Joseph Perras became a doctor to help people. And for years, that’s what he did, one-on-one with patients as a primary care physician and a hospitalist. But in addition to being a talented healer, he also revealed a gift for leadership—inspiring his colleagues to do their best, and the organizations he served to become better. Now, in recognition of his insight and skill, he has been named Chief Executive Officer of Mt. Ascutney Hospital and Health Center (MAHHC).

Dr. Perras joined Mt. Ascutney Hospital in 2013 as Director of Hospital Medicine, and became Chief Medical Officer (CMO) in February of 2015. Last year, after months of collaborative work between the MAHHC Board of Trustees and the senior leadership of Dartmouth-Hitchcock Health Care, Dr. Perras was named to his new position as CEO of the Hospital. He officially assumed his new responsibilities on January 11, 2017 – and will continue to also serve as the Hospital’s CMO.

Speaking about his dual role as CEO and CMO, Dr. Perras says he feels “energized by this opportunity, but also humbled. There are certainly challenges ahead, but I feel blessed to be a part of MAHHC’s senior leadership team, and couldn’t think of better partners to move our institution forward in these uncertain times.”

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Dr. Perras completed his internship and internal medicine residency at the Beth Israel-Deaconess Medical Center in Boston, MA. He also served 12 months as a chief medical resident and was an Instructor in Medicine at Harvard Medical School. He received his undergraduate and medical degrees at The George Washington University in Washington, DC.

(Continued inside)

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Team Spirit: How Our Team-based Approach is Transforming Primary Care

When you visit the primary care clinic at Mt. Ascutney Hospital and Health Center (MAHHC) or Ottauquechee Health Center (OHC), you can always count on a team of health care experts working together for you. But recently, we’ve restructured to a new care model, a team approach to maximize our efficiency and make sure that you get the level of care and services you need.

Here’s why: Over the years, primary care across the United States developed in a way that required physicians to be responsible for an enormous amount of note-taking and administrative work in addition to direct visits with patients. This cut into the valuable time that doctors could spend with each patient. Clearly, something had to change.

Now, when you visit the primary care clinic at MAHHC or OHC, your care comes from a physician-led team that includes Physician Assistants, Advanced Practice Nurses, RNs, LPNs, Medical Assistants, Secretaries, Social Workers, and Behavioral Health Providers. We’re sharing responsibilities to give every team member the ability to focus on the tasks that require their highest level of training. According to Dr. Mary Joyce, our Medical Director for Primary Care, this is good for both caregivers and patients—and the results are showing it.

“Research has proven that team-based care can improve patient outcomes and satisfaction,” she says.

We currently have four primary care teams that are seeing patients based on each patient’s individual needs: a Family Medicine Team; an Internal Medicine Team; a Pediatric Team; and the OHC team, which provides clinicians from Family Medicine, Internal Medicine and Pediatrics.

“One important benefit of the team-based approach is continuity of care,” explains Dr. Joyce. “We understand that building ongoing, trusted relationships with your providers is so important. But sometimes, doctors, nurses, or other caregivers retire or move on. Patients want to know that their clinicians understand them and truly know their medical history. Team-based care assures this.”

Collaboration and communication are essential. Teams meet regularly to talk about ways to make care more effective, efficient, and more accessible for patients. And patients’ insights are always welcome. “That’s because,” says Dr. Joyce, “our patients are the most important team members of all.”
New Diagnostic Imaging Services Available at Ottauquechee Health Center

Magnetic Resonance Imaging (MRI) is a powerful tool to help caregivers see what’s going on inside the body for faster, more accurate diagnosis of tumors, internal injuries and other medical problems. Now, thanks to the Hospital’s Positively Vital Capital Campaign, this diagnostic technology is available in Woodstock at OHC, with a new Mobile MRI Unit that is on site every other Wednesday. Designed for convenience, it can be used quickly and easily at OHC, regardless of where an individual receives primary or specialty care. OHC also recently completed installation of a digital x-ray system, offering sharper, more detailed images with 50% less radiation exposure than traditional x-ray systems, and easier integration into a patient’s electronic medical records. To learn more about MRI and digital x-ray at OHC, visit our Ottauquechee Health Center webpage at MtAscutneyHospital.org/OHC.

