

WINDSOR CONNECTION RESOURCE CENTER

**ONE RAILROAD PLAZA
WINDSOR, VT 05089
(802) 674-2900**



Family wellness is our passion!

Windsor Connection Resource Center
A Member of the PATCH Network
&
The Windsor Area Community Partnership

It is the mission of the Windsor Area Community Partnership to connect agencies, community leaders and constituencies through a coalition that intentionally represents adults, youth, and elders in the Windsor area to promote the health and well being of the community.

The Windsor Connection Resource Center
One Railroad Plaza
Windsor Vermont 05089
802-674-2900
Monday through Friday
8:00 AM to 4:00 PM

Service Providers include but not limited to

Vermont Adult Learning
Cyril Z. Meadow Institute (CZMI)
Department of Corrections
Economic Services
Health Care & Rehabilitation Services
Department of Labor
Reinventing the Meal
Vocational Rehabilitation Services
Southeast Vermont Community Services (SEVCA)
Windsor On Air
Vermont Adult Learning

Services at the Center

Telephone/Fax/Copier/Computer
Food Shelf referrals
Problem solving & crisis management
General Community Resource information
Community Service hours
Referrals to ministerial fund support
Educational Programs
Link for needed Services (See table of contents)

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IF YOU CAN'T FIND IT HERE, PLEASE DIAL 211. THIS IS A PRIMARY SOURCE FOR ALL LOCAL AND STATEWIDE RESOURCES.

Abuse Prevention and Protection Children and Adults

Adult Protective Services

Toll Free Phone: 800-564-1612

Business Phone: 802-241-2345

103 Mineral Street

Waterbury, VT 05671

To report abuse neglect or exploitation of a vulnerable Adult or to enter a complaint against a facility or agency that provides health care.

www.dad.state.vt.us/lp

After Hours Relief from Abuse

Toll Free Phone: 800-540-9990

4:30 pm- 8:00 am & Saturday / Sunday

Child Protective Services After Hours

800-649-5285

www.dcf.vermont.gov

Concerns about Child Care

800-540-7942

If you have a concern about a program, provider, a specific circumstance, or state regulations.

www.dcf.vermont.gov/cdd/cc_concerns.gov

Department of Child and Family Services

Springfield- 802-885-8900

Hartford – 802-295-8840

Child Development - Safe accessible, quality child care for VT Families Offices of Child

Support- Help Vermont. Residents establish and enforce child support Court orders. Family

Support- Juvenile Justice, Child welfare services, and child safety unit

www.dcf.state.vt.us

New Beginnings Inc.

Office: 802-885-2368 (8 am -4 pm)

24 Hour Hotline: 802-674-6700

24 hour services to victims of domestic assault and sexual violence in the following towns

Andover, Baltimore, Cavendish, Chester, Ludlow, Plymouth, Reading, Rockingham, Springfield,

So. Woodstock, Weathersfield, Weston West Windsor and Windsor.

Alcohol and Drug Treatment Information

Alanon & Alateen

802-295-0224

White River Junction, VT 05001

For information regarding time dates and location of local meetings

Alcoholics Anonymous

802-295-7611

White River Junction, VT 05001

For information regarding time dates and location of local meetings

Brattleboro Retreat

800-738-7328/ Admissions: 802 258-3700

Anne Marsh Lane

Brattleboro, VT 05301

Adult and adolescent substance abuse treatment residential and outpatient

www.brattlebororetreat.org

HEADREST

Hotline: 603-448-4400

Teen line: 800-639-6095

Crisis Calls: 800-273-TALK

West Lebanon, NH 03784

AA, NA Meetings. Drug and alcohol counselors. Transitional living program

www.headrest.org

Healthcare and Rehabilitation Services (HCRS) - WRAP

Springfield - 802-886-4500

Windsor - 802-674-2539

Connection line- 888-888-5144

Crisis/Emergency- 800-622-4235

Project Crash/Outpatient counseling for child & adult, vocational services, peer support, psychiatric services, and residential service

www.hcrs.org

Tim Hebert, M.S., L.A.D.C

802-674-7041

1 Railroad Plaza

Windsor, VT 05089

Individual counseling for adolescents & adults. Licensed alcohol & substance abuse counselor.

Information Hotline

800-ALCOHOL (252-6465)

Nationwide 24-hour alcohol and drug information hotline

Maple Leaf Farm

802-899-2911

800-254-5659

10 Maple Leaf Road

Underhill, VT 05489

Adult residential treatment and detox age 17 & up

www.mapleleaf.org

Gail Mears, M.A., L.A.D.C

802-485-2689/802 485-2640

Northfield, VT 05663

Substance abuse counseling and assessments for individuals, adolescents and families.

