Family wellness is our passion!
Windsor Connection Resource Center
A Member of the PATCH Network
&
The Windsor Area Community Partnership

It is the mission of the Windsor Area Community Partnership to connect agencies, community leaders and constituencies through a coalition that intentionally represents adults, youth, and elders in the Windsor area to promote the health and well being of the community.

The Windsor Connection Resource Center
One Railroad Plaza
Windsor Vermont 05089
802-674-2900
Monday through Friday
8:00 AM to 4:00 PM

Service Providers include but not limited to
Vermont Adult Learning
Cyril Z. Meadow Institute (CZMI)
Department of Corrections
Economic Services
Health Care & Rehabilitation Services
Department of Labor
Reinventing the Meal
Vocational Rehabilitation Services
Southeast Vermont Community Services (SEVCA)
Windsor On Air
Vermont Adult Learning

Services at the Center
Telephone/Fax/Copier/Computer
Food Shelf referrals
Problem solving & crisis management
General Community Resource information
Community Service hours
Referrals to ministerial fund support
Educational Programs
Link for needed Services (See table of contents)
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**IF YOU CAN'T FIND IT HERE, PLEASE DIAL 211. THIS IS A PRIMARY SOURCE FOR ALL LOCAL AND STATEWIDE RESOURCES.**
Abuse Prevention and Protection Children and Adults

Adult Protective Services
Toll Free Phone: 800-564-1612
Business Phone: 802-241-2345
103 Mineral Street
Waterbury, VT 05671
To report abuse neglect or exploitation of a vulnerable Adult or to enter a complaint against a facility or agency that provides health care.
www.dad.state.vt.us/lp

After Hours Relief from Abuse
Toll Free Phone: 800-540-9990
4:30 pm- 8:00 am & Saturday / Sunday

Child Protective Services After Hours
800-649-5285
www.dcf.vermont.gov

Concerns about Child Care
800-540-7942
If you have a concern about a program, provider, a specific circumstance, or state regulations.
www.dcf.vermont.gov/edd/cc_concerns.gov

Department of Child and Family Services
Springfield- 802-885-8900
Hartford – 802-295-8840
www.dcf.state.vt.us

New Beginnings Inc.
Office: 802-885-2368 (8 am -4 pm)
24 Hour Hotline: 802-674-6700
24 hour services to victims of domestic assault and sexual violence in the following towns
Andover, Baltimore, Cavendish, Chester, Ludlow, Plymouth, Reading, Rockingham, Springfield, So. Woodstock, Weathersfield, Weston West Windsor and Windsor.

Alcohol and Drug Treatment Information

Alanon & Alateen
802-295-0224
White River Junction, VT 05001
For information regarding time dates and location of local meetings
Alcoholics Anonymous
802-295-7611
White River Junction, VT 05001
For information regarding time dates and location of local meetings

Brattleboro Retreat
800-738-7328/ Admissions: 802 258-3700
Anne Marsh Lane
Brattleboro, VT 05301
Adult and adolescent substance abuse treatment residential and outpatient
www.brattlebororetreat.org

HEADREST
Hotline: 603-448-4400
Teen line: 800-639-6095
Crisis Calls: 800-273-TALK
West Lebanon, NH 03784
AA, NA Meetings. Drug and alcohol counselors. Transitional living program
www.headrest.org

Healthcare and Rehabilitation Services (HCRS) - WRAP
Springfield - 802-886-4500
Windsor - 802-674-2539
Connection line- 888-888-5144
Crisis/Emergency- 800-622-4235
Project Crash/Outpatient counseling for child & adult, vocational services, peer support, psychiatric services, and residential service
www.hcrs.org

Tim Hebert, M.S., L.A.D.C
802-674-7041
1 Railroad Plaza
Windsor, VT 05089

Information Hotline
800-ALCOHOL (252-6465)
Nationwide 24-hour alcohol and drug information hotline

Maple Leaf Farm
802-899-2911
800-254-5659
10 Maple Leaf Road
Underhill, VT 05489
Adult residential treatment and detox age 17 & up
www.mapleleaf.org
Gail Mears, M.A., L.A.D.C
802-485-2689/802 485-2640
Northfield, VT 05663
Substance abuse counseling and assessments for individuals, adolescents and families.

Office of Alcohol and Drug Abuse Program
802-295-8835 CRASH: 866-4500/WEEKEND PROGRAM: 802 296-6602
Education, intervention, prevention, recovery, research, and treatment.

