hartland.k12.vt.us

Springfield Area Parent Child Center
802-885-5242
Springfield, VT 05156
Classes, parenting resource library, literacy workshops and training for childcare providers.
www.sapcc-vt.org
State Street School
802-674-2310/ Fax: 802 674-9803
Ascutney Street
Windsor, VT 05089
Grades K - 6
www.windsor.k12.vt.us

Vermont Adult Learning
802-886-1004
363 River Street
PO Box 12
North Springfield, VT 05150
Adult Diploma Program, GED, Making it Work Program, High School Completion Program and
literacy services at the WCRC.
www.vtadultlearning.org

Vermont Student Assistance Corporation (VSAC)
802-655-9602
800-642-3177
For assistance with planning/paying for college. Exploring career and life goals. Appointments
can be arranged at the WCRC.
www.vsac.org

Weathersfield Middle School
802-674-5400
K-8
Weathersfield, VT 05030
www.weathersfieldschools.org

Windsor Junior Senior High School
802-674-9822
19 Ascutney Street
Windsor, VT 05089
For grades 7-12 serving the towns of Brownsville, Weathersfield, Hartland and Windsor.
www.windsor.k12.vt.us

Windsor Southeast Supervisory Union (WSSU)
802-674-2144
Windsor, VT 05089
Serving towns of Brownsville, Weathersfield, Hartland & Windsor

EMPLOYMENT

Benefit Service Center
800-479-6151
Springfield, VT 05156
www.mybenefits.vt.gov
Vermont Department of Labor
Springfield – 802-885-2167
White River– 802-295-8805
Job match, workplace information, educational and training resources. On the job and classroom
skills. Labor market information.
www.labor.vermont.gov.

FINANCIAL ASSISTANCE

Consumer Credit Counseling Service
800-550-1961
Free consultation, budgeting assistance, debt consolidation, first time homebuyer.

Reach-Up - Medicaid Food Stamps
802-885-8865
Springfield, VT 05156
Health Insurance, 3 Squares, Reach up, Fuel Assistance.
www.dcf.vermont.gov/mybenefits

SEVCA, Southeastern Vermont Community Action
802-885-6153/885-1019
800-464-9951
107 Park Street Suite 2
Springfield, VT 05156
Food and shelter assistance. Eviction, vouchers for clothing or household items.
www.sevca.org

Social Security
802-775-0893
800-772-1213
330 ASA Bloomer Building
88 Merchants Row
Rutland, VT 05701
Disability, death benefits, and retirement.
www.ssa.gov

Springfield Area Parent Child Center
802-886-5242
6Main Street
North Springfield, VT 05150
Childcare funding and subsidy.
www.sapcc-vt.org
FOOD/NUTRITION

Department of Child and Family Services
Springfield- 802-885-8900
Hartford – 802-295-8840
Welfare & Food Stamps

Farm to Families
802-885-6153
107 Park Street
Springfield, VT 05156
This program is provided through SEVCA in the spring and summer months. We work in conjunction with the local farmers market to make fresh vegetables available to individuals and families. We also offer seeds for those who wish to start their own garden.
www.sevca.org

Health Care & Rehabilitation Services (HCRS)
802-674-2539

Meals on Wheels
800-642-5119
802-674-6733
Meals on Wheels is a service designed to help eligible seniors and home bound individuals meet their nutritional needs.

SEVCA- Southeastern VT Community Action
Springfield- 802-885-6153
White River Junction- 802-295-5215
Welfare and Food Stamps.