Office of Alcohol and Drug Abuse Program

802-295-8835 CRASH: 866-4500/WEEKEND PROGRAM: 802 296-6602

Education, intervention, prevention, recovery, research, and treatment.

Serenity House

802-446-2640

98 Church Street

Wallingford, VT 05773

Adult residential treatment and detox

CHILD/PARENTING SERVICES

Concerns about Child Care

800-540-7942

If you have a concern about a program, provider or state regulations. Local day care providers.

www.dcf.vermont.gov/cdd

CUPS: Child Upstream Services

802-886-4500

390 River Street, Springfield ,VT 05150

Early intervention for families of young children at risk of or experiencing emotional and/behavioral challenges: ages 0-6

www.hcrs.org

Lund Family Center

800-639-1741

802-864-7467

76 Glen Road, Burlington, VT 05401

Therapeutic residential program for pregnant & parenting teens, comprehensive adoption programs, teen pregnancy prevention programs

www.lundfamilycenter.org

Springfield Area Parent Child Center

802-886-5242

2 Main Street, North Springfield, VT 05150

Play groups, information, and referral service

www.sapcc2.com

Vermont Children's Aid Society

802-457-3084

32 Pleasant Street, Woodstock, VT 05089

Non-profit counseling service to pregnant women, post-pregnancy services & adoption programs

www.vtcas.org

Vermont Department of Health

VT Toll Free 888-296-8151

802-885-5778

100 Mineral Street Suite 104

Springfield, VT 05156

Fit & Healthy Kids, Women, Infant & Child Program (WIC), nutrition, breastfeeding, and immunization

www.healthvermont.gov

Windsor County Head Start

802-885-6669

107 Park Street

Springfield, VT 05156

Windsor County Partners

802-674-5101

Windsor, VT 05089

A mentoring program throughout Windsor County; a one on one intergenerational partnership for ages 10 –17

www.windsorcountypartners.org

CHILD CARE/PRESCHOOL

Bridging the Gap Learning Center

802-356-0128

127 State Street

Windsor, VT 05089

Before & after school program, vacation and snow days for children in grade K-8

The Children's Place Preschool/Headstart

802-674-5690

Masonic Hall

Windsor, VT 05089

A Federally funded preschool for ages 3-5.

Hartland After School Program

802-436-2790/ 802-738-7815

Hartland Recreational Center

Hartland, VT 05048

For K-6 grades and only in session on days school is open

Hartland Co-Op Nursery School

802-436-2580

Hartland, VT 05048

for children age 3-5

Springfield Parent Child Center

802-886-5442

2 Main Street

North Springfield, VT 05150

Educational programs, childcare referrals, and child care subsidy

www.sapcc2.com

Windsor County Head Start

802-885-6669

15 Pine Street

Springfield, VT 05156

CHURCHES

Ascutney Union Church

802-674-2484

Route 5

Ascutney, VT 05030

First Congregational Church

802-436-2224

Hartland, VT 05048

Old South Church

802-674-5087

Windsor, VT 05089

Rachel Harlow Methodist Church

802-674-5359

Windsor, VT 05089

St. Francis of Assisi Church

802-674-2157

Windsor, VT 05089

St. Paul's Episcopal Church

802-674-6576

Windsor, VT 05089

Trinity Evangelical Free Church

802-674-6781

Windsor, VT 05089

Unitarian Universalist Church

802-436-2592

Hartland, VT 05048

CLOTHING

Listen Community Services & Thrift Store

603-448-4553
Hanover Street
Lebanon, NH 03766
Monday through Friday 9:00 to 5:00

Listen Thrift Store

802-295-9259
2 Maple Street
White River Junction, VT 05001
Monday through Saturday 9:00 to 5:00
Sunday 12:00 to 5:00

Our Community Thrift Store

802-674-6210
Union Street
Windsor, VT 05089
Monday through Thursday 10:00 to 5:00
Friday and Saturday 10:00 to 6:00
Sunday 10:00 to 3:00

The Upper Valley Haven

802-295-6500
713 Hartford Avenue
White River Junction, VT 05001
Food shelf, thrift available www.uppervalleyhaven.org

CRISIS INFORMATION

American Red Cross

Hartford VT 802-295-3635/802-254-2377
Brattleboro, VT 05301
Emergency after Hours line
800-288-3554
Disaster services, emergency shelter, disaster relief, CPR & first aid training
www.redcross.org

Mental Health Services of HCRS

800-622-4235
802-674-5214
802 295-3031
49 School Street
Hartford Village, VT 05047 www.hcrs.org

New Beginnings Inc.

Office: 802-885-2368 (8 am -4 pm)

24 Hour Hotline: 802-674-6700

24 hour services to victims of domestic assault and sexual violence in the following towns
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So. Woodstock, Weathersfield, Weston West Windsor and Windsor.

