

Mental Health Resource Directory

Agencies

Mental Health Provider	Address	Telephone	Specialty Care	Ages Served	Insurance Accepted
Health Care Rehabilitation Services of Southeastern of Vermont HCRS: <i>(Only VT Residents)</i>	Hartford Regional Office: 49 School St., Hartford, VT 05047 Springfield Regional Office: 390 River St., Springfield VT 05156	Hartford: (802)295-3031 Springfield: (802)-886-4500	Comprehensive behavioral services for individuals, families and groups	All Ages	Takes Medicaid
Deer Creek Psychological Associates	Offices in WRJ, Hanover, Lebanon, and Grantham	(802) 785-2903	Individual and family therapy Psychological evaluations for intellectual, academic, personality, and behavioral problems.	All Ages	Takes Medicaid
Otter Creek Associates	11 Beaver Meadow Rd., Norwich, VT	(802) 865-3450	Individual, couples, group, and family therapy, consultation, evaluations, psychiatric services and medication management	All Ages	Takes Medicaid
Artistree	2095 S. Pomfret Rd., S. Pomfret, VT	(802) 457-3500	Music therapy, Expressive Art Therapies	All Ages	
Dothan Brook Associates	2458 Christian St., Ste 214, Wilder, VT 05088	(802) 356-9393	Individual, Family and Group Counseling	All Ages	
Mt. Ascutney Hospital and Health Center	289 County Road, Windsor VT 05089	(802) 674-7300	Prescribing providers for all ages, Individual, couples, and family therapy	All Ages	Takes Medicaid
Dartmouth-Hitchcock Medical Center	One Medical Center Dr., Lebanon, NH 03756, Fifth Floor, Reception 5D	Psychiatric Emergencies: (800) 556-6249, press 7 (24 hours, 7 days a week) Adult and Child Psychiatry: (603) 650-7075	Comprehensive Behavioral Health Care	All Ages	Takes Medicaid
Counseling Associates	251 Elm St., Claremont, NH 35 Newport Rd., New London, NH 2 Buck Rd., Hanover NH	(603) 865-1321	Behavior Therapy for all ages, individuals, families, couples and groups	All Ages	Takes Medicaid
Victory Care Associates LLC	24 Opera House Sw. Ste 210, Claremont, NH 03743	(603)-632-3700	Mental Health Services, supports religion belief into therapy	All Ages	Takes Medicaid
West Central Behavioral Health: <i>(NH Residents Only)</i>	Lebanon: 85 Mechanic St. Claremont: <i>Adult Outpatient:</i> 52 Pleasant St. <i>Child & Family:</i> 130 Pleasant St. <i>Substance Use:</i> 215 Elm St. Newport: <i>Child & Family:</i> 71 Belknap Ave. <i>Adults Residential:</i> Arbor View, 163 Summer St.	To schedule an apt: (603) 542-5128 Lebanon: (603) 448-5610 Claremont: <i>Adult Outpatient:</i> (603) 542-2578 <i>Child & Family:</i> (603) 542-5449 <i>Substance Use:</i> (603) 690-9080 Newport: <i>Child & Family:</i> (603) 863-1951 <i>Adult Residential:</i> (603) 863-1785	Comprehensive behavior health services for children, adults and families.	All Ages	Takes Medicaid

Individual Licensed Provider

To find an individual Licenses Mental Health provider you can:

- Go to psychologytoday.com/us where you can search mental health providers that specialize in your need.
- Talk to your Primary Care Provider about referrals or help finding a therapist.
- Reach out to your local Community Health Team to review options in finding a mental health provider. Woodstock area (802) 457-5414, Windsor area (802) 674-7437.