Perkinsville Community Church/ Food Shelf
802-263-9539
Weathersfield, VT
Thursdays 1:00-2:00 PM

Hartland Food Shelf
802-436-2592
4 Corners Hartland, VT 05048
Fridays 8:00-10:00 AM

Trinity Church/ Food Shelf
802-674-6781
Windsor, VT 05089
Food Shelf: Tuesdays 5:00-6:00 PM/Wednesdays 10:30 AM-12:30 PM/Thursdays 5:00-6:00 PM
The Upper Valley Haven
802-295-6500
713 Hartford Avenue
White River Junction, VT 05001
Food shelf, thrift available.
www.uppervalleyhaven.org

Hunger Free Vermont
802-865-0255
Burlington, VT 05401
www.hungerfreevt.org

Virginia Morse, RD
802-674-7135
289 County Road
Windsor, VT 05089
One-on-one nutrition consulting and nutrition education, support groups, such as diabetes support group,

Vital Communities
802-291-9100
195 N. Main St.
White River Junction, VT 05001
Workshops/information sessions, locally grown guide, locally grown guide on line,
www.vitalcommunities.org

Women Infants and Children (WIC)
802-885-5778
100 Mineral Street, Suite 104
Springfield, VT 05156
To provide nutritional food to pregnant women, women breastfeeding and infants and children up until age 5. Also the Fit & Healthy Kids Program.
www.healthvermont.gov
FUEL ASSISTANCE

Office of Home Heating Fuel Assistance
800-479-6151-Request a paper application/Select option #3
103 South Main Street
Waterbury, VT 05671
This fuel program is administered by DCF/Economic Services and funded by the Federal Government.

SEVCA - Southeastern VT Community Action
Springfield- 802-885-6153
White River Junction- 802-295-5215
Offers help with heating emergencies including: electric shut-offs, pre-buys discounts, and payment plan fuel cost assistance; oil, kerosene, propane and wood deliveries. Also provides weatherization services to reduce fuel cost.
www.sevca.org

GAY/LESBIAN/BISEXUAL RESOURCES

HIV/ HCV Resource Center
603-448-8887
2 Blacksmith Street
Lebanon, NH 03766
Support those whose lives are affected by HIV/AIDS and Hepatitis C.
www.h2rc.org

Outright Vermont
HotLine: 866-488-7386
800-452-2428
Burlington, VT  05401
Support groups and educational information.
www.outrightvt.org

HEALTH CARE

Good Neighbor Clinic
802-295-1868
70 North Main Street
White River Junction, VT  05001
www.goodneighborhealthclinic.org

Mt. Ascutney Hospital and Health Center
802-647-6711
289 County Road
Windsor, VT  05089
Heath services and emergency room.
Mt. Ascutney Hospital and Health Center
Windsor Community Health Clinic
802-674-7213
289 County Rd
Windsor, VT 05089
Free Clinic-help for uninsured and underinsured.

Visiting Nurses Association & Hospice of VT and NH
Admissions/Referrals: 800-575-5162     TDD: 800-735-2964
Business Office: 888-300-8853
Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need, regardless of the patient’s ability to pay.
www.vnhc.org

HEALTH EDUCATION

Community Health Outreach
802-674-7089
289 County Road
Windsor, VT 05089
Physical activities, prevention of chronic illness, health education, health fairs, community grants for improved health and general health information.

CPR Community Classes
802-674-6711 Community Education
289 County Road
Windsor, VT 05089

CUPS: Children’s Upstream Services
802-886-4500
North Springfield, VT 05150
Early intervention for families of young children at risk of or experiencing emotional/behavioral challenges.
www.hers.org/children.html

Diabetes Educator
802-674-7135
289 County Road
Windsor, VT 05089
Medical professionals who specialize in the care and education of people with diabetes.
www.diabeteseducator.org

Healthy Babies/Vermont Department of Health
802-885-5778
100 Mineral Street, Suite 104
Springfield, VT 05156
www.healthyvermonters.info
Mount Ascutney Prevention Partnership (MAPP)
802-674-2900 x25
1 Railroad Ave, Room 204
Windsor, VT 05089
Community Mobilization and Media Advocacy/Courtney Millhouse
Youth Outreach Coordinator/Rachel Williams
Working to a healthy culture that limits the adverse effects of alcohol, tobacco, and other drugs.
www.mappvt.org