Senior Helpline

800-642-5119

Information about services and referrals

DENTAL SERVICES**Red Logan Dental Clinic**

802-295-7573

70 North Main Street

White River Junction, VT 05001

DISABILITY INFORMATION SERVICES**Austin School for the Hearing Impaired**

802-258-9500

209 Austin Drive

Brattleboro, VT 05301

Interpreter referral services mental health services, educational services, advocacy services

www.austine.pvt.k12.vt.us

Children with Special Health Needs

800-464-4343

Specialty clinics. Medical and developmental diagnosis and treatment. Support groups.

Care coordination and some financial assistance

www.healthvermont.gov

CUPS- Children's Upstream Services (HCRS)

802-886-4500 Janie Aramburg

800-808-4442

390 River Street, Springfield, VT 05156

Early intervention program for families of young children at risk of or experiencing emotional behavioral challenges.

www.hcrs.org

Early Childhood Program, Windsor Southeast Supervisory Union

802-674-6916

17 Ascutney Street

Windsor, VT 05089

A school based program for children with or without disabilities. Ages 3-5

Mt. Ascutney Hospital and Health Center

802-674-6711

289 County Road

Windsor, VT 05089

Physical therapy, occupational therapy, recreational therapy and speech therapy

www.mtascutney.org

Parent Child Center

802-886-5242

2 Main Street

North Springfield, VT 05150

Service for children birth to 3 years old and their families. Groups and referrals

www.sapcc2.com

Peer Navigator

802-885-8990

Springfield, VT 05156

To provide free and confidential help to navigate the service system this program is for parents with disabilities and others.

wwentz@vtpic.com

Vermont Association for the Blind and Visually Impaired

877-350-8840

Information to arrange for services: 800-639-5861

Provides comprehensive support, training and services to visually impaired consumers of all ages

www.vabvi.org

Vocational Rehabilitation Services

802-885-2279

100 Mineral Street, Suite 308

Springfield, VT 05156

Help disabled clients seek employment and provide supportive services to gain and maintain employment. www.vocrehabvermont.org

EDUCATION/SCHOOLS

Albert D. Bridge Memorial Elementary School

802-484-3344

West Windsor, VT 05089

www.albertbridge.k12.vt.us

Community College of Vermont (CCV)

Springfield, VT 802-885-8360

White River Junction, VT 802-295-8822

www.ccv.edu

Gateway Program

802-885-3477

199 Summer Street

Springfield, VT 05156

For grades K -12 an alternative school for children who are socially, emotionally and academically challenged

Hartland Elementary School

802-436-2255

Hartland, VT 05048

Grades K - 8

www.hartland.k12.vt.us

Springfield Area Parent Child Center

802-885-5242

Springfield, VT 05156

Classes, parenting resource library, literacy workshops and training for childcare providers

www.sapcc2.com

State Street School

802-674-2310/ Fax: 802 674-9803

Ascutney Street

Windsor, VT 05089

Grades K - 6

www.windsor.k12.vt.us

Vermont Adult Learning

802-886-5502 Main phone number and FAX number

363 River Street

PO Box 12

North Springfield, VT 05150

Adult Diploma Program, GED, Making it Work Program, tutoring, services at the WCRC

www.vtadultlearning.org

Vermont Student Assistance Corporation (VSAC)

802-655-9602

800-642-3177

For assistance with planning/paying for college. Exploring career and life goals. Appointments can be arranged at the WCRC

www.vsac.org

Weathersfield Middle School

802-674-5400

K-8

Weathersfield, VT 05030

www.weathersfieldschools.org

Windsor Junior Senior High School

802-674-6344

19 Ascutney Street

Windsor, VT 05089

For grades 7 –12 serving the towns of Brownsville, Weathersfield, Hartland & Windsor

www.windsor.k12.vt.us

Windsor Southeast Supervisory Union (WSSU)

802-674-2144

Windsor, VT 05089

Serving towns of Brownsville, Weathersfield, Hartland & Windsor

EMPLOYMENT

Reach-Up DCF/ Economic Services

802-885-8856

Springfield, VT 05156

Reach up helps parents with families identifying their skills, abilities and interests. Training or educational needs to prepare for work. Childcare cost & work related costs. Services available at the WCRC.

www.dcf.vermont.gov

Vermont Department of Labor

Springfield – 802-885-2167

White River- 802-295-8805

Job match, workplace information, educational and training resources. On the job & classroom skills. Labor market information www.labor.vermont.gov

FINANCIAL ASSISTANCE

Consumer Credit Counseling Service

800-327-6778

Free consultation, budgeting assistance, debt consolidation, first time homebuyer.

www.cccsnh-vt.org

Reach-Up - Medicaid Food Stamps

802-885-8856

Springfield, VT 05156

Assistance with Food Stamps, shelter, medical and cash. You have to be income eligible.

