Psychology, Counseling, and Psychotherapy

Tim Hebert, MS, LADC
Address: Windsor Connection Resource Center, 1 Railroad Plaza, Windsor, VT 05089
Tel: (802) 674-6847 Fax: (802) 674-2999
E-mail: trp3cats3@comcast.net

Specialty care: Alcohol and Drug Counseling, DUI Counseling, Assessments for Probation and Court Diversion

Ages served: 12 and up
Insurances accepted: Many Insurances accepted; Vermont Medicaid accepted for clients under the age of 21
Degree/Licenses: Master’s Degree in Counseling and Human Development, Licensed Alcohol and Drug Abuse Counselor

Days available: Monday, Tuesday, Wednesday, 4pm - 7pm

Bonnie Irwin, MA
Address: Windsor Connection Resource Center, 1 Railroad Plaza, Windsor, VT 05089
Tel: (802) 674-2111
Alternate (802) 785-4581
E-mail: birwin@myfairpoint.net


Ages served: Adults, adolescents, children
Insurances accepted: Private pay; sliding scale fee
Degree/Licenses: MA, Dartmouth College, VT psychotherapist

Days available: Wednesday, Friday

Lynn Irwin, MA
Address: Windsor Connection Resource Center, 1 Railroad Plaza, Windsor, VT 05089
Tel: (802) 674-2111
Alternate (802) 785-4581
E-mail: lirwin@myfairpoint.net

Specialty care: General psychotherapy practice, open to all. Experience with developmental disabilities, criminal behavior
Ages served: Adults, adolescents
Insurances accepted: Private pay; fees negotiated individually
Degree/Licenses: MA, Boston Graduate School of Psychoanalysis, VT psychophapist

Days available: Friday

Dr. Fred Lord
CT Valley Recovery Services
Address: 17 State St., Windsor-VT 05089
Tel: (802) 674-9400 Fax: (802) 674-9410
E-mail: cvrsi@comcast.net

Specialty care: Addiction medicine and pain medication consultation/management
Ages served: 18 and older
Insurances accepted: Medicare, VT Medicaid, VT Blue Cross/Blue Shield, Other Blue Cross/Blue Shield plans by agreement
Degree/Licenses: MD, University of Vermont, Fellowship trained in Addiction Medicine, University of Florida, Licensed in VT

Days available: Tuesday, Wednesday, and Thursday by appointment

Rebecca MacKenzie, MSW, LICSW, CSSW, BCPC
Address: 80, Box 304, Claremont, NH 03743
Office: Trinity Evangelical Free Church, 44 Main Street, Windsor, VT 05089 and Grace River Church, 56 Main Street, Claremont, NH 03743
Tel: (603) 504-2851 Fax: (603) 542-0268
E-mail: rbmackenzie@myfairpoint.net

Specialty care: Cognitive behavioral therapy; solution-focused therapy; emotionally-focused therapy, family and couples; depression; anxiety; ADHD; PTSD; relational; parenting; attachment issues
Ages served: Children, adolescents, adults
Insurances accepted: VT and NH Medicaid; Anthem; BCBS, BCBS of VT; fee for service

Degree/Licenses: Licensed Clinical Social Worker (VT), Licensed Independent Clinical Social Worker (NY), Certified School Social Worker (NH), Board Certified Professional Christian Counselor

Days available: Monday-Thursday, 9am-5pm

Lee Monroe, MA
Address: Mt. Ascutney Hospital, Prof. Building, Suite 102, 287 County Road, Windsor, VT 05089
Tel: (802) 674-7136
E-mail: lemonro@gmail.com or cecil@monro@mahhc.org

Specialty care: Individual, couples and family therapy
Ages served: 12 through adult
Insurances accepted: Blue Cross/Blue Shield, Anthem, VT Medicaid, Harvard Pilgrim, Aetna, UBH, Cigna (out-of-network) and most others
Degree/Licenses: MA, Counseling Psychology, Licensed VT psychologist-master

Days available: Tuesday, Wednesday, Thursday; Occasional Mondays; Fridays, as needed
Psychology, Counseling and Psychotherapy

Dr. William Ballantine, Psy.D
Address: "The Mill" 21704 Maxham Meadow Way, Woodstock, VT; Moody Building, Suite 408, 24 Opera House Sq., Claremont, NH 03743;
Mailing: 2 Runnymede Lane, Windsor, VT 05089
Tel: (802) 296-1211
E-mail: Bill@DrBallantine.com
Specialty care: Cognitive Behavior Therapy; General practice of psychology with emphasis on anxiety, depression, and trauma. Also sexual behavior problems and young adults struggling with transition to adulthood.
Ages served: Adolescent and adult
Insurances accepted: Blue Cross/Blue Shield, Cigna, Antrim, Green Mtn Care and others
Degree/Licensure: VT/NH licensed Psychologist
Hours available: Monday, Tuesday, and Friday 9am-6pm

