



Mt. Ascutney Hospital  
and Health Center  
Dartmouth-Hitchcock



## REHABILITATION PERFORMANCE INFORMATION

# The Rehabilitation Center at Mt. Ascutney Hospital and Health Center

For more than 25 years, Mt. Ascutney Hospital and Health Center has been widely recognized and respected for its comprehensive and compassionate rehabilitative care. Our inpatient and outpatient Rehabilitation and Physical Medicine Programs are the first choice of hospitals and health care providers throughout Vermont and central New Hampshire for their patients who need intensive or ongoing rehabilitation care. One of only two major acute rehabilitation programs in Vermont, we continually strive to offer the most advanced facilities and patient-centered services.

MAHHC is the only  
CARF accredited  
facility in Vermont



## LATEST ACUTE REHABILITATION PERFORMANCE STATISTICS

(1/1/19 – 12/30/19) **246** patients served, **243** were first time Acute Rehabilitation Patients

### LENGTH OF STAY

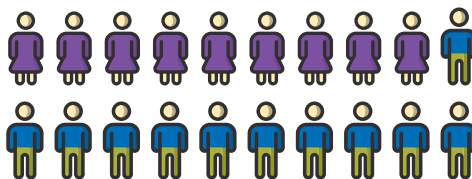
**12 days:** average length of hospital stay for Acute Rehabilitation patients

**3 hours:** treatment /day average (15 hours/week)



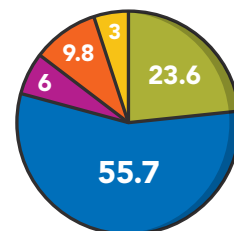
### GENDER

**44.7%** Female **55.3%** Male

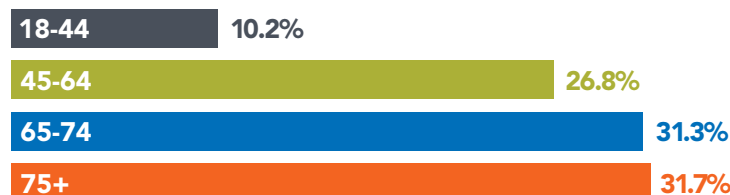


### INSURANCE

**23.6%** Commercial  
**55.7%** Medicare  
**6%** Medicare Advantage  
**9.8%** Medicaid  
**3%** Other



### AGE



### DISCHARGE STATISTICS

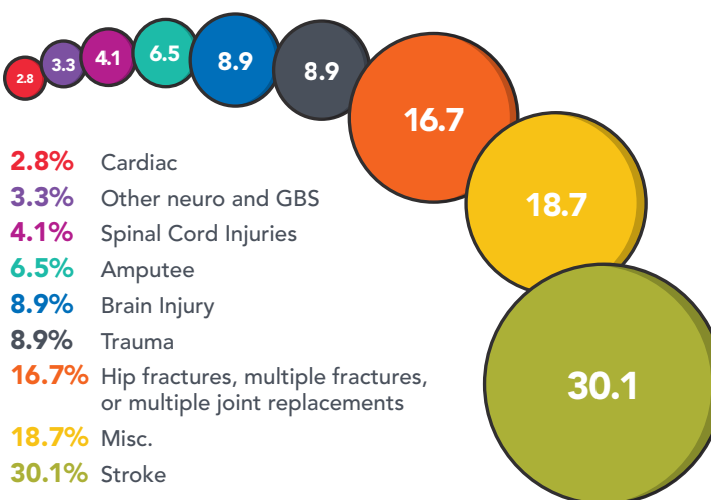


**80.1%** of patients go home to the community  
**6.5%** are relocated to our acute unit or to an affiliate location for further medical needs  
**13.4%** go to long term care or other assisted living

% OF PATIENTS GOING DIRECTLY HOME TO THE COMMUNITY



### DIAGNOSES



CASE MIX: **1.44**



### GOAL ACHIEVEMENT

**96%** of patients were prepared for discharge.

Data gathered when performing follow-up calls to discharged patients.



### FUNCTIONAL IMPROVEMENT

**80%** of patients exceeded national bench mark for improvement in **self-care**.

**80%** of patients exceeded national bench mark for improvement in **mobility**.



### SATISFACTION

**97%** of patients surveyed were satisfied with their stay.

**87.5%** would recommend the facility.

**82.5%** overall rating of facility.

Latest Revision: September 2020

Your rehabilitation and recovery will require hard work, persistence and patience. At Mt. Ascutney Hospital, we're committed to helping you reach your highest level of recovery. We offer the latest technologies and services to meet your needs and your own personalized team of skilled specialists from diverse disciplines to support and encourage you at every stage along the way.