Tobacco Cessation
802-674-7089
289 County Road
Windsor, VT 05089
To identify and refer tobacco users to easily accessible tobacco cessation services.
www.smokefree.gov

HOUSING/SHELTER

Union Square Apartments/Phelps Court Apartments
802-674-9455 or 603-641-2163
Union Street
Windsor, VT 05089
www.stewartproperty.net

Habitat for Humanity
802-885-6440
Springfield, VT 05156
Helping low-income families build affordable housing they can own.
www.habitat.org

Windsor County Youth Services
802-228-7783 Males only
802 226-7500 Females only (Cavendish)
6 Mill Street
Ludlow, VT 05149
Shelter for homeless and runaway youth.

Olde Windsor Village
802-674-2867
65 State Street
Windsor, VT 05089
Subsidized independent housing for seniors and younger disabled persons. Family units are also available.
Supportive Housing  
802-885-3034  
12 Valley Street #1  
Springfield, VT   05156

Upper Valley Habitat for Humanity  
802-295-1854  
PO Box 1038  
White River Jct., VT 05001  
www.uvhc.org

Upper Valley Haven  
802-295-6500  
713 Hartford Avenue  
White River Junction, VT 05001  
Shelter, food shelf, clothing room educational programs.  
www.uppervalleyhnaven.org

Upper Valley Housing Coalition  
802-291-9100  
104 Railroad Row  
White River Junction, VT 05001

Vermont State Housing Authority  
802-295-8883  
White River Jct., VT 05001  
To provide affordable housing to families in the Windsor County.  
www.vsha.org

Vital Communities  
802-291-9100  
195 N. Main St.  
White River Junction, VT 05001  
www.vitalcommunities.org

INFORMATION/REFERRAL/ADVOCACY

Child Care Consumer Concern Line  
800-649-2642  
www.dcf.state.vt.us
Council on Aging for Southeastern Vermont
Business phone- 802-885-2655
Springfield, VT 05089
Case management, housing, state health insurance program, legal service, mental health, nutrition, senior companion, transportation, caregiver resources.
www.coasvt.org

United Ways of Vermont
Information line 2-1-1
Call for information about local resources, schools, healthcare, financial assistance, and more.
www.vermont211.org

Vermont Associates for Training and Development, Inc.
1-802-885-1431 or 1-800-439-3307
56 Main Street, Suite 101
Springfield, VT 05156
Private nonprofit that provides training opportunities with public municipalities or non-profit organizations for 55 years of age, Vermont residents, unemployed, and low income. Training for 20 hours per week and earning a wage, individuals learn new occupational skills in preparation for obtaining employment.
www.vermontassociates.org

Windsor Connection Resource Center
802-674-2900
1 Railroad Plaza
Windsor VT 05089
Problem solving and crisis management, computers, food shelf referrals. A place to meet with agency providers. Telephone/fax/copier services.

LEGAL ASSISTANCE

Have Justice Will Travel
877-496-8100
802-685-7809
Vershire, VT 05035
Legal assistance working with women on legal rights.
www.havejusticewilltravel.org

Public Defenders Office of Windsor County
802-295-6200
128 Gates Street
White River Junction, VT 05001
South Royalton Legal Clinic
802-831-1500
South Royalton, VT 05068
www.vermontlaw.edu

Vermont Legal Aid
800-889-2047 (Information)
802-885-5181
56 Main Street, Suite 301
Springfield, VT 05156
Health care, individual rights, financial exploitation, housing, benefits, and discrimination.
www.vtlegalaid.org /www.vlawhelp.org

Vermont Protection and Advocacy Board
800-834-7890
141 Main Street
Montpelier, VT 05602
Provide legal services for people with disabilities and mental health issues, information and support.
www.disabilityrightsvt.org

Windsor Town Office
802-674-5610
Union Street
Windsor, VT 05089
The Town Clerk's Office offers a notary service. You must have identification for this service.