Serenity House
802-446-2640
98 Church Street
Wallingford, VT 05773
Adult residential treatment and detox

CHILDS/PARENTING SERVICES

Concerns about Child Care
800-540-7942
If you have a concern about a program, provider or state regulations. Local day care providers.
www.dcf.vermont.gov/cdd

CUPS: Child Upstream Services
802-886-4500
390 River Street, Springfield, VT 05150
Early intervention for families of young children at risk of or experiencing emotional and behavioral challenges: ages 0-6
www.hcrs.org

Lund Family Center
800-639-1741
802-864-7467
76 Glen Road, Burlington, VT 05401
Therapeutic residential program for pregnant & parenting teens, comprehensive adoption programs, teen pregnancy prevention programs
www.lundfamilycenter.org

Springfield Area Parent Child Center
802-886-5242
2 Main Street, North Springfield, VT 05150
Play groups, information, and referral service
www.sapcc2.com

Vermont Children’s Aid Society
802-457-3084
32 Pleasant Street, Woodstock, VT 05089
Non-profit counseling service to pregnant women, post-pregnancy services & adoption programs
www.vtcas.org
Vermont Department of Health
VT Toll Free 888-296-8151
802-885-5778
100 Mineral Street Suite 104
Springfield, VT 05156
Fit & Healthy Kids, Women, Infant & Child Program (WIC), nutrition, breastfeeding, and immunization
www.healthvermont.gov

Windsor County Head Start
802-885-6669
107 Park Street
Springfield, VT 05156

Windsor County Partners
802-674-5101
Windsor, VT 05089
A mentoring program throughout Windsor County; a one on one intergenerational partnership for ages 10 –17
www.windsorcountypartners.org

CHILD CARE/PRESCHOOL

Bridging the Gap Learning Center
802-356-0128
127 State Street
Windsor, VT 05089
Before & after school program, vacation and snow days for children in grade K-8

The Children’s Place Preschool/Headstart
802-674-5690
Masonic Hall
Windsor, VT 05089
A Federally funded preschool for ages 3-5.

Hartland After School Program
802-436-2790/ 802-738-7815
Hartland Recreational Center
Hartland, VT 05048
For K-6 grades and only in session on days school is open

Hartland Co-Op Nursery School
802-436-2580
Hartland, VT 05048
for children age 3-5
Springfield Parent Child Center
802-886-5442
2 Main Street
North Springfield, VT 05150
Educational programs, childcare referrals, and child care subsidy
www.sapcc2.com

Windsor County Head Start
802-885-6669
15 Pine Street
Springfield, VT 05156

CHURCHES

Ascutney Union Church
802-674-2484
Route 5
Ascutney, VT 05030

First Congregational Church
802-436-2224
Hartland, VT 05048

Old South Church
802-674-5087
Windsor, VT 05089

Rachel Harlow Methodist Church
802-674-5359
Windsor, VT 05089

St. Francis of Assisi Church
802-674-2157
Windsor, VT 05089

St. Paul’s Episcopal Church
802-674-6576
Windsor, VT 05089

Trinity Evangelical Free Church
802-674-6781
Windsor, VT 05089

Unitarian Universalist Church
802-436-2592
Hartland, VT 05048
CLOTHING

Listen Community Services & Thrift Store
603-448-4553
Hanover Street
Lebanon, NH  03766
Monday through Friday 9:00 to 5:00

Listen Thrift Store
802-295-9259
2 Maple Street
White River Junction, VT  05001
Monday through Saturday 9:00 to 5:00
Sunday 12:00 to 5:00

Our Community Thrift Store
802-674-6210
Union Street
Windsor, VT  05089
Monday through Thursday 10:00 to 5:00
Friday and Saturday 10:00 to 6:00
Sunday 10:00 to 3:00

The Upper Valley Haven
802-295-6500
713 Hartford Avenue
White River Junction, VT 05001
Food shelf, thrift available  www.uppervalleyhaven.org

CRISIS INFORMATION

American Red Cross
Hartford VT  802-295-3635/802-254-2377
Brattleboro, VT  05301
Emergency after Hours line
800-288-3554
Disaster services, emergency shelter, disaster relief, CPR & first aid training
www.redcross.org

Mental Health Services of HCRS
800-622-4235
802-674-5214
802 295-3031
49 School Street
Hartford Village, VT  05047  www.hcrs.org
New Beginnings Inc.
Office: 802-885-2368 (8 am -4 pm)
24 Hour Hotline: 802-674-6700
24 hour services to victims of domestic assault and sexual violence in the following towns
Andover, Baltimore, Cavendish, Chester, Ludlow, Plymouth, Reading, Rockingham, Springfield,
So. Woodstock, Weathersfield, Weston West Windsor and Windsor.