Teaming Up for Kids: Pediatric Nursing Team Focuses on Children’s Health

As part of MAHHC’s new “team” approach to health care delivery, the Hospital recently announced its first-ever Team of the Month award, which was given to our Pediatric Nurse team. Lily Burke, RN, Chelsea Melendy, LPN, and Melissa Hall, LPN, were recognized for their commitment to young patients. “Lily, Chelsea, and Melissa are all experienced professionals with outstanding nursing skills and caring hearts,” says Anel Siriois, CMA, Nurse Manager/CLinical Leader at MAHHC. “They are consistently kind and supportive of young patients and their families. Lily is the kind of nurse who just doesn’t know when to quit. And Chelsea and Melissa are so deeply committed to vaccinating kids that our community now has the highest vaccination rate in the state of Vermont.”

In honoring our Pediatric Nurse Team, MAHHC recognizes the critical impact of preventive medicine, especially for children. Through widespread vaccination, many devastating childhood diseases have been virtually eliminated in the United States. Doctors and nurses at MAHHC follow the American Academy of Pediatrics’ recommended schedule of immunization, which protects children against a wide range of diseases.

FAST FACTS ABOUT VACCINES *

- Depending on the disease, most vaccines are 90 to 99% effective at disease prevention.
- Combination vaccines (giving several vaccines at the same time) have no adverse effect on a child’s immune system. Children are exposed to far more antigens from a common cold or sore throat than they are from vaccines. Having several vaccines at once means fewer doctor visits — and fewer “ouches” for children.
- Vaccines protect against common childhood diseases like measles, mumps and rubella. These diseases can lead to severe complications, including pneumonia, encephalitis, blindness, ear infections, and death.
- Vaccines do not cause autism. Years ago, a flawed research study attempted to link an increase in autism with vaccines. The study has been retracted, and subsequent research has found zero links between autism and vaccines.
- Side effects of vaccines are usually mild and include swelling, and tenderness at the injection site. Call your doctor if your child (1) has hives or blue-black areas in non-injection areas, (2) has a seizure, or (3) is under three months of age and has a fever of 103 or higher.

Dr. Perras is a skilled and dedicated physician leader. Our leadership team and I look forward to working with him.”

Dr. James N. Weinstein, CEO and President of Dartmouth-Hitchcock, says, “Dr. Perras is a skilled and dedicated physician leader. Our leadership team and I look forward to working with him to create a sustainable health system for all the patients and families we serve.”

Stakeholders at MAHHC have already expressed their approval. Employees know “Dr. Joe” as a friend and colleague, a respected professional in the exam room and lab, and an enthusiastic member of the Employee Pizza Planning group.

“A CENTER OF EXCELLENCE”

Dr. Perras takes the helm of MAHHC at a time of unprecedented change and uncertainty for health care, both nationally and locally. “MAHHC has had to adjust to the even more challenging healthcare landscape,” says Dr. Perras. “We are moving from a fee-for-service model of reimbursement to one based on quality and outcomes of care, as well as overall cost-containment. This is a tectonic shift for all hospitals and our affiliation with D-H. In July of 2014, Dr. Perras has focused us to think of our role as a Critical Access Hospital with expertise in post acute care as part of Dartmouth’s health system.”

Nevertheless, says Dr. Perras, the mission is unchanged.” MAHHC will remain committed to being a center of excellence in primary care, community based general surgery and other specialties, as well as the primary acute rehabilitation resource for the D-H system in the Upper Valley.”

Dr. Perras is optimistic about the future of MAHHC. “I have an excellent working relationship with the D-H management team. And, having been the Medical Director of Care Management as well the interim section chief of hospital medicine at D-H, my arrival at MAHHC, I have great familiarity with both management teams and congruent goals regarding our role within the D-H system.”

THE MAN BEHIND THE ROLE

Family support is always critical for leaders, and Dr. Perras says that with the enthusiastic support of his wife and children (ages 15 and 12), “I think I’m up to the job ahead.” Although he reports that both kids still think of him as “the guy who badgers them about their messy rooms and homework.” In addition to driving to and attending his children’s many sports events, Dr. Perras tries to find a bit of time to “play tennis, ride my bike, and relax my voracious reading habit.”

It’s great to have such a dedicated, accomplished doctor and “renaissance man” at the helm of MAHHC, and all of us here at MAHHC are grateful to have Dr. Perras to his new role, and look forward to his leadership.

Making a Difference: Nurse Practitioners and Physician Assistants

There are more than 320 million people in the US alone, only about 80,000 active doctors to serve them. That’s roughly 29 physicians for every 10,000 Americans. “You don’t have to be a math whiz to realize that America needs a lot more medical providers – and fortunately, we have them. They’re called nurse practitioners (NPs), Physician Assistants (PAs), and these are good that you’ve seen one of these clinicians lately.”