Vermont Partnership for Fairness and Diversity
802-254-2972
Working to eliminate prejudice of all kinds.
www.vermontpartnership.org

LIBRARIES

Hartland Library
802-436-2473
Hartland, VT 05048
www.hartland.govoffice.com

Town of Weathersfield Proctor Library
802-674-2863
Weathersfield, VT 05030
www.weathersfieldvt.org
MEDICAL RESOURCES

AIDS / HIV/ HCV
603-448-8887 or 800-816-2220
TDD 800-319-3141
2 Blacksmith Street
Lebanon, NH 03766
Transportation to appointments, respite care, hospital visitation, distribute food, information on state and federal benefits.
www.acornvtnh.org

Alzheimer’s Association of Vermont
24/7 Helpline 1-800-272-3900
802-316-3839
300 Cornerstone Dr., Suite 128
Williston, VT 05495
Information, referral, care consultation, support groups, early stage engagement, safety services, and education.
www.alz.org

Alzheimer’s Support Group
802-674-6609
Windsor, VT 05089
Supporting families living with a loved one that has Alzheimers.
www.cedarhillccc.com

American Cancer Society
800-ACS-2345 (800-227-2345)
TTY 866-228-4327
Information on treatment, programs, funding support programs, and services.
www.cancer.org

American Diabetes Association
800-DIABETES (800-342-2383)
The American Diabetes Association provides information about diabetes, nutrition, and weight control.
www.diabetes.org

American Heart Association
800-242-8721
Information on heart attacks, strokes, and how to keep your heart healthy.
www.americanheart.org
American Red Cross
800-733-2767
Burlington 802-660-9130
Concord, NH  603-225-6697 or 800-464-6692
The Red Cross provides disaster relief. Provides shelter, food, health, and mental health services to those affected by disaster.
www.redcross.org

American Stroke Association
888-478-7653
Information on strokes and how to reduce your risk of stroke and make positive lifestyle changes.
www.strokeassociation.org

Dartmouth-Hitchcock Medical Center
603-650-5000
Lebanon, NH 03766
To provide high quality health care and comfort to the ill. Prevent illness among the well and to advance healthcare through education research.
www.dhmc.org

U.S. Veterans Affairs/ Veterans Administration Medical Center & Regional Office
800-827-1000
For information on veterans healthcare or other benefits. Burial and memorial information.
www.va.gov

Vermont Office of Veteran Affairs
888-666-9844
802-828-3379

Division for the Blind and Visually Impaired
800-356-1526
To support the efforts of Vermonters who are blind and visually impaired to achieve or sustain their independence.
www.dad.state.vt.us/dbui

Down Syndrome National Information Line
800-221-4602
To support people with Down's syndrome and their families through education, research, and advocacy
www.ndss.org

Eldercare Locator
800-677-1116
To help people locate aging services in every community.
www.eldercare.gov
**Elder Wise**  
877-347-1419/802 296-3113  
5 South Street, White River Junction, VT 05001  
Elder Wise provides friendship, prepare and share meals, light housekeeping and laundry, and take clients to appointments or just out for the day.  
[www.elderwiseinc.com](http://www.elderwiseinc.com)

**Healing Arts Clinic**  
802-674-7037  
County Road  
Windsor, VT 05089  
Massage therapy, Acupuncture, Reiki, Naturopathy, Chinese Medicine, Wellness Counseling, Psychotherapy, Kinesiology, and Expressive Arts.