Senior Helpline
800-642-5119
Information about services and referrals

DENTAL SERVICES

Red Logan Dental Clinic
802-295-7573
70 North Main Street
White River Junction, VT  05001

DISABILITY INFORMATION SERVICES

Austin School for the Hearing Impaired
802-258-9500
209 Austin Drive
Brattleboro, VT 05301
Interpreter referral services mental health services, educational services, advocacy services
www.austine.pvt.k12.vt.us

Children with Special Health Needs
800-464-4343
Specialty clinics. Medical and developmental diagnosis and treatment. Support groups.
Care coordination and some financial assistance
www.healthvermont.gov

CUPS- Children’s Upstream Services (HCRS)
802-886-4500 Janie Aramburg
800-808-4442
390 River Street, Springfield, VT 05156
Early intervention program for families of young children at risk of or experiencing emotional
behavioral challenges.
www.hers.org

Early Childhood Program, Windsor Southeast Supervisory Union
802-674-6916
17 Ascutney Street
Windsor, VT 05089
A school based program for children with or without disabilities. Ages 3-5
Mt. Ascutney Hospital and Health Center
802-674-6711
289 County Road
Windsor, VT 05089
Physical therapy, occupational therapy, recreational therapy and speech therapy
www.mtascutney.org

Parent Child Center
802-886-5242
2 Main Street
North Springfield, VT 05150
Service for children birth to 3 years old and their families. Groups and referrals
www.sapcc2.com

Peer Navigator
802-885-8990
Springfield, VT 05156
To provide free and confidential help to navigate the service system this program is for parents with disabilities and others.
wwentz@vtpic.com

Vermont Association for the Blind and Visually Impaired
877-350-8840
Information to arrange for services: 800-639-5861
Provides comprehensive support, training and services to visually impaired consumers of all ages
www.vabvi.org

Vocational Rehabilitation Services
802-885-2279
100 Mineral Street, Suite 308
Springfield, VT 05156
Help disabled clients seek employment and provide supportive services to gain and maintain employment. www.vocrehabvermont.org

EDUCATION/SCHOOLS

Albert D. Bridge Memorial Elementary School
802-484-3344
West Windsor, VT 05089
www.albertbridge.k12.vt.us

Community College of Vermont (CCV)
Springfield, VT 802-885-8360
White River Junction, VT 802-295-8822
www.ccv.edu
Gateway Program  
802-885-3477  
199 Summer Street  
Springfield, VT 05156  
For grades K -12 an alternative school for children who are socially, emotionally and academically challenged

Hartland Elementary School  
802-436-2255  
Hartland, VT 05048  
Grades K - 8  
www.hartland.k12.vt.us

Springfield Area Parent Child Center  
802-885-5242  
Springfield, VT 05156  
Classes, parenting resource library, literacy workshops and training for childcare providers  
www.sapcc2.com

State Street School  
802-674-2310/ Fax: 802 674-9803  
Ascutney Street  
Windsor, VT 05089  
Grades K - 6  
www.windsor.k12.vt.us

Vermont Adult Learning  
802-886-5502 Main phone number and FAX number  
363 River Street  
PO Box 12  
North Springfield, VT 05150  
Adult Diploma Program, GED, Making it Work Program, tutoring, services at the WCRC  
www.vtadultlearning.org

Vermont Student Assistance Corporation (VSAC)  
802-655-9602  
800-642-3177  
For assistance with planning/paying for college. Exploring career and life goals. Appointments can be arranged at the WCRC  
www.vsac.org

Weathersfield Middle School  
802-674-5400  
K-8  
Weathersfield, VT 05030  
www.weathersfieldschools.org
EMPLOYMENT

Reach-Up DCF/ Economic Services
802-885-8856
Springfield, VT 05156
Reach up helps parents with families identifying their skills, abilities and interests. Training or educational needs to prepare for work. Childcare cost & work related costs. Services available at the WCRC.
www.dcf.vermont.gov

Vermont Department of Labor
Springfield – 802-885-2167
White River- 802-295-8805
Job match, workplace information, educational and training resources. On the job & classroom skills. Labor market information www.labor.vermont.gov

FINANCIAL ASSISTANCE

Consumer Credit Counseling Service
800-327-6778
Free consultation, budgeting assistance, debt consolidation, first time homebuyer.
www.cccsnh-vt.org

Reach-Up - Medicaid Food Stamps
802-885-8856
Springfield, VT 05156
Assistance with Food Stamps, shelter, medical and cash. You have to be income eligible.