Karen Chalom, LICSW
Address: Healing Arts Clinic, Mt. Ascutney Hospital, 393 County Road, Windsor, VT 05089; Simmons House, 32 Pleasant St., Woodstock VT 05091; 4056 Pomfret Road, S. Pomfret, VT 05067
Tel: (802) 457-6191
Fax: (802) 457-6191 (must be present to receive)
E-mail: chalomdesigns@gmail.com
Ages served: Age 9 years to senior adults
Insurances accepted: VT/NH Medicaid, Dr. Dinosaur, NH Healthy Kids, Medicare, Blue Cross/Blue Shield, MVP, Cigna, Aetna, United Behavioral Health, Harvard Pilgrim, PHP, and more
Degree/Licensure: Licensed Independent Clinical Social Worker; Certified Therapeutic Recreation Specialist
Days available: Tuesday through Friday

Dr. Jennifer Connors
Address: Mt. Ascutney Hospital, 289 County Rd., Windsor, VT 05089
Tel: (802) 674-7314
Fax: (802) 674-7314
E-mail: Jennifer.Connors@gmail.com
Specialty care: Accepting new patients
Ages served: Adults 18+
Insurances accepted: BluePrint Grant funded, All Insurance, or none
Degree/Licensure: Masters of Arts, Licensed Drug and Alcohol Counselor and Clinical Mental Health Counselor
Days available: Monday – Thursday

Dana DeSchamp, LICSW
Address: Mt. Ascutney Professional Building, Suite 102, 287 County Road, Windsor, VT 05089
Tel: (802) 952-1029
E-mail: danatreuhaft@yahoo.com
Specialty care: Cognitive behavioral therapy; children, adolescents, adults and families; anxiety, depression, trauma, grief and loss, parenting issues, Autism Spectrum Disorders
Ages served: Ages 8 and up
Insurances accepted: VT and NH Medicaid, Medicare, Cigna, Aetna, CIGNA, MVP; United Healthcare Blue Cross/Blue Shield, and Anthem
Degree/Licensure: Licensed Independent Clinical Social Worker
Hours available: Monday, Thursday evening, Saturday

Janet Farley, MSW, LICSW
Address: 56 Main St., Springfield, VT 05156; 15 State St., Windsor, VT 05089
Tel: (802) 674-6065
E-mail: nativenny55@comcast.net
Specialty care: Combination psychodynamic psychotherapy and cognitive behavioral therapy. Treatment for depression, anxiety, stress, grief and loss, coping with illness, aging issues. Individual and family therapy.
Ages served: 21+
Insurances accepted: VT Medicaid, Medicare, BC/BS, MVP, United Healthcare
Degree/Licensure: Licensed Independent Clinical Social Worker, 35+ years experience
Days available: Monday, Wednesday, and Thursday

Heather Findlay, LCHMC
Address: 841 US Route 5 N, Frazer Agency’s Nationwide Bldg, Windsor, VT 05089
Tel: (802) 230-6480
E-mail: hfindlay@gmail.com
Specialty care: Practicing EMDR and strengths based psychotherapy for children, adolescents and adults; ADHD, anxiety, depression, loss/grief, and trauma work
Ages served: All ages
Insurances accepted: Medicaid, BCBS, Anthem, MVP, Cigna, UBH/Harvard Pilgrim
Degree/Licensure: Master’s Degree in Clinical Mental Health Counseling from Lesley College; Licensed Clinical Mental Health Counselor in VT and NH
Days available: 20-25 hrs./wk by appointment
Monday, Wednesday, Thursday, Friday, Saturday

Marilyn Gabriel, PhD and Mark Gabriel, MSW
Address: 2484 US Rte. 5, Windsor, VT 05089
Tel: (802) 843-2322
E-mail: Marilyn.Gabriel@gmail.com and Marks.Gabriel@gmail.com
Specialty care: Cognitive behavioral therapy, diagnostic and forensic evaluation, child and family therapy, holistic health and yoga therapy
Ages served: All
Insurances accepted: All
Degree/Licensure: Licensed Clinical Social Worker (MSW, PhD)
Days available: Monday - Friday, some evenings