**Hospice Program, Mt Ascutney Hospital**  
802-674-7144  
Windsor, VT 05089  
To help you meet your needs and to support you in your final days of your life. To provide you with comfort, respect, joy, and support.  
[www.mtascutneyhospital.org](http://www.mtascutneyhospital.org)

**Ladies First**  
800-508-2222  
TDD: 711 and give phone number  
A health-screening program for Vermont women particularly related to annual exams, mammograms, heart disease, screening, and blood test. This program is federally-funded through the Department of Health  
[www.ladiesfirstvt.org](http://www.ladiesfirstvt.org)

**Mt. Ascutney Hospital and Health Center**  
802-674-6711  
289 County Road  
Windsor, VT 05089  
Services include medical and surgical inpatient care, emergency and outpatient treatment, psychiatric and rehabilitation services, health promotion and education, outpatient, pediatric, adult, and family psychiatry, and other specialty services.  
[www.mtascutneyhospital.org](http://www.mtascutneyhospital.org)

**Planned Parenthood**  
Claremont NH – 603-542-4568  
White River Jct., VT 802-281-6056  
Annual exams, birth control, menopause and other services on sliding scale pay basis.  
[www.ppnne.org](http://www.ppnne.org)
Shriners Hospital  
800-237-5055  
Care for burned and or disabled children.  
www.shrinershq.org

Vermont Department of Health  
802-885-8925  
Immunization clinics, Healthy Baby Program, WIC, and nutrition education.  
www.healthyvermonters.gov

Visiting Nurses Association & Hospice of VT and NH  
Admissions/Referrals: 800-575-5162  
TDD: 800-735-2964  
Business Office: 888-300-8853  
Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need regardless of the patient’s ability to pay.  
www.vnhcare.org

Windsor Community Health Clinic  
802-674-7213  
Windsor VT 05089  
Services members of the community who are not covered by Medicaid, VHAP, and private insurance. Also those who do not have the financial resources to pay for health care services.  
www.mtascutneyhospital.org

Vermont Lions Club  
888-885-2582  
Will help you buy corrective eyewear or obtain eye health care.

MENTAL HEALTH

(CZMI) VT Graduate School of Psychoanalysis  
802-785-3173  
1 Railroad Avenue  
Windsor, VT 05089  
Works with couples, adults, and children on problems in relationships, work or school. Also emotional related problem such as stress, anxiety, anger, depression, obsession, or addiction.  
www.bgsp.edu

Health Care & Rehabilitation Services (HCRS)  
Springfield, VT 802-886-4500  
Hartford, VT 802-295-3031  
Crisis 800-622-4235  
Psychiatric service, psychotherapy services, case management, residential services, peer support, and substance abuse services.  
www.hcrs.org
Ronald P. Ceppetelli, LICSW
802-356-3388
Windsor, VT 05089
Consultation with families and professionals concerning the psych-social process of aging.
Adults living together; living and working with difficult people. Emotional and mental health establishment.
E-mail: rceppete@comcast.net

NURSING HOME AND RESIDENTIAL CARE

Cedar Hill Health Care Center
802-674-6609
92 Cedar Hill Drive
Windsor, VT 05089
Cedar Hill offers a continuum of care from independent and assisted living to skilled nursing and rehabilitation care.
www.cedarhillccc.com

Gilbert F. Davis Home for the Aged
802-674-5300
Windsor, VT 05089
A home-like atmosphere for residential care.

Historic Homes of Runnemede: Cox, Evarts, and Stoughton House
802-674-6733
Windsor, VT 05089
A home-like atmosphere supporting maintaining residences independence.
www.hhronline.org

Olde Windsor Village/Stewart Properties
802-674-2867
65 State Street
Windsor, VT 05089
Subsidized independent housing for seniors.
www.stewartproperty.net

Visiting Nurses Association & Hospice of VT and NH
Admissions/Referrals: 800-575-5162    TDD: 800-735-2964
Business Office: 888-300-8853
Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need regardless of the patient’s ability to pay.
www.vnhcare.org
PREGNANCY

Pregnancy Center of the Upper Valley
603-542-4747
24 Opera House Square
Claremont, NH 03743
1 Main St.
W. Lebanon, NH 03784
603-298-6123
www.pregnancycenteruppervalley.com

PROBATION AND PAROLE

Vermont Adult Probation and Parole
Springfield Probation & Parole
100 Mineral Street, Suite 102
Springfield, VT 05156
Tel: (802) 885-3544
Fax: (802) 885-8800