SEVCA, Southeastern Vermont Community Action
802-885-6153/885-1019
800-464-9951
107 Park Street Suite 2
Springfield, VT 05156
Food and shelter assistance. Eviction, vouchers for clothing or household items.
www.sevca.org
Social Security
802-775-0893
800-772-1213
330 ASA Bloomer Building
88 Merchants Row
Rutland, VT 05701
Disability, death benefits, and retirement
www.ssa.gov

Springfield Area Parent Child Center
802-886-5242
2 Main Street
North Springfield, VT 05150
Childcare funding and subsidy
www.sapcc2.com

VSNIP
802-672-5302
PO Box 100
Bridgewater, VT 05034
Enables income eligible people to receive financial assistance to have their animals neutered & vaccinated.
www.vvsahs.org

FOOD/NUTRITION

Department of Child and Family Services
Springfield- 802-885-8900
Hartford – 802-295-8840
Welfare & Food Stamps

Farm to Families
802-885-6153
107 Park Street
Springfield, VT 05156
This program is provided through SEVCA in the spring & summer months we work in conjunction with the local farmers market to make fresh vegetables available to individuals & families we also offer seeds for those who wish to start their own garden
www.sevca.org

Health Care & Rehabilitation Services (HCRS)
802-674-2539
Meals on Wheels
800-642-5119
802-674-6733
Meals on Wheels is a service designed to help eligible seniors and home bound individuals meet their nutritional needs

Reinventing the Meal
802-436-3354/802-674-2900
Nutrition education for schools
www.reinventing.org

SEVCA- Southeastern VT Community Action
Springfield- 802-885-6153
White River Junction- 802-295-5215
Welfare & Food Stamps

St. Francis of Assisi Church (Food Shelf)
802-674-2157
Monday 5:00 –6:00
Wednesday 4:00-5:00
Saturday 1:00 – 2:00

Trinity Church
802-674-6781
Windsor, VT 05089
Food Shelf: Tues 10:00-1:00 Wed 10:30-1:30 Thurs 10:00-1:00

The Upper Valley Haven
802-295-6500
713 Hartford Avenue
White River Junction, VT 05001
Food shelf, thrift available
www.uppervalleyhaven.org

Vermont Campaign to End Childhood Hunger
802-865-0255
Burlington, VT 05401
www.vermontfoodhelp.com

Vermont Department of Health
802-885-5778
Woman, Infants, and Children (WIC)
Virginia Morse, RD  
802-674-7135  
289 County Road  
Windsor, VT 05089  
One on one nutrition consulting and nutrition education, support groups such as diabetes support group

Vital Communities  
802-291-9100  
104 Railroad Row  
White River Junction, VT 05001  
Workshops/information sessions, locally grown guide, locally grown guide on line  
www.vitalcommunities.org

Women Infants and Children (WIC)  
802-885-5778  
100 Mineral Street, Suite 104  
Springfield, VT 05156  
To provide nutritional food to pregnant women, women breastfeeding and infants and children up until age 5. Also the Fit & Healthy Kids Program www.healthvermont.gov

FUEL ASSISTANCE

Office of Home Heating Fuel Assistance  
800-479-6151  
103 South Main Street  
Waterbury, VT 05671  
This fuel program is administered by DCF/Economic Services and funded by the Federal Government

SEVCA - Southeastern VT Community Action  
Springfield- 802-885-6153  
White River Junction- 802-295-5215  
Offers help with heating emergencies including: electric shut-offs, pre-buys discounts, and payment plan fuel cost assistance; oil, kerosene, propane and wood deliveries also provides weatherization services to reduce fuel cost.  
www.sevca.org

GAY/LESBIAN/BISEXUAL RESOURCES

ACORN (AIDS Community Resource Network)  
603-448-8887  
2 Blacksmith Street  
Lebanon, NH 03766  
Support groups, referral service, financial services and food for HIV positive Individuals  
www.acornvtnh.org
Outright Vermont
HotLine: 866-488-7386
800-452-2428
Burlington, VT  05401
Support groups and educational information
www.outrightvt.org

HEALTHCARE

Good Neighbor Clinic
802-295-1868
70 North Main Street
White River Junction, VT  05001

Mt. Ascutney Hospital and Health Center
802-647-6711
289 County Road
Windsor, VT  05089
Heath services and emergency room

Visiting Nurses Association & Hospice of VT and NH
Admissions/Referrals: 800-575-5162     TDD: 800-735-2964
Business Office: 888-300-8853
Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need, regardless of the patient’s ability to pay.
www.vnavnh.org

HEALTH EDUCATION

Community Health Outreach
802-674-2900
1 Railroad Plaza
Windsor, VT 05089
Physical activities, prevention of chronic illness, health education, health fairs, community grants for improved health and general health information