PAs and NPs are handling many tasks that were once the exclusive domain of doctors. Their numbers have grown rapidly over the last two decades, and they are invaluable in handling everyday problems such as sore throats or infections, freeing primary care doctors to handle more complex conditions.

What is a Nurse Practitioner? A Nurse Practitioner (NP) is a registered nurse who has advanced academic training and experience who treats patients. In order to acquire certification as an Advance Practice Nurse, a nurse must possess either a master’s or doctoral degree, and take a national qualifying exam. APNs are also required to take continuing education classes and be periodically re-certified. All APNs are required to treat patients without the supervision of a physician and prescribe medications. In Vermont, a license is also required. There are numerous specialties within the APN credential, such as a family practice or acute care nurse practitioners and APNs can further specialize in mental health, gerontology, pediatrics, diabetes education, or school nursing.

What is a Physician Assistant? What does a PA do? A physician assistant (PA) is required to earn a master’s degree and take a national certification exam. The graduate degree is based on a medical school curriculum, a model of care associated with physician training. Physician assistants also must take continuing education courses and obtain state licensure. If you see a “C” after the title “PA,” it means that the person has been tested and certified by the National Commission for Certification of Physician Assistants (NCCPA). To maintain the “C” after “PA,” a physician assistant must log 100 hours of continuing medical education every two years and take the recertification exam every 10 years.

What does this all mean for me? All of these practitioners have the training and experience to diagnose and treat patients, especially in a primary care setting. All of our health care providers work together as a team to deliver the best care for your health.”

* Source: World Health Organization

SEAN O’BRIEN PA-C ELECTED PRESIDENT OF PHYSICIAN ASSISTANT ACADEMY OF VERMONT

Sean O’Brien, PA-C, a member of the medical staff at Mt. Ascutney Hospital and Health Center, was recently elected President of the Physician Assistant Academy of Vermont (PAAV). O’Brien, who joined MAHHC in 2015, is a 2012 graduate of Franklin Pierce University in Lebanon, NH where he received his Master’s in Physician Assistant Studies, and also served as president of his class.

According to O’Brien, PAAV’s main mission is to advance career education and to support regulatory and legislative initiatives that advance the profession. He adds, PAAV also forges and maintains partnerships and working relationships with other health professional organizations on a national, regional, and statewide level. We provide our membership with regular opportunities for Continuing Medical Education pertinent to their clinical practice. I am honored to be selected as the President of PAAV and look forward to advancing the goals of the organization and the organization’s members.”

“PAAV also forges and maintains partnerships and working relationships with other health professional organizations”

O’Brien, who previously served as the organization’s treasurer and chair of the public relations committee began his two-year term as PAAV President in June, 2016. He recently presided at the organization’s annual board meeting and planning conference (in January, 2017), celebrating PAAV’s 35th year.

Mt. Ascutney Hospital Welcomes New CEO Joseph Perras, MD (Continued...)
The Future is Calling: Mt. Ascutney Hospital and Health Center Partners with Dartmouth-Hitchcock to Provide TeleHealth Services

Using telecommunications to provide effective health care at a distance is revolutionizing care for people in rural communities. With the support of Dartmouth-Hitchcock, Mt. Ascutney Hospital established TeleEmergency Services in 2016. Now, patients who are admitted to our ER can receive additional expertise in real time at the push of a button, as MAHHC staff are connected to board-certified ED providers through a two-way, high-definition video/audio link coordinated by the D-H Center for TeleHealth Services.

“In any emergency where specialized care is needed, our staff can immediately activate a live connection with specialists,” says Dr. Marasa. “It also lets our staff consult with experts 24/7 to get an immediate second opinion on critical cases.” According to Dr. Joseph Perras, CEO and Chief Medical Officer of MAHHC, the TeleEmergency connection enhances fast transportation of critically ill patients. “If the team decides a patient needs to be transferred for specialized care, the call can go out immediately for an ambulance or for the DHART helicopter.” At the same time, says Dr. Perras, improved emergency care, thanks to TeleEmergency Services means that lower-acuity patients may be able to stay at MAHHC for treatment, closer to home and family.

We’re Among America’s Most Wired Hospitals!