SEVCA, Southeastern Vermont Community Action

802-885-6153/885-1019

800-464-9951

107 Park Street Suite 2

Springfield, VT 05156

Food and shelter assistance. Eviction, vouchers for clothing or household items.

www.sevca.org

Social Security

802-775-0893

800-772-1213

330 ASA Bloomer Building

88 Merchants Row

Rutland, VT 05701

Disability, death benefits, and retirement

www.ssa.gov

Springfield Area Parent Child Center

802-886-5242

2 Main Street

North Springfield, VT 05150

Childcare funding and subsidy

www.sapcc2.com

VSNIP

802-672-5302

PO Box 100

Bridgewater, VT 05034

Enables income eligible people to receive financial assistance to have their animals neutered & vaccinated.

www.vvsahs.org

FOOD/NUTRITION**Department of Child and Family Services**

Springfield- 802-885-8900

Hartford – 802-295-8840

Welfare & Food Stamps

Farm to Families

802-885-6153

107 Park Street

Springfield, VT 05156

This program is provided through SEVCA in the spring & summer months we work in conjunction with the local farmers market to make fresh vegetables available to individuals & families we also offer seeds for those who wish to start their own garden

www.sevca.org

Health Care & Rehabilitation Services (HCRS)

802-674-2539

Meals on Wheels

800-642-5119

802-674-6733

Meals on Wheels is a service designed to help eligible seniors and home bound individuals meet their nutritional needs

Reinventing the Meal

802-436-3354/802-674-2900

Nutrition education for schools

www.reinventing.org

SEVCA- Southeastern VT Community Action

Springfield- 802-885-6153

White River Junction- 802-295-5215

Welfare & Food Stamps

St. Francis of Assisi Church (Food Shelf)

802-674-2157

Monday 5:00 –6:00

Wednesday 4:00-5:00

Saturday 1:00 – 2:00

Trinity Church

802-674-6781

Windsor, VT 05089

Food Shelf: Tues 10:00-1:00 Wed 10:30-1:30 Thurs 10:00-1:00

The Upper Valley Haven

802-295-6500

713 Hartford Avenue

White River Junction, VT 05001

Food shelf, thrift available

www.uppervalleyhaven.org

Vermont Campaign to End Childhood Hunger

802-865-0255

Burlington, VT 05401

www.vermontfoodhelp.com

Vermont Department of Health

802-885-5778

Woman, Infants, and Children (WIC)

Virginia Morse, RD

802-674-7135

289 County Road

Windsor, VT 05089

One on one nutrition consulting and nutrition education, support groups such as diabetes support group

Vital Communities

802-291-9100

104 Railroad Row

White River Junction, VT 05001

Workshops/information sessions, locally grown guide, locally grown guide on line

www.vitalcommunities.org

Women Infants and Children (WIC)

802-885-5778

100 Mineral Street, Suite 104

Springfield, VT 05156

To provide nutritional food to pregnant women, women breastfeeding and infants and children up until age 5. Also the Fit & Healthy Kids Program www.healthvermont.gov

FUEL ASSISTANCE

Office of Home Heating Fuel Assistance

800-479-6151

103 South Main Street

Waterbury, VT 05671

This fuel program is administered by DCF/Economic Services and funded by the Federal Government

SEVCA - Southeastern VT Community Action

Springfield- 802-885-6153

White River Junction- 802-295-5215

Offers help with heating emergencies including: electric shut-offs, pre-buys discounts, and payment plan fuel cost assistance; oil, kerosene, propane and wood deliveries also provides weatherization services to reduce fuel cost.

www.sevca.org

GAY/LESBIAN/BISEXUAL RESOURCES

ACORN (AIDS Community Resource Network)

603-448-8887

2 Blacksmith Street

Lebanon, NH 03766

Support groups, referral service, financial services and food for HIV positive Individuals

www.acornvtnh.org

Outright Vermont

HotLine: 866-488-7386

800-452-2428

Burlington, VT 05401

Support groups and educational information

www.outrightvt.org

HEALTHCARE

Good Neighbor Clinic

802-295-1868

70 North Main Street

White River Junction, VT 05001

Mt. Ascutney Hospital and Health Center

802-647-6711

289 County Road

Windsor, VT 05089

Health services and emergency room

Visiting Nurses Association & Hospice of VT and NH

Admissions/Referrals: 800-575-5162 TDD: 800-735-2964

Business Office: 888-300-8853

Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need, regardless of the patient's ability to pay.

www.vnavnh.org

HEALTH EDUCATION

Community Health Outreach

802-674-2900

1 Railroad Plaza

Windsor, VT 05089

Physical activities, prevention of chronic illness, health education, health fairs, community grants for improved health and general health information