CPR Community Classes
802-674-6711 Ext. 7205
289 County Road
Windsor, VT 05089

CUPS: Children’s Upstream Services
802-886-4500 Janie Aramburg
North Springfield, VT 05150
Early intervention for families of young children at risk of or experiencing emotional/behavioral challenges
www.hcrs.org/children.html
**Diabetes Educator**
802-674-7135  
289 County Road  
Windsor, VT 05089  
Medical professionals who specialize in the care and education of people with diabetes  
[www.diabeteseducator.org](http://www.diabeteseducator.org)

**Healthy Babies/Vermont Department of Health**
802-885-5778  
100 Mineral Street, Suite 104  
Springfield, VT 05156  
[www.healthyvermonters.info](http://www.healthyvermonters.info)

**Tobacco Cessation**
802-674-7089  
289 County Road  
Windsor, VT 05089  
To identify and refer tobacco users to easily accessible tobacco cessation services  
[www.smokefree.gov](http://www.smokefree.gov)

**Wellness Champions**
802-436-3354  
Training program for community wellness volunteers; wellness education seminars  
[www.reinventing.org](http://www.reinventing.org)

**HOUSING/SHELTER**

**Armory Square Apartments**
802-885-3220 (RACLТ)  
Union Street  
Windsor, VT 05089  
[www.raclt.org](http://www.raclt.org)

**Habitat for Humanity**
802-885-6440  
Springfield, VT 05156  
Helping low-income families build affordable housing they can own  
[www.habitat.org](http://www.habitat.org)

**Mountainside House Teen Center**
802-228-7783 Males only  
802 226-7500 Females only (Cavendish)  
6 Mill Street  
Ludlow, VT 05149  
Shelter for homeless & runaway youth
Olde Windsor Village
802-674-2867
65 State Street
Windsor, VT 05089
Subsidized independent housing for seniors and younger disabled persons. Family units are also available.

Rockingham Area Community Land Trust
802-885-3220
90 Main Street, Suite 1
Springfield, VT 05156
Dedicated to helping people obtain and maintain quality affordable housing
www.raclt.org

Supportive Housing
802-885-3034
12 Valley Street #1
Springfield, VT 05156

Upper Valley Habitat for Humanity
802-295-1854
39 South Main Street
White River Junction, VT 05001

Upper Valley Haven
802-295-6500
713 Hartford Avenue
White River Junction, VT 05001
Shelter, food shelf, clothing room educational programs  www.uppervalleyhaven.org

Upper Valley Housing Coalition
802-291-9100
104 Railroad Row
White River Junction, VT 05001
www.vitalcommunities.org

Vermont State Housing Authority
802-828-3295
Montpelier, VT 05602
To provide affordable housing to families in the Windsor County
www.vsha.org

Vital Communities
802-291-9100
104 Railroad Row
White River Junction, VT 05001
INFORMATION/REFERRAL/ADVOCACY

Child Care Consumer Concern Line
800-540-7942
www.dcf.state.vt.us

Council on Aging for Southeastern Vermont
800-642-5119
Business phone- 802-674-9152
Windsor, VT 05089
Case management, housing , state health insurance program, legal service, mental health , nutrition, senior companion, transportation, caregiver resources
www.coasvt.org

United Way
Information line 211
802-885-2833
866-652-4636
Call for information about local resources, schools, healthcare, financial assistance, and more.
www.vermont211.org

Vermont Associates for Training and Development, Inc.
1-802-885-1431 or 1-800-439-3307
56 Main Street, Suite 101
Springfield, VT 05156
Private nonprofit that provides training opportunities with public municipalities or non-profit organizations for 55 years of age, Vermont residents, unemployed, and low income. Training for 20 hours per week and earning a wage, individuals learn new occupational skills in preparation for obtaining employment.
www.vermontassociates.org

Windsor Connection Resource Center
802-674-2900
1 Railroad Plaza
Windsor VT 05089
Problem solving & crisis management, computers, food shelf referrals. A place to meet with agency providers. Telephone/fax/copier services.
www.wacp.info

LEGAL ASSISTANCE

Have Justice Will Travel
877-496-8100
Vershire,VT 05035
Legal assistance working with women on legal rights
www.havejusticewilltravel.org
Public Defenders Office of Windsor County
802-295-6200
128 Gates Street
White River Junction, VT 05001

Vermont Law School Legal Clinic
800-227-1395
South Royalton, VT 05068
www.vermontlaw.edu

Vermont Legal Aid
802-885-5181/800-769-9164
56 Main Street, Suite 301
Springfield, VT 05156
Health care, individual rights, financial exploitation, housing, benefits, and discrimination.
www.vtlegalaid.org /www.vlawhelp.org

Vermont Protection and Advocacy Board
800-834-7890
141 Main Street
Montpelier, VT 05602
Provide legal services for people with disabilities and mental health issues Information and support.
www.vtpa.org