The American Hospital Association (AHA) has named Mt. Ascutney Hospital and Health Center (MAHHC) as one of the nation’s “Most Wired” hospitals in recognition of their successful adoption of information technology to boost clinical performance. The recognition appeared in the July 2016 issue of the AHA’s Hospitals and Health Networks magazine. The “Most Wired” list was chosen based on an AHA survey of hospital’s IT use to improve care nationwide. “We’re thrilled to receive this designation,” says Dr. Joseph Perras, CEO and Chief Medical Officer of the Hospital. “MAHHC has invested significantly in IT, because we recognized its potential for helping improve our operations and patient care.”

REHABILITATION REUNION

Rehabilitation doesn’t end when patients leave Mt. Ascutney Hospital and Health Center’s state-of-the-art Rehabilitation Center. The process of recovery is ongoing, and so are the relationships formed between patients, families and caregivers during this intense time. We’re honored to have former patients return to share their stories, update us on their progress, and reconnect. Last summer we invited a camera crew to record some of the magical moments from our rehab reunion event. Watch the video at mtascutneyhospital.org/physical-medicine-rehabilitation, and see for yourself how overcoming challenges together touches the lives of patients and caregivers.

Working Together Toward Better Health: Mt. Ascutney Hospital/Dartmouth-Hitchcock Affiliation Advances Patient Care

More than two years after MAHHC became an official affiliate of Dartmouth-Hitchcock (D-H), local patients are seeing the benefits of the collaboration. When the affiliation was announced in 2014, major goals included greater partnership with D-H on clinical programs, as well as creating more efficient systems of care. Today, those goals are being realized, through programs such as the MAHHC and D-H partnership on Emergency Department TeleHealth; close coordination between D-H and MAHHC’s state-of-the-art Rehabilitation Center; and staff coordination to ensure expert care is available where it’s most needed. For instance, a number of D-H surgical specialists now split their time between Windsor and Lebanon.

“One thing we know for certain is that closer collaboration is central to more successful outcomes for patients and controlling costs for everyone.”

Dr. Joseph Perras, CEO of MAHHC, calls the affiliation a symbol of the future of health care. “Even as health care delivery continues to evolve across the nation,” says Dr. Perras, “one thing we know for certain is that closer collaboration is central to more successful outcomes for patients and controlling costs for everyone. From Accountable Care Organizations to hospital affiliations, we do better by working together, not only with shared goals but with shared information and shared processes.” According to Dr. Perras, the affiliation helps to ensure that strong health care not only remains in the Windsor area for years to come, but makes care better for local people. “For many community hospitals, going it alone simply isn’t feasible anymore. But even if it were, the close coordination that comes with affiliation is more advantageous for patients. Thanks to our affiliation with D-H, someone living in Brownsville, Woodstock, or Windsor now has access to their great local caregivers as well as the world-class capabilities of one of the great academic medical centers, and all of the knowledge and resources that entails.”

BETTY FIELDS, APRN

Betty Fields, a registered nurse who recently earned her APRN (Advanced Practice Registered Nursing) degree will now be caring for patients at Ottauquechee Health Center (OHC) in Woodstock, VT. For many years, Fields had worked at Mt. Ascutney Hospital & Health Center in Windsor as a nursing supervisor and Emergency Department staff nurse. She will now divide her week between the two health centers, spending four days at OHC and one day at MAHHC.

Fields is an experienced medical professional with more than 30 years of experience. Prior to joining the staff of MAHHC, she was employed as a staff nurse in the Inpatient Unit at Mary Hitchcock Memorial Hospital. Fields has also worked at River Valley Community College, where she was a member of the adjunct faculty in the College’s Associate Degree Nursing program.

Fields earned both her nursing diploma and Associate Degree in Nursing from River Valley Community College. She received her B.S. in Nursing from Kaplan University in Chicago, where she graduated summa cum laude and also completed post-graduate studies in Geriatric Nursing. In 2016, Fields became board-certified in Gerontological Nursing. She has also held certification in emergency and rehabilitation nursing.

ROSEMARY DOUGHERTY, FNP

Rosemary Dougherty, a board-certified family nurse practitioner with more than 18 years experience, has joined the medical nursing staff at MAHHC. Most recently, Rosemary worked in a health center in Maine; she has also served as director and primary nurse practitioner for a New Hampshire university health service. “We are pleased to welcome Rosemary to Mt. Ascutney Hospital,” said Dr. Joseph Perras; Hospital CEO. “Her background of serving the needs of diverse patient populations, as well as her managerial skills, will be a tremendous asset to the Hospital and to our mission.”

