Mt. Ascutney Hospital and Health Center
Dartmouth-Hitchcock

REHABILITATION PERFORMANCE INFORMATION

The Rehabilitation Center at Mt. Ascutney Hospital and Health Center

For more than 25 years, Mt. Ascutney Hospital and Health Center has been widely recognized and respected for its comprehensive and compassionate rehabilitative care. Our inpatient and outpatient Rehabilitation and Physical Medicine Programs are the first choice of hospitals and health care providers throughout Vermont and central New Hampshire for their patients who need intensive or ongoing rehabilitation care. One of only two major acute rehabilitation programs in Vermont, we continually strive to offer the most advanced facilities and patient-centered services.

MAHHC is the only CARF accredited facility in Vermont.
The Rehabilitation Center is a 10-bed inpatient unit located within Mt. Ascutney Hospital and Health Center, functioning 24/7.

**LATEST ACUTE REHABILITATION PERFORMANCE STATISTICS**

(7/28/17 - 7/27/18) 239 patients served, 232 were first time Acute Rehabilitation Patients

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**GENDER**

- **54.4%** Female
- **45.6%** Male

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**AGE**

- **18-44** 7.5%
- **45-64** 28.9%
- **65-74** 30.5%
- **75+** 33.1%

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**DIAGNOSES**

- 3% Other neuro and GBS
- 4% Cardiac
- 6% Spinal Cord Injuries
- 6% Misc.
- 7% Amputee
- 7% Trauma
- 10% Brain Injury
- 27% Stroke
- 30% Hip fractures, multiple fractures, or multiple joint replacements

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**DISCHARGE STATISTICS**

- 80% of patients go home to the community
- 6% are relocated to our acute unit or to an affiliate location for further medical needs
- 14% go to long term care or other assisted living

% of patients going directly home to the community:

- 79% of amputee patients
- 78% of stroke patients
- 71% of brain injury patients
- 64% of spinal cord patients

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**EMPLOYMENT**

- 13% Not Working
- 23% Unspecified
- 16% Employed
- 48% Retired age/Disability

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**MARITAL STATUS**

- 56.5% Married
- 43.5% Widowed/Divorced/Separated/Single

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**GOAL ACHIEVEMENT**

95% of patients surveyed felt their goals were met and were prepared for discharge.

Data gathered when performing follow-up calls to discharged patients.

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**SATISFACTION**

- 97% of 108 patients surveyed were satisfied with their stay.
- 94% would recommend the facility.
- 91% felt prepared for discharge.

Data gathered when performing follow-up calls to discharged patients.

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**LENGTH OF STAY/TREATMENT**

- 12.4 days: average length of hospital stay for the Acute Rehabilitation patients
- 3 hours: of treatment/day average (15 hours/week)

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Your rehabilitation and recovery will require hard work, persistence and patience. At Mt. Ascutney Hospital, we’re committed to helping you reach your highest level of recovery. We offer the latest technologies and services to meet your needs and your own personalized team of skilled specialists from diverse disciplines to support and encourage you at every stage along the way.

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