Windsor Town Office
802-674-5610
Union Street
Windsor, VT 05089
The Town Clerk's Office offers a notary service. You must have a identification for this service

LIBRARIES

Hartland Library
802-436-2473
Hartland, VT 05048
www.hartland.govoffice.com

Town of Weathersfield Proctor Library
802-674-2863
Weathersfield, VT 05030
www.weathersfieldvt.org

Windsor Public Library
802-674-2556
43 State Street
Windsor, VT 05089
www.windsorlibrary.org
MEDICAL RESOURCES

AIDS
800-882-2437  
TDD 800-319-3141  
Acorn 603-448-8887  
2 Blacksmith Street  
Lebanon, NH 03766  
Transportation to appointments, respite care, hospital visitation, distribute food, information on state and federal benefits  
www.acornvtnh.org

Alzheimer’s Helpline
800-272-3900  
172 Main Street  
Barre, VT 05641  
Support groups, respite, Safe Return, education, and caring companion  
www.alz.org

Alzheimer’s Support Group
802-674-6609  
Windsor, VT 05089  
Supporting families living with a loved one that has Alzheimer's  
www.cedarhillccc.com

American Cancer Society
800-ACS-2345 (800-227-2345)  
TTY 866-228-4327  
Information on treatment, programs, funding support programs, and services  
www.cancer.org

American Diabetes Association
800-DIABETES (800-342-2383)  
The American Diabetes Association provides information about diabetes, nutrition, and weight control  
www.diabetes.org

American Heart Association
800-242-8721  
Information on heart attacks, strokes, and how to keep your heart healthy  
www.americanheart.org

American Red Cross
802-295-3635  
The Red Cross provides disaster relief. Provides shelter, food, health, and mental health services to those affected by disaster.  
www.redcross.org
American Stroke Association
888-478-7653
Information on strokes and how to reduce your risk of stroke and make positive lifestyle changes
www.strokeassociation.org

Dartmouth-Hitchcock Medical Center
603-650-5000
Lebanon, NH 03766
To provide high quality health care and comfort to the ill. Prevent illness among the well and to advance healthcare through education research.
www.dhmc.org

Department of Veterans Affairs, VA Benefits
800-827-1000
For information on veterans healthcare or other benefits. Burial and memorial information.
www.va.gov

Division for the Blind and Visually Impaired
800-356-1526
To support the efforts of Vermonters who are blind and visually impaired to achieve or sustain their independence.
www.dad.state.vt.us/dbui

Down Syndrome National Information Line
800-221-4602
To support people with Down's Syndrome and their families through education, research, and advocacy
www.ndss.org

Eldercare Locator
800-677-1116
To help people locate aging services in every community. www.eldercare.gov

Elder Wise
877-347-1419/802 296-3113
5 South Street, White River Junction, VT 05001
Elder Wise provides friendship, prepare and share meals, light housekeeping and laundry, and take clients to appointments or just out for the day.
www.elderwiseinc.com

Healing Arts Clinic
802-674-7037
County Road
Windsor, VT 05089
Massage therapy, Acupuncture, Raki, Naturopathy, Chinese Medicine, Wellness Counseling, Psychotherapy, Kinesiology, Expressive arts
Hospice Program, Mt Ascutney Hospital  
802-674-7144  
Windsor, VT 05089  
To help you meet your needs and to support you in your final days of your life. To provide you with comfort, respect, joy, and support.  
www.mtascutneyhospital.org

Ladies First  
800-508-2222  
TDD: 800-319-3141  
A health-screening program for Vermont women particularly related to annual exams, mammograms, heart disease, screening, and blood test. This program is federally funded through the Department of Health  
www.ladiesfirstvt.org

Mount Ascutney Hospital and Health Services  
802-674-6711  
289 County Road  
Windsor, VT 05089  
Services include medical and surgical inpatient care, emergency and outpatient treatment, psychiatric and rehabilitation services, health promotion and education, outpatient, pediatric, adult, and family psychiatry, and other specialty services.  
www.mtascutney.org

Planned Parenthood  
Claremont NH 603-542-24568  
Springfield VT 802-885-4701  
West Lebanon, NH 03784 603-298-7766  
Annual exams, birth control, menopause and other services on sliding scale pay basis  
www.ppnne.org

Shriners Hospital  
800-237-5055  
Care for burned and or disabled children  
www.shrinershq.org

Vermont Department of Health  
802-885-5778  
Immunization clinics, Healthy Baby Program, WIC, and nutrition education  
www.healthyvermonters.gov