Dougherty says her approach is one of teamwork and open communication. “I believe that optimal health care thrives when patients and health care providers communicate openly with each other and work together as a team,” she explains. Dougherty adds that she has a keen interest in working with special needs adolescents and adults, and with patients who may be struggling with life circumstances.

“I believe that optimal health care thrives when patients and health care providers communicate openly with each other.”

Dougherty earned a B.A. in public management from the University of Maine, and a B.S. in nursing from the University of Massachusetts at Amherst. She has a Family Nurse Practitioner master’s degree from Rivier University, where she also served as adjunct faculty for the University’s nurse practitioner program. She is currently a member of the American Association of Nurse Practitioners, and has been inducted into the Sigma Theta Tau International Honor Society for Nursing.

“MAHHC has invested significantly in IT, because we recognized its potential for helping improve our operations and patient care.”
Missed doctor’s appointments? It’s happened to all of us. But we want you to get the care you need. That’s why we’ve introduced a new automated reminder for a growing number of Hospital services. With each scheduled appointment, you’ll be asked if you’d like a reminder. If you say yes, you can receive a phone call, text message or email to remind you of your appointment. If you would like to receive a reminder, please call us at (802) 647-7224.

NEW AUTOMATED APPOINTMENT REMINDER TO THE RESCUE.

Mt. Ascutney Hospital and Health Center
Dartmouth-Hitchcock

GIVING SAFETY A LIFT: MT. ASCUTNEY HOSPITAL AND BOSTON UNIVERSITY TEAM UP TO STUDY FALLS PREVENTION

MAHHC and Boston University are collaborating on a multi-disciplinary study for falls prevention, titled Living in Fitness Together (LIFT). Funded by a 2-year joint grant, MAHHC and BU will test two different physical therapy programs to help older adults at risk for falls to exercise regularly in ways that make them less likely to fall as they get older.

Two local sessions have been completed, with very positive feedback from participants, who all say they would recommend the programs. Another session is planned for late March or early April. If you or someone you know is at least 65 years of age, and have had a fall in the last year, have a fear of falling and are unsteady walking, you may be eligible to participate in this study. Contact Linda Hazard, PT at Mt. Ascutney Hospital and Health Center for more information about the study at (802) 647-7295.

THE FACTS ABOUT FALLS

• One in four older adults has reported a fall.
• More than 27,000 older adults died as a result of falls.
• Among older Americans, falls are the #1 cause of death from injury and injuries.
• The percentage of older adults who have reported a fall increases with age.

STAY INDEPENDENT: PREVENT FALLS

• Speak Up - Talk openly with your doctor about fall risks and prevention.
• Keep Moving - Activities that strengthen your legs and help your balance can help prevent falls.
• Check Your Eyes - Have your vision checked and update your glasses as needed.
• Make Your Home Safe - Most falls happen at home. Take steps to make your safe.

SOME OF OUR COMMUNITY INITIATIVES INCLUDE:

MANUAL OF COMMUNITY SERVICES: As a member of the PATCH Network and Windsor Area Community Partnership, MAHHC and the Windson Connection Resource Center publish listings of community resources, covering topics from abuse prevention to alcohol and drug treatment, child care, food and fuel assistance, veterans’ services and much more. www.mtascutneyhospital.org/community-services/windsor-connection-resource-center. Additionally, MAHHC publishes an Ottaquechee Resource Manual for the Woodstock region with funding from the Ottaquechee Health Foundation.

MENTAL HEALTH RESOURCE BROTHER: An up-to-date directory of area behavioral health providers, with contact information, specialties, ages served, insurance accepted, and hours available. To download a copy, enter this link into a browser: http://www.mtascutneyhospital.org/community-services/community-resources.

MT. ASCUTNEY PREVENTION PARTNERSHIP (MAPP): This community-based public health coalition is committed to creating environments of healthy choice to prevent illness for people living in Windsor, West Windsor, Westminster and Hartland. MAPP works to address socioeconomic health disparities, increase access to healthy eating and active living, prevent drug and alcohol abuse, and support tobacco-free living. More information is available at www.mappvt.org.

Support Groups at Mt. Ascutney Hospital:

More than 80% of American adults are living with some form of mental health issue. And it’s important to get help, because good mental health is key to overall health. A Wellness Recovery Action Plan (or WRAP) provides support, tips, and advice from people who are working toward emotional well-being. At MAHHC people may attend support sessions for AA, Diabetes, Smoking Cessation, and we host a WRAP Support Group for those who have completed the WRAP workshop. Detailed schedules and contact information are available at www.matascutneyhospital.org/community-services.

