WINDSOR HSA COMMUNITY COLLABORATIVE MEETING MINUTES APRIL 21, 2021

~WebEx chat noted in italics~

1. WELCOME, INTRODUCTIONS, UPDATES AND REVIEW OF MISSION		
Agency and	Updates and Resources	
Attendance		
BAYADA:	Alaina shared that the team continues to grow, and they have an all-time	
Alaina Legere	high census, which is really exciting as it's an indication of more care in	
Heather Welch-	the community and an understanding of the benefits for hospice are	
Smith	beginning to shift.	
	from Alaina Legere to everyone: 8:06 AM	
	Alaina Legere, Community Liaison RN with Bayada Hospice in Norwich	
	VT: ALegere@bayada.com, 802-526-2380	
BLUEPRINT:	No updates	
Thomasena Coates		
CEDAR HILL:	Linda shared that they are finally open to indoor and outdoor visits if	
Linda Quinlan	weather permits. This has received great enthusiasm, and it's nice to see	
	reunions for families and residents.	
MAHHC:	Courtney shared that the Strengthening Families Workgroup (SF) has a maritime set $f_{\rm ext}$ (GeS) magnetic	
Dr. Kimberly	positive outlook. They held their first Circle of Security (CoS) parenting	
Aakre	group yesterday. This group supports families concerns and the class	
Jenna Austin, MSW	went smoothly without a hitch.	
Mary Boardman	Dr. Marasa shared that MAHHC ED is still actively treating opioid	
Brenna Heighes	patients in the Emergency Room with medically assisted opioid	
Jennifer Joy	treatment.	
Dr. Ivan Levin		
Jill Lord	Carla shared that the Ottauquechee Pharmacy will be opening on May	
Dr. Richard	17 th . Carla offered kudos to Springfield Supported Housing Program for	
Marasa	all their work in supporting those in need of housing.	
Courtney McKaig	Carla shared that those in a motel in Bellows Falls, only 3 out of 20	
Alexandra Morley	accepted the COVID vaccine. Carla also wanted to recognize Donna	
Alice Stewart	Burns from HCRS for working with complex case. Carla shared the	
Amy Swarr	following housing stats as of March 18th- April 19th:	
	• # of ppl housed-	
OHC:	• 2 clients from Motels to permanent housing. (3 adults/10	
Carla Kamel	children)	
	• 0 household moved from Motel to SSHP Shelter units (0	
	adults/0 children)	
	 # of client's supported by SSHP within the Motel- 69 Households (84 adults/22 children) 	
	 Shelter- 12 Households-(16 adults/6 children) 	
	 # of client's Case Managed who are not literally homeless- 	

	= 16 Hence halds (10 odults/27 obildren)
	 16 Households (19 adults/27 children) # of ppl referred for the month-
	• # of ppi referred for the month- \circ 6 Households
	Total # of clients supported by SSHP-
	• # of Vouchers-
	24 received + 4 new CARES Vouchers +RRH voucher
WOUG	Samantha shared there are insurance agents that have been contacted by
WCHC:	patients Medicare plans, calling patients and removing them from
Samantha Ball	traditional plans, and getting on Medicare Advantage plans. Many
	patients have been removed from Vermont plans which pay 100% of
	copays, and then started getting co-pays.
	from Mark Boutwell to everyone: 8:26 AM
	With regard to the switch to Medicare Advantage plans, the Senior
	Solutions' Helpline Medicare specialists can also assist in getting people
	reinstated. 1-866-673-8376
	from Alaina Legere to everyone: 8:27 AM
	Thank you Mark and Samantha for bringing up and discussing the topic
	of Medicare Advantage plans. This has come up a few times for some of
	our clients and I appreciate the additional resources.
OHF:	Tayo reported that they have seen an increase in grant requests. There's
Tayo Kirchof	been 10,000 more than this time last year. During COVID, there was a
Tayo Kitchor	low period, however health and wellness needs that people can't pay for
	have increased.
SASH:	No updates
Molly Bennett	
SENIOR	Mark expressed his gratitude for his partnership with MAHHC and
SOLUTIONS:	advocacy from Jill Lord. Mark shared there is a grant through the
Mark Boutwell	National Council on Aging providing outreach to assist seniors for
	signing up for benefits, subsidies, food stamps, etc. Tracy Blanchard is
	the Outreach Specialist, and also lives in Windsor. Mark is grateful to
	WCRC who has offered Tracy office space. Tracy will be at WCRC on
	Fridays 10a-12n. She can assist Vermonters 65+ to sign up for eligible
	benefits.
VDH:	Jan shared she has been doing vaccine contact tracing for schools and
Jan Eberly	businesses. 550 people have been vaccinated. They will be switching
Rudy Fedrizzi	from Moderna to Pfizer.
Becky Thomas	
	Rudy shared a funding opportunity. The CDC Health Disparities Grant
	provides money to community partner agencies. The application deadline
	is the end of today. The application completion includes how your
	agency will use the money to reduce health disparities. Reach out to
	Becky or Rudy with questions. Jill will forward the email she received
	from Rudy. Rudy shared there is a VDH Data Brief on how vaccine
	uptake for children has been impacted. Windsor County is 1 of 3