CPR Community Classes

802-674-6711 Ext. 7205

289 County Road

Windsor, VT 05089

CUPS: Children's Upstream Services

802-886-4500 Janie Aramburg

North Springfield, VT 05150

Early intervention for families of young children at risk of or experiencing emotional/behavioral challenges

www.hcrs.org/children.html

Diabetes Educator

802-674-7135

289 County Road

Windsor, VT 05089

Medical professionals who specialize in the care and education of people with diabetes

www.diabeteseducator.org

Healthy Babies/Vermont Department of Health

802-885-5778

100 Mineral Street, Suite 104

Springfield, VT 05156

www.healthyvermonters.info

Tobacco Cessation

802-674-7089

289 County Road

Windsor, VT 05089

To identify and refer tobacco users to easily accessible tobacco cessation services

www.smokefree.gov

Wellness Champions

802-436-3354

Training program for community wellness volunteers; wellness education seminars

www.reinventing.org

HOUSING/SHELTER

Armory Square Apartments

802-885-3220 (RACLT)

Union Street

Windsor, VT 05089

www.raclt.org

Habitat for Humanity

802-885-6440

Springfield, VT 05156

Helping low-income families build affordable housing they can own

www.habitat.org

Mountainside House Teen Center

802-228-7783 Males only

802 226-7500 Females only (Cavendish)

6 Mill Street

Ludlow, VT 05149

Shelter for homeless & runaway youth

Olde Windsor Village

802-674-2867

65 State Street

Windsor, VT 05089

Subsidized independent housing for seniors and younger disabled persons. Family units are also available.

Rockingham Area Community Land Trust

802-885-3220

90 Main Street, Suite 1

Springfield, VT 05156

Dedicated to helping people obtain and maintain quality affordable housing

www.raclt.org

Supportive Housing

802-885-3034

12 Valley Street #1

Springfield, VT 05156

Upper Valley Habitat for Humanity

802-295-1854

39 South Main Street

White River Junction, VT 05001

Upper Valley Haven

802-295-6500

713 Hartford Avenue

White River Junction, VT 05001

Shelter, food shelf, clothing room educational programs www.uppervalleyhaven.org

Upper Valley Housing Coalition

802-291-9100

104 Railroad Row

White River Junction, VT 05001

www.vitalcommunities.org

Vermont State Housing Authority

802-828-3295

Montpelier, VT 05602

To provide affordable housing to families in the Windsor County

www.vsha.org

Vital Communities

802-291-9100

104 Railroad Row

White River Junction, VT 05001

INFORMATION/REFERRAL/ADVOCACY

Child Care Consumer Concern Line

800-540-7942

www.dcf.state.vt.us

Council on Aging for Southeastern Vermont

800-642-5119

Business phone- 802-674-9152

Windsor, VT 05089

Case management, housing , state health insurance program, legal service, mental health , nutrition, senior companion, transportation, caregiver resources

www.coasvt.org

United Way

Information line 211

802-885-2833

866-652-4636

Call for information about local resources, schools, healthcare, financial assistance, and more.

www.vermont211.org

Vermont Associates for Training and Development, Inc.

1-802-885-1431 or 1-800-439-3307

56 Main Street, Suite 101

Springfield, VT 05156

Private nonprofit that provides training opportunities with public municipalities or non-profit organizations for 55 years of age, Vermont residents, unemployed, and low income. Training for 20 hours per week and earning a wage, individuals learn new occupational skills in preparation for obtaining employment.

www.vermontassociates.org

Windsor Connection Resource Center

802-674-2900

1 Railroad Plaza

Windsor VT 05089

Problem solving & crisis management, computers, food shelf referrals. A place to meet with agency providers. Telephone/fax/copier services.

www.wacp.info

LEGAL ASSISTANCE

Have Justice Will Travel

877-496-8100

Vershire, VT 05035

Legal assistance working with women on legal rights

www.havejusticewilltravel.org

Public Defenders Office of Windsor County

802-295-6200
128 Gates Street
White River Junction, VT 05001

Vermont Law School Legal Clinic

800-227-1395
South Royalton, VT 05068
www.vermontlaw.edu

Vermont Legal Aid

802-885-5181/800-769-9164
56 Main Street, Suite 301
Springfield, VT 05156
Health care, individual rights, financial exploitation, housing, benefits, and discrimination.
www.vtlegalaid.org / www.vlawhelp.org

Vermont Protection and Advocacy Board

800-834-7890
141 Main Street
Montpelier, VT 05602
Provide legal services for people with disabilities and mental health issues Information and support.
www.vtpa.org

Windsor Town Office

802-674-5610
Union Street
Windsor, VT 05089
The Town Clerk's Office offers a notary service. You must have a identification for this service

