



“The services provided by
Volunteers In Action in
this area are vital for the
safety and health of those
in need in our community”
~ Olive Tracy

*Volunteers in Action
supports our neighbors
in need by improving
health and wellness,
increasing independence,
and strengthening
community connections.*



The Small Things

Are you able to drive a senior to a medical appointment, hairdresser, bank, or be willing to take a neighbor along with you when you do your grocery shopping? A small amount of your time will help our elders remain healthy and independent. We will work within your schedule please call us at **(802) 674-5971**.

You can support neighbors in need with a gift today. Support the network of dedicated Volunteers in Action by sending your donation to:

Volunteers in Action

P.O. Box 707, 54 Main Street, Windsor, VT 05089
With an office in the Historic Windsor House



MT. ASCUTNEY HOSPITAL
AND HEALTH CENTER

A Dartmouth-Hitchcock Affiliate

289 County Road, Windsor, VT 05089
(802) 674-6711 • SmallMeansMore.org

VOLUNTEERS IN ACTION

*Connecting neighbors with needs to
people who care...*



“The human contribution is the essential ingredient. It is only in the giving of oneself to others that we truly live.”

~ Ethel Percy Andrus

Participating Communities

Cornish NH • Hartland • Plainfield NH • Reading
Weathersfield • West Windsor • Windsor

Volunteers in Action

Volunteers in Action (ViA) is a community-based effort that brings together caring volunteers with neighbors in need of a helping hand.

ViA received start-up funds from the Robert Wood Johnson Foundation, but is now supported entirely by contributions from Mt. Ascutney Hospital, Senior Solutions, area towns, churches, businesses, grants and individuals.

We invite individuals, organizations, businesses, churches and foundations to support ViA.

Support

If you are living in or near the Windsor area, ViA may be able to offer support through:

- *Transportation*
- *Friendly Visits*
- *Telephone Check-in*
- *Minor Home Repair*
- *Shopping Assistance*
- *Meals on Wheels*
- *Walking Companions*
- *Reading Aloud*
- *Information and Referral to other community resources*