Visiting Nurses Association & Hospice of VT and NH  
Admissions/Referrals: 800-575-5162  
TDD: 800-735-2964  
Business Office: 888-300-8853  
Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need regardless of the patient’s ability to pay.  
www.vnavnh.org
Windsor Community Health Clinic
802-674-7213
Windsor VT 05089
Services members of the community who are not covered by Medicaid, VHAP, and private insurance. Also those who do not have the financial resources to pay for health care services
www.mtascutneyhospital.org

MENTAL HEALTH

(CZMI) VT Graduate School of Psychoanalysis
802-674-2111
1 Railroad Avenue
Windsor, VT 05089
Works with couples, adults, and children on problems in relationships, work, or school. Also emotional related problem such as stress, anxiety, anger, depression, obsession, or addiction
www.bgsp.edu

Health Care & Rehabilitation Services (HCRS)
802-674-2539
888-888-5144 for intake
800-622-4235 for crisis
Psychiatric service, psychotherapy services, case management, residential services, peer support, and substance abuse services.
www.hcrs.org

NURSING AND RESIDENTIAL CARE HOME

Cedar Hill Health Care Center
802-674-6609
92 Cedar Hill Drive
Windsor, VT 05089
Cedar Hill offers a continuum of care from independent and assisted living to skilled nursing and rehabilitation care.
www.cedarhillccc.com

Gilbert F. Davis Home for the Aged
802-674-5300
Windsor, VT 05089
A home like atmosphere for residential care

Historic Homes of Runnemede: Cox, Evarts, and Stoughton House
802-674-6733
Windsor, VT 05089
A home like atmosphere supporting maintaining residences independence
www.hhronline.org
Mount Ascutney Hospital Nursing Home Facility
802-674-7202
County Road
Windsor, VT  05089
A facility for long-term care, short-term care, personal care, and activities
www.mtascutney.org

Olde Windsor Village
802-674-2867
65 State Street
Windsor, VT  05089
Subsidized independent housing for seniors.

Visiting Nurses Association & Hospice of VT and NH
Admissions/Referrals: 800-575-5162   TDD: 800-735-2964
Business Office: 888-300-8853
Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need, regardless of the patient’s ability to pay.
www.vnavnh.org

PREGNANCY

Care Net Pregnancy Program of the Upper Valley
603-542-4747
32 Opera House Square
Claremont, NH  03743

Hannah House
603-448-5339
PO Box 591
Lebanon, NH  03766-0591
Hannah House provides residential support services for pregnant and parenting youth in New Hampshire and Vermont as well as local outreach to pregnant and parenting teens that live in the Upper Connecticut River Valley.

PROBATION AND PAROLE

PPO Joseph C. Sampsell
Springfield Probation & Parole
100 Mineral Street, Suite 102
Springfield, VT 05156
Tel: (802) 885-8998
Fax: (802) 885-8800
e-mail: joe.sampsell@ahs.state.vt.us
RECREATION AND FITNESS

Ascutney Mountain Resort Sports and Fitness Center
802-484-3511
Route 44
Brownsville, VT 05037
Indoor and outdoor pool, hot tub, cardiovascular exercise room, aerobic studio, racquetball, tennis court, bike rental, instructional programs, and classes
www.ascutney.com

Hartland Recreation Center
802-436-2790
Route 5
Hartland, VT 05048
Programs for adults and youth sports, karate, dog obedience, and many more
www.hartland.govoffice.com

Mt. Ascutney Hospital and Health Center
802-674-7287
289 County Road
Windsor, VT 05089
Miller Exercise Pool and Physical Therapy Dept.
www.mtascutney.org

Paradise Park
County Road
Windsor, VT 05089
Series of trails for snowshoeing and skiing through mature forest, along a stream, and around the fields and shoreline adjacent to Lake Runnemede.

Windsor Recreation Department and Community Center
802-674-6783
Windsor, VT 05089
Our outside facilities are located at the fair grounds. This includes basketball & tennis courts, softball & little league baseball field. There is a picnic area and trails for hiking, cross-country skiing or running
www.vermont-towns.org/windsor/rec2.html

RESTORATIVE JUSTICE

Springfield Restorative Justice Center
802-885-8707
Springfield, VT 05071
Our programs include juvenile pre-charge, reparative probation, family or group conferencing, mediation, victim assistance programs, and offender re-entry programs.
SENIOR CITIZENS
(Other services for seniors are integrated into other categories)

Council on Aging for Southeast Vermont
802-885-2655
56 Main Street
Springfield, VT 05156

Ronald P. Ceppetelli, LICSW
802-674-7093
Windsor, VT 05089
Consultation with families and professionals concerning the psych-social process of aging.
Adults living together; living and working with difficult people. Emotional and mental health
establishment
E-Mail: rceppete@comcast.net