RECREATION AND FITNESS

Hartland Recreation Center
802-436-2790
Route 5
Hartland, VT 05048
Programs for adults and youth sports, karate, dog obedience, and many more.
www.hartland.govoffice.com

Mt. Ascutney Hospital and Health Center
802-674-7287
289 County Road
Windsor, VT 05089
Miller Exercise Pool and Physical Therapy Dept.
www.mtascutneyhospital.org

Paradise Park
County Road
Windsor, VT 05089
Series of trails for snowshoeing and skiing through mature forest, along a stream, and around the fields and shoreline adjacent to Lake Runnemede.
Windsor Recreation Department and Community Center
802-674-6783
Windsor, VT 05089
Our outside facilities are located at the fair grounds. This includes basketball and tennis courts, softball and little league baseball field. There is a picnic area and trails for hiking, cross-country skiing or running.
www.vermont-towns.org/windsor/rec2.html

RESTORATIVE JUSTICE

Springfield Restorative Justice Center
802-885-8707
Springfield, VT 05071
Our programs include juvenile pre-charge, reparative probation, family or group conferencing, mediation, victim assistance programs, and offender re-entry programs.
www.springfieldrjc.org

SENIOR CITIZENS

Council on Aging for Southeast Vermont
802-885-2655
56 Main Street
Springfield, VT 05156

Ronald P. Ceppetelli, LICSW
802-356-3388
Windsor, VT 05089
Consultation with families and professionals concerning the psych-social process of aging. Adults living together; living and working with difficult people.
E-mail: rceppete@comcast.net

Lifeline Personal Response and Support Services
800-380-3111
Personal response system. Press the personal help button and Lifeline’s emergency response service goes into action.
www.lifelinesys.com

Meals on Wheels/Senior Helpline
800-642-5119
This program offers well balanced meals for seniors or others recovering from an illness, homebound, or unable to cook. Meals on Wheels offers hot meals five days a week with frozen meals available for weekends and holidays.
www.coasevt.org/services_nutrition.html
**Medicare**
800-633-4227
TTY 877-486-2048
Information about benefits, help with questions about Medicare Part D and prescription coverage.
[www.medicare.gov](http://www.medicare.gov)

**SASH (Support and Services at Home)**
Windsor, West Windsor, Reading, Ascutney, North Hartland and Hartland
802-674-2700
7 Union St.
Windsor, VT 05089
[ddupuis.wwht@gmail.com](mailto:ddupuis.wwht@gmail.com)

White River Junction, Norwich
802-738-8070
Twin Pines Housing Trust
240 S. Main St., Suite 4
White River Junction, VT 05001
[Sarah.Kler@tphtrust.org](mailto:Sarah.Kler@tphtrust.org)

Springfield, Weathersfield, Baltimore, Perkinsville
802-885-6034
80 Main St.
Springfield, VT 05156
[lhsha@vermontel.net](mailto:lhsha@vermontel.net)

**SASH (continued)**

SASH is wellness nursing. SASH conducts assessments, wellness check-ins and health coaching to help individuals be more informed of their medical conditions. The only eligibility criteria is that the individual is enrolled in Medicare. This is a free service.

**Social Security**
800-772-1213
802-775-0893
TTY 802-773-3203
This program pays retirement, disability, and survivors benefits to workers and their families and administers the supplemental security income program. They also issue social security numbers.
[www.ssa.gov](http://www.ssa.gov)
Vermont Associates for Training and Development, Inc.
1-802-885-1431 or 1-800-439-3307
56 Main Street, Suite 101
Springfield, VT 05156
Private nonprofit that provides training opportunities with public municipalities or non-profit organizations for 55 years of age, Vermont residents, unemployed, and low income. Training for 20 hours per week and earning a wage, individuals learn new occupational skills in preparation for obtaining employment.
www.vermontassociates.org

Senior Solutions
800-642-5119 or 802-885-2655
56 Main St. #304
Springfield, VT 05156
We work with seniors 60 and over providing resources for successful aging.