LIBRARIES

Hartland Library

802-436-2473
Hartland, VT 05048
www.hartland.govoffice.com

Town of Weathersfield Proctor Library

802-674-2863
Weathersfield, VT 05030
www.weathersfieldvt.org

Windsor Public Library

802-674-2556
43 State Street
Windsor, VT 05089
www.windsorlibrary.org

MEDICAL RESOURCES

AIDS

800-882-2437
TDD 800-319-3141
Acorn 603-448-8887
2 Blacksmith Street
Lebanon, NH 03766

Transportation to appointments, respite care, hospital visitation, distribute food, information on state and federal benefits
www.acornvtnh.org

Alzheimer's Helpline

800-272-3900
172 Main Street
Barre, VT 05641

Support groups, respite, Safe Return, education, and caring companion
www.alz.org

Alzheimer's Support Group

802-674-6609
Windsor, VT 05089

Supporting families living with a loved one that has Alzheimer's
www.cedarhillccc.com

American Cancer Society

800-ACS-2345 (800-227-2345)
TTY 866-228-4327

Information on treatment, programs, funding support programs, and services
www.cancer.org

American Diabetes Association

800-DIABETES (800-342-2383)

The American Diabetes Association provides information about diabetes, nutrition, and weight control

www.diabetes.org

American Heart Association

800-242-8721

Information on heart attacks, strokes, and how to keep your heart healthy

www.americanheart.org

American Red Cross

802-295-3635

The Red Cross provides disaster relief. Provides shelter, food, health, and mental health services to those affected by disaster.

www.redcross.org

American Stroke Association

888-478-7653

Information on strokes and how to reduce your risk of stroke and make positive lifestyle changes

www.strokeassociation.org

Dartmouth-Hitchcock Medical Center

603-650-5000

Lebanon, NH 03766

To provide high quality health care and comfort to the ill. Prevent illness among the well and to advance healthcare through education research.

www.dhmc.org

Department of Veterans Affairs, VA Benefits

800-827-1000

For information on veterans healthcare or other benefits. Burial and memorial information.

www.va.gov

Division for the Blind and Visually Impaired

800-356-1526

To support the efforts of Vermonters who are blind and visually impaired to achieve or sustain their independence.

www.dad.state.vt.us/dbui

Down Syndrome National Information Line

800-221-4602

To support people with Down's Syndrome and their families through education, research, and advocacy

www.ndss.org

Eldercare Locator

800-677-1116

To help people locate aging services in every community. www.eldercare.gov

Elder Wise

877-347-1419/802 296-3113

5 South Street, White River Junction, VT 05001

Elder Wise provides friendship, prepare and share meals, light housekeeping and laundry, and take clients to appointments or just out for the day.

www.elderwiseinc.com

Healing Arts Clinic

802-674-7037

County Road

Windsor, VT 05089

Massage therapy, Acupuncture, Raki, Naturopathy, Chinese Medicine, Wellness Counseling, Psychotherapy, Kinesiology, Expressive arts

Hospice Program, Mt Ascutney Hospital

802-674-7144

Windsor, VT 05089

To help you meet your needs and to support you in your final days of your life. To provide you with comfort, respect, joy, and support.

www.mtascutneyhospital.org

Ladies First

800-508-2222

TDD: 800-319-3141

A health-screening program for Vermont women particularly related to annual exams, mammograms, heart disease, screening, and blood test. This program is federally funded through the Department of Health

www.ladiesfirstvt.org

Mount Ascutney Hospital and Health Services

802-674-6711

289 County Road

Windsor, VT 05089

Services include medical and surgical inpatient care, emergency and outpatient treatment, psychiatric and rehabilitation services, health promotion and education, outpatient, pediatric, adult, and family psychiatry, and other specialty services. www.mtascutney.org

Planned Parenthood

Claremont NH 603-5422-4568

Springfield VT 802-885-4701

West Lebanon, NH 03784 603-298-7766

Annual exams, birth control, menopause and other services on sliding scale pay basis

www.ppnne.org

Shriners Hospital

800-237-5055

Care for burned and or disabled children

www.shrinershq.org

Vermont Department of Health

802-885-5778

Immunization clinics, Healthy Baby Program, WIC, and nutrition education

www.healthyvermonters.gov

Visiting Nurses Association & Hospice of VT and NH

Admissions/Referrals: 800-575-5162 TDD: 800-735-2964

Business Office: 888-300-8853

Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need regardless of the patient's ability to pay.

www.vnavnh.org

Windsor Community Health Clinic

802-674-7213

Windsor VT 05089

Serves members of the community who are not covered by Medicaid, VHAP, and private insurance. Also those who do not have the financial resources to pay for health care services

www.mtascutneyhospital.org

MENTAL HEALTH

(CZMI) VT Graduate School of Psychoanalysis

802-674-2111

1 Railroad Avenue

Windsor, VT 05089

Works with couples, adults, and children on problems in relationships, work, or school. Also emotional related problem such as stress, anxiety, anger, depression, obsession, or addiction

www.bgsp.edu

Health Care & Rehabilitation Services (HCRS)