Lifeline Personal Response and Support Services
800-451-0545
800-380-3111
Personal response system. Press the personal help button and Lifeline’s emergency response
service goes into action.
www.lifelinesys.com

Meals on Wheels/Senior Helpline
800-642-5119
This program offers well balanced meals for seniors or others recovering from an illness,
homebound, or unable to cook. Meals on Wheels offers hot meals five days a week with frozen
meals available for weekends and holidays
www.coasevt.org/services_nutrition.html

Medicare
800-633-4227
Information about benefits, help with questions about Medicare Part D and prescription coverage
www.medicare.gov

Social Security
800-772-1213
802-775-0893
TTY 802-773-3203
This program pays retirement, disability, and survivors benefits to workers and their families and
administers the supplemental security income program. They also issue social security numbers
www.ssa.gov

Vermont Associates for Training and Development, Inc.
1-802-885-1431 or 1-800-439-3307
56 Main Street, Suite 101
Springfield, VT 05156
Private nonprofit that provides training opportunities with public municipalities or non-profit organizations for 55 years of age, Vermont residents, unemployed, and low income. Training for 20 hours per week and earning a wage, individuals learn new occupational skills in preparation for obtaining employment. www.vermontassociates.org

**TRANSPORTATION**

**Connecticut River Transit**  
802-460-1195  
706 Rockingham Road  
Rockingham, VT 05101  
Transportation to and from medical appointments for people who are age 60 and older, disabled, or on Medicaid (they would like a 2 day notice)  
[www.crtransit.org](http://www.crtransit.org)

**Good News Garage**  
877-448-3288  
Burlington, VT 05401  
Helping people get good quality and reliable transportation. There are guidelines. Please call.  
[www.goodnewsgarage.org](http://www.goodnewsgarage.org)

**Vermont Department of Motor Vehicles**  
802-885-5273  
100 Mineral Street  
Springfield, VT 05156  
Licenses, permits, ID’s, forms, registration, and information [www.aot.state.vt.us/dmv](http://www.aot.state.vt.us/dmv)

**VIA- Volunteers in Action**  
802-674-5971  
Windsor, VT 05089  
Provides rides to medical, hair appointments, or shopping.

**Vital Communities Transportation**  
802-291-9100  
104 Railroad Row  
White River Junction, VT 05001  
[www.vitalcommunities.org](http://www.vitalcommunities.org)

**Working Wheels**  
802-885-6153  
This program is through SEVCA for people that need help with car repairs or car loans for transportation for employment  
[www.sevca.org](http://www.sevca.org)
VETERANS

Department of Veterans Affairs, VA Benefits
800-827-1000
For information on Veterans healthcare or other benefits. Burial and memorial information.
www.va.gov

VOLUNTEERING

Green Mountain RSVP (Retired and Senior Volunteer Program)
802-885-2038
199 Union Street
Springfield, VT 05156
RSVP offers interesting and meaningful volunteer opportunities to persons who are 55 years of age or better and who are eager to do something that makes a difference in their communities. RSVP committed to tap the skills and experience of seniors by matching their talents an interest with the significant need of local non-profit community organizations. Volunteer as often as you’d like, according to your schedule.
www.seniorcenterts.org/rsvp.html

Volunteers in Action
802-674-5971
Windsor, VT 05089
Looking for people to do volunteer work with the community such as providing rides. Seniors volunteer for many organizations in Windsor area including Mt. Ascutney Hospital and Health Center

Windsor Connection Resource Center
802-674-2900
1 Railroad Plaza
Windsor, VT 05089
The Resource Center is always looking for volunteers to fill in when needed and help with upkeep of building.

OTHER ASSISTANCE

United Development Services
603-448-2077
85 Mechanic Street
Lebanon, NH 03766
Disabled assistance
Upper Valley United Way
603-448-2766
10 Bank Street
Lebanon, NH  03766

Vermont Catholic Charities
802-773-3379
2 ½ Center Street, Ste 5
Rutland, VT  05701

Vermont Association for the Blind & Visually Impaired
802-254-8761
32 Park Place, Ste 1
Brattleboro, VT  05301
Assistance for the blind or visually impaired

Visiting Nurses Association & Hospice of VT and NH
Admissions/Referrals: 800-575-5162     TDD: 800-735-2964
Business Office: 888-300-8853
Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need, regardless of the patient’s ability to pay.

www.vnvn.org

IF YOU CAN'T FIND IT HERE, PLEASE DIAL 211.  THIS IS A PRIMARY SOURCE FOR ALL LOCAL AND STATEWIDE RESOURCES.
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For Emergency Assistance Call 911. Give exact location, name, street, and type of emergency. Please stay on the line.

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