TRANSPORTATION

The Current-Connecticut River Transit
802-460-1195 or 888-869-6287
706 Rockingham Road
Rockingham, VT 05101
Transportation to and from medical appointments for people who are age 60 and older, disabled, or on Medicaid (they would like a 2 day notice).
www.crtransit.org

Good News Garage
877-448-3288
Burlington, VT 05401
Helping people get good quality and reliable transportation. There are guidelines. Please call.
www.goodnewsgarage.org

Vermont Department of Motor Vehicles
802-885-5273
100 Mineral Street
Springfield, VT 05156
Licenses, permits, ID’s, forms, registration, and information.
www.aot.state.vt.us/dmv

ViA- Volunteers in Action
802-674-5971
Windsor, VT 05089
Provides rides to medical, hair appointments, or shopping.
**Working Wheels**
802-885-6153
This program is through SEVCA for people that need help with car repairs or car loans for transportation for employment.
www.sevca.org

**More Than Wheels**
866-455-2522
Nonprofit assists with repairing your credit and works with banks to finance a vehicle.

**VETERANS**

U.S. Veterans Affairs/ Veterans Administration Medical Center & Regional Office
800-827-1000
For information on Veterans healthcare or other benefits. Burial and memorial information.
www.va.gov

**VA Medical Center**
WRJ
802-295-9369 or 866-687-8387

**VOLUNTEERING**

**Green Mountain RSVP (Retired and Senior Volunteer Program)**
802-885-2038
199 Union Street
Springfield, VT 05156
RSVP offers interesting and meaningful volunteer opportunities to persons who are 55 years of age or better and who are eager to do something that makes a difference in their communities. RSVP committed to tap the skills and experience of seniors by matching their talents and interest with the significant need of local non-profit community organizations. Volunteer as often as you’d like, according to your schedule.
www.rsvpvt.org

**Volunteers in Action (ViA)**
802-674-5971
Windsor, VT 05089
Looking for people to do volunteer work with the community such as providing rides. Seniors volunteer for many organizations in Windsor area, including Mt. Ascutney Hospital and Health Center.

**Windsor Connection Resource Center**
802-674-2900
1 Railroad Plaza
Windsor, VT 05089
The Resource Center is always looking for volunteers to fill in when needed and help with upkeep of building.
Visiting Nurses Association & Hospice of VT and NH
Admissions/Referrals: 800-575-5162    TDD: 800-735-2964
Business Office: 888-300-8853
Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need regardless of the patient’s ability to pay.
www.vnhcare.org

OTHER ASSISTANCE

Pathways
603-448-2200 or 888-492-8218
85 Mechanic Street
Lebanon, NH 03766
Assistance for the disabled.

Granite United Way-Upper Valley Region
603-298-8499
21 Technology Dr.
W. Lebanon, NH 03784

Vermont Catholic Charities
802-773-3379
24 Center Street
Rutland, VT 05701

Vermont Association for the Blind & Visually Impaired
802-254-8761
38 Park Place. Suite 3
Brattleboro, VT 05301
Assistance for the blind or visually impaired.

Visiting Nurses Association & Hospice of VT and NH
Admissions/Referrals: 800-575-5162    TDD: 800-735-2964
Business Office: 888-300-8853
Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need regardless of the patient’s ability to pay.
www.vnhcare.org
PUBLIC SAFETY NUMBERS

For Emergency Assistance Call 911. Give exact location, name, street, and type of emergency. Please stay on the line.

Non-Emergency Numbers

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<td>802-457-1416</td>
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<td>603-643-2222</td>
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IF YOU CAN'T FIND IT HERE, PLEASE DIAL 2-1-1. THIS IS A PRIMARY SOURCE FOR ALL LOCAL AND STATEWIDE RESOURCES.

Revised July 2015