802-674-2539

888-888-5144 for intake

800-622-4235 for crisis

Psychiatric service, psychotherapy services, case management, residential services, peer support, and substance abuse services.

www.hcrs.org

NURSING AND RESIDENTIAL CARE HOME

Cedar Hill Health Care Center

802-674-6609

92 Cedar Hill Drive

Windsor, VT 05089

Cedar Hill offers a continuum of care from independent and assisted living to skilled nursing and rehabilitation care.

www.cedarhillccc.com

Gilbert F. Davis Home for the Aged

802-674-5300

Windsor, VT 05089

A home like atmosphere for residential care

Historic Homes of Runnemed: Cox, Evarts, and Stoughton House

802-674-6733

Windsor, VT 05089

A home like atmosphere supporting maintaining residences independence

www.hhronline.org

Mount Ascutney Hospital Nursing Home Facility

802-674-7202

County Road

Windsor, VT 05089

A facility for long-term care, short-term care, personal care, and activities

www.mtascutney.org

Olde Windsor Village

802-674-2867

65 State Street

Windsor, VT 05089

Subsidized independent housing for seniors.

Visiting Nurses Association & Hospice of VT and NH

Admissions/Referrals: 800-575-5162 TDD: 800-735-2964

Business Office: 888-300-8853

Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need, regardless of the patient's ability to pay.

www.vnavnh.org

PREGNANCY

Care Net Pregnancy Program of the Upper Valley

603-542-4747

32 Opera House Square

Claremont, NH 03743

Hannah House

603-448-5339

PO Box 591

Lebanon, NH 03766-0591

Hannah House provides residential support services for pregnant and parenting youth in New Hampshire and Vermont as well as local outreach to pregnant and parenting teens that live in the Upper Connecticut River Valley.

PROBATION AND PAROLE

PPO Joseph C. Sampsell

Springfield Probation & Parole

100 Mineral Street, Suite 102

Springfield, VT 05156

Tel: (802) 885-8998

Fax: (802) 885-8800

e-mail: joe.sampsell@ahs.state.vt.us

RECREATION AND FITNESS

Ascutney Mountain Resort Sports and Fitness Center

802-484-3511

Route 44

Brownsville, VT 05037

Indoor and outdoor pool, hot tub, cardiovascular exercise room, aerobic studio, racquetball, tennis court, bike rental, instructional programs, and classes

www.ascutney.com

Hartland Recreation Center

802-436-2790

Route 5

Hartland, VT 05048

Programs for adults and youth sports, karate, dog obedience, and many more

www.hartland.govoffice.com

Mt. Ascutney Hospital and Health Center

802-674-7287

289 County Road

Windsor, VT 05089

Miller Exercise Pool and Physical Therapy Dept.

www.mtascutney.org

Paradise Park

County Road

Windsor, VT 05089

Series of trails for snowshoeing and skiing through mature forest, along a stream, and around the fields and shoreline adjacent to Lake Runnemedede.

Windsor Recreation Department and Community Center

802-674-6783

Windsor, VT 05089

Our outside facilities are located at the fair grounds. This includes basketball & tennis courts, softball & little league baseball field. There is a picnic area and trails for hiking, cross-country skiing or running

www.vermont-towns.org/windsor/rec2.html

RESTORATIVE JUSTICE

Springfield Restorative Justice Center

802-885-8707

Springfield, VT 05071

Our programs include juvenile pre-charge, reparative probation, family or group conferencing, mediation, victim assistance programs, and offender re-entry programs.

SENIOR CITIZENS

(Other services for seniors are integrated into other categories)

Council on Aging for Southeast Vermont

802-885-2655
56 Main Street
Springfield, VT 05156

Ronald P. Ceppetelli, LICSW

802-674-7093
Windsor, VT 05089

Consultation with families and professionals concerning the psych-social process of aging. Adults living together; living and working with difficult people. Emotional and mental health establishment

E-Mail: rceppete@comcast.net

Lifeline Personal Response and Support Services

800-451-0545
800-380-3111

Personal response system. Press the personal help button and Lifeline's emergency response service goes into action.

www.lifelinesys.com

Meals on Wheels/Senior Helpline

800-642-5119

This programs offers well balanced meals for seniors or others recovering from an illness, homebound, or unable to cook. Meals on Wheels offers hot meals five days a week with frozen meals available for weekends and holidays

www.coasevt.org/services_nutrition.html

Medicare

800-633-4227

Information about benefits, help with questions about Medicare Part D and prescription coverage

www.medicare.gov

Social Security

800-772-1213
802-775-0893
TTY 802-773-3203

This program pays retirement, disability, and survivors benefits to workers and their families and administers the supplemental security income program. They also issue social security numbers

www.ssa.gov

Vermont Associates for Training and Development, Inc.