	counties that had the largest drop in childhood vaccinations. Are children getting vaccinated on NH side and not getting recorded in VT? Rudy, Jill and others taking a deeper dive into is causing this phenomenon.		
	from Courtney McKaig to everyone: 8:18 AM		
	Maybe put LINK in the Chat?		
	from Becky Thomas to everyone: 8:25 AM		
	Here is the CDC Disparity survey link:		
	https://docs.google.com/forms/d/e/1FAIpQLScJNH9iNkfKbH43VawdeH		
	1AZFvHskD14HZfMvX4cDrqaqmDFw/viewform		
VNH of VT/NH:	Hilary reported that the vaccination numbers are also increasing. They		
Hilary Davis	have coordinated 400 homebound vaccines. Hilary also reminded the		
Terrence Hyland	group to complete the CHNA surveys to receive feedback regarding the		
5	health needs of the community.		
OneCare VT			
Liaison			
Jean Warner			
WSESU:	Dr. Baker expressed his gratitude and thanks to all the healthcare		
Dr. David Baker	providers, HCRS and the schools for all of their dedication to improving		
	health in the community.		
2. MINUTES A	2. MINUTES APPROVAL – The minutes of January 20, 2021 were approved as written.		

3. HIGHLIGHT ON QUALITY – Windsor Southeast Supervisory Union, David Baker

Dr. Baker spoke about the challenges the schools faced this year. Each district had to come up with a school plan last summer. This includes members of MAHHC and Pediatrics on the committee. Dr. Baker shared that Dr. Bender has continued to stay on the committee offering advice as needed. These partnerships that have grown out of a passion for caring and the local Supervisory Unions have formed the motto, "Stronger together." It was a tough summer, but the schools created a good plan going into the fall. All students who wanted to be in school, were in school (option for remote). The district decided not to go with hybrid model, and to have as many students in as possible. Students being in person can create a lot of anxiety among the hearts and minds of families, kids, and teachers. It can be hard to imagine a 5yo and 16yo wearing a mask all day, but this was successfully done! The students were provided mask breaks, and time outside. This success is a tribute to families in this community for stepping up. There were some, but very few quarantine groups. Most of these transmissions occurred outside of the school building, not inside.

The district is currently looking at data for recovery plan, academic, social, youth risk, and attendance. Dr. Baker is optimistic for a good summer. Dr. Baker shared his appreciation the staff and all who work with us. All agreements were made and kept for a smooth school year. They will be working through the mitigation stage, working hard on schedules for next year. They helped to develop a model of organizing children in pods, which seemed to work well for the kids and teachers. This reduced the physical transition and movement around building, which supports social distancing, especially if transitioning all together. This inhibited negative student behaviors which went down about 80-90%, with only a handful of bullying and harassment and complaints this year. The school will try to continue this model next year.

Dr. Baker shared that their Strategic Plan went through a 2-year process right before COVID hit. A group of 60-70 community members, went through a planning phase to guide work for the next 3-5 years. There's an effort in all schools for equity and racism. The Supervisory Union is committed to this initiative. Staff have been courageous looking at programs, practice and culture to make all welcome and comfortable as part of social and emotional wellness. There will be racism and anti-bullying policies written. There is also an Internal taskforce of about 30 people, staff, administrator, families. All districts in this area are moving in this direction. State of VT has been great with direction, and money coming into local towns and schools for social/ emotional wellness and academic interventions. The Supervisory Union is looking at sustainable ways to spend the money. Dr. Baker expressed his thanks and gratitude for all who work together in this region as it is an incredible place to work. You can pick up the phone and have a first name conversation and he is counting his blessings.

from Courtney McKaig to everyone: 8:27 AM Kudos to WSESU for remaining open to students throughout the 2020-21 school year. from Tayo Kirchhof OHF to everyone: 8:30 AM Bravo! That is great news! from Courtney McKaig to everyone: 8:33 AM Amazing lessons learned from school/classroom/behavior management to carry forward. Silver linings... from Alaina Legere to everyone: 8:38 AM No questions, but thank you for the commitment to antiracism work!

4. **COMMUNITY HEALTH NEEDS ASSESSMENT (CHNA) SURVEY