



## Daring to Care Program

Dear Parent and Student,

If you are interested in the Daring to Care Program please print and complete the attached application.

Mt. Ascutney Hospital and Health Center  
c/o Staff Education Dept.  
289 County Road  
Windsor, VT 05089

You will be notified at least two weeks prior to the start of class pf acceptance into the program.

The first week we will meet Monday through Thursday for 3 hours to learn the basics of volunteering in the healthcare setting and about the various healthcare careers. Once students have completed the classes, they will be assigned a Volunteer/Job Shadowing Rotation.

The rotations will be once a week for an hour and a half. Students will have the opportunity to job shadow and provide assistance to patients on the Rehabilitation Center or Acute Care Unit in addition to volunteering at Historic Homes of Runnemedede to work with elderly residents.

Should you have any questions you may contact Robin Hakala at (802) 674-7189 or email [robin.hakala@mahhc.org](mailto:robin.hakala@mahhc.org).

## Daring to Care Application

Student should complete the application and obtain parent/guardian signature.

Name \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_

Address: \_\_\_\_\_

Phone/Cell #: \_\_\_\_\_ School: \_\_\_\_\_

**Food Allergy:** \_\_\_\_\_

1. Why are you interested in the Daring to Care Program?

2. What do you expect to get out of the program?

3. What are your future goals?

4. What other commitments do you have in addition to your school work? (clubs, sports, job, home responsibilities such as babysitting)

5. Do you anticipate any issues that may create conflict in attending ALL the classes?

Scrub shirt size (circle):      XS          S          M          L          XL          XXL

Student Signature: \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian – Phone/Cell # \_\_\_\_\_ email: \_\_\_\_\_



## Parents Fact Sheet

The student should complete the application and obtain parent/guardian signature as permission to participate in the program.

Applicants are encouraged to submit their application ASAP as class sizes are limited. Our goal is to present at least two sessions each year. Students are encouraged to apply when they clearly have the time to commit to the program (September through March sessions).

Complete TB/Manoux testing and flu vaccine prior to the first day of class. If you wish to have these administered here, they will be provided on the first day of class. If they are done elsewhere, we will need copies of documentation by the first day. Please complete the attached consents allowing your child to have TB testing and the flu vaccine if you would like them to receive it at the hospital.

If your child is seen at MAHHC, a consent can be signed allowing us to obtain TB/Manoux testing and flu vaccine information and you will not need to send documentation.

Please complete the consent for Photography and return on the first day of class.

The program begins with class sessions lasting 2 to 3 hours each. Topics will include confidentiality, infection control, patient safety, empathy, integrity, communication, overview of healthcare careers and more.

The 2<sup>nd</sup> portion allows for 12 hours of volunteer and job shadowing experience at the hospital and at the Historic Homes of Runnemedede.

During the classroom sessions you may wear what you wear to classes at school.

At the completion of the classes, students will receive a scrub shirt which is to be worn during the 2<sup>nd</sup> portion of the program.

Please wear nice casual pants which may be black, navy, brown, or khaki. No jeans, workout clothes, jeggings, or yoga pants are allowed when volunteering.

Students must wear close toe shoes with a rubber sole.

Students will receive a card of completion which is valid for 2 years in AHA Heart-saver First Aid CPR AED Course.

Transportation is not provided to and from the hospital or to the Historic Homes of Runnemedede.

Students are expected to be respectful and professional at all times.

Classroom hours will count toward community service as you are learning skills to be a volunteer in the healthcare setting.

Note\* Summer schedule for volunteering will provide 12 hours of volunteer time – and has multiple time slots to help accommodate summer vacations.