NO INSURANCE? HERE’S HELP

WINCHESTER HOSPITAL: Located at the Hospital, and organized in partnership with Vermont Coalition of Clinics for the Uninsured and community volunteers, this clinic provides free healthcare services from Monday through Friday to people who are not covered by Medicaid, VHA, private insurance, and who do not have financial resources to pay for care. We care about the health of our community and want to provide options if care is needed. For more information or to make an appointment, please call (802) 674-7213 or visit www.matascutneyhospital.org/financial-information.

We also publish resource guides to give people the information they need for improved health. These documents are available to read and download at www.mtascutneyhospital.org/community-services/community-resources. You may also request print copies from MAHHC at the Hospital, at Ottaquechee Health Center, or by telephone at (802) 674-7224.

LAUREN TORMEY, MD

Lauren Tormey, MD, a board-certified gastroenterologist, has joined the staff of the Gastroenterology Department at MAHHC where she performs colonoscopies, endoscopies, and outpatient consultations.

Dr. Tormey has extensive experience as a medical researcher. From 2013 to 2016 she was the principal investigator for a clinical study involving adults with inflammatory bowel disease. She has also worked at Yale New Haven Hospital in Connecticut on a study of the therapeutic effect of statins in the treatment of hepatitis. From 2003 to 2006, Dr. Tormey worked at the Lank Center of the Dana Farber Cancer Institute in Boston, helping coordinate a clinical study of prostate cancer, and to create a research database.

She is the author of several research papers, lectures, and presentations on aspects of treatment for bowel disorders, hepatitis C, pancreatic cancer and prostate cancer, as well as patient health literacy.

She has also taught classes at the Boston School of Medicine and the Yale School of Medicine.

Dr. Tormey received her BA from Tufts University and her MD degree from Drew University College of Medicine in Philadelphia. She completed her post-doctoral training at Yale New Haven Hospital, and completed her Gastroenterology fellowship training at Boston Medical Center.

Dr. Tormey is a member of the American College of Gastroenterology, the Massachusetts Medical Society, and the American College of Physicians.

3 > 4 > 50 VERMONT: ACHIEVING BETTER HEALTH BY THE NUMBERS

Did you know? Three common behaviors contribute to four preventable, chronic diseases that are responsible for more than 50% of the deaths in Vermont each year?

A new initiative by MAHHC is among the health care providers embracing this initiative, helping people understand how diet, exercise and tobacco use can seriously impact the quality of health and lifespan—and are giving them the tools and support to achieve better health.

This 3 > 4 > 50 Vermont program is one of many initiatives MAHHC is participating in or leading to improve health in our communities.

More information can be found at http://vtvhuman.org/3-4-50/index.aspx

CHRISTOPHER SNOW, PA-C

Christopher Snow, PA-C has joined the Internal Medicine Team at MAHHC, where he’ll be working closely with Dr. Ivan Levin. Previously he was employed at The Brattleboro Retreat, where, in addition to overseeing the admissions and evaluation process, he also provided medical care to the inpatient and residential patient population.

Snow earned his Master’s degree in Physician Assistant Studies at Franklin Pierce College in 2015, and a 2003 graduate of Keene State College. He is also a certified Emergency Medical Technician, and has worked for the Central Coast Ambulance service in Santa Cruz, California. He has served clinical rotations in several hospitals in Vermont and New Hampshire, including Concord Hospital, Alice Peck Day Hospital, the VA Hospital in White River Junction and Mt. Ascutney Hospital and Health Center.
35th MAH Classic
Monday, June 19, 2017 · Woodstock Country Club
The charity golf tournament benefiting Mt. Ascutney Hospital and Health Center in Windsor, VT, and its Ottauquechee Health Center in Woodstock, VT.
For 2017 Sponsorship opportunities and Player Registration forms, please email mahclassic@mahhc.org

SAVE THE DATE
It’s closer than you think!

MAHCLASSIC
MT. ASCUTNEY HOSPITAL AND HEALTH CENTER

Mt. Ascutney Hospital and Health Center
Dartmouth-Hitchcock
289 County Road
Windsor, VT 05089

The Newsletter of Mt. Ascutney Hospital and Health Center

Peak Health
Spring 2017

“MAHHC will remain committed to being a center of excellence.”

Joseph Perras, MD
CEO and Chief Medical Officer