1-802-885-1431 or 1-800-439-3307
56 Main Street, Suite 101
Springfield, VT 05156

Private nonprofit that provides training opportunities with public municipalities or non-profit organizations for 55 years of age, Vermont residents, unemployed, and low income. Training for 20 hours per week and earning a wage, individuals learn new occupational skills in preparation for obtaining employment.
www.vermontassociates.org

TRANSPORTATION

Connecticut River Transit

802-460-1195

706 Rockingham Road
Rockingham, VT 05101

Transportation to and from medical appointments for people who are age 60 and older, disabled, or on Medicaid (they would like a 2 day notice)

www.crtransit.org

Good News Garage

877-448-3288

Burlington, VT 05401

Helping people get good quality and reliable transportation. There are guidelines. Please call.

www.goodnewsgarage.org

Vermont Department of Motor Vehicles

802-885-5273

100 Mineral Street
Springfield, VT 05156

Licenses, permits, ID's, forms, registration, and information www.aot.state.vt.us/dmv

VIA- Volunteers in Action

802-674-5971

Windsor, VT 05089

Provides rides to medical, hair appointments, or shopping.

Vital Communities Transportation

802-291-9100

104 Railroad Row
White River Junction, VT 05001

www.vitalcommunities.org

Working Wheels

802-885-6153

This program is through SEVCA for people that need help with car repairs or car loans for transportation for employment

www.sevca.org

VETERANS

Department of Veterans Affairs, VA Benefits

800-827-1000

For information on Veterans healthcare or other benefits. Burial and memorial information.

www.va.gov

VOLUNTEERING

Green Mountain RSVP (Retired and Senior Volunteer Program)

802-885-2038

199 Union Street

Springfield, VT 05156

RSVP offers interesting and meaningful volunteer opportunities to persons who are 55 years of age or better and who are eager to do something that makes a difference in their communities.

RSVP committed to tap the skills and experience of seniors by matching their talents an interest with the significant need of local non-profit community organizations. Volunteer as often as you'd like, according to your schedule.

www.seniorcenterts.org/rsvp.html

Volunteers in Action

802-674-5971

Windsor, VT 05089

Looking for people to do volunteer work with the community such as providing rides. Seniors volunteer for many organizations in Windsor area including Mt. Ascutney Hospital and Health Center

Windsor Connection Resource Center

802-674-2900

1 Railroad Plaza

Windsor, VT 05089

The Resource Center is always looking for volunteers to fill in when needed and help with upkeep of building.

OTHER ASSISTANCE

United Development Services

603-448-2077

85 Mechanic Street

Lebanon, NH 03766

Disabled assistance

Upper Valley United Way

603-448-2766
10 Bank Street
Lebanon, NH 03766

Vermont Catholic Charities

802-773-3379
2 ½ Center Street, Ste 5
Rutland, VT 05701

Vermont Association for the Blind & Visually Impaired

802-254-8761
32 Park Place, Ste 1
Brattleboro, VT 05301
Assistance for the blind or visually impaired

Visiting Nurses Association & Hospice of VT and NH

Admissions/Referrals: 800-575-5162 TDD: 800-735-2964
Business Office: 888-300-8853

Offers a full array of traditional and high-tech home health and hospice services. Available to all in medical need, regardless of the patient's ability to pay.

www.vnavnh.org

IF YOU CAN'T FIND IT HERE, PLEASE DIAL 211. THIS IS A PRIMARY SOURCE FOR ALL LOCAL AND STATEWIDE RESOURCES.

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PUBLIC SAFETY NUMBERS

For Emergency Assistance Call 911. Give exact location, name, street, and type of emergency. Please stay on the line.

Non-Emergency Numbers

TOWN	POLICE	FIRE	TOWN GARAGE
Cornish, NH	603-543-0535	603-675-2221	603-675-2205
Hartland, VT	802-457-1416	802-295-3232	
Plainfield, NH	603-643-2222	603-643-2222	603-469-3240
Weathersfield, VT	802-674-2185	802-674-6869	802-263-5272
Windsor, VT	802-295-9425	802-295-9425	802-674-6000
West Windsor, VT	802-295-9425	802-295-9425	802-484-5044

Town and Municipal Numbers

TOWN	TOWN CLERK	LIBRARY	RECREATION DEPARTMENT
Cornish, NH	603-675-5207	603-543-3644	N/A
Hartland, VT	802-436-2119	802-436-2473	802-436-2790
Plainfield, NH	603-469-3201	603-675-6866	N/A
Weathersfield, VT	802-674-2626	802-674-2863	N/A
Windsor, VT	802-674-6786	802-674-2556	802-674-6783
West Windsor, VT	802-484-7212	802-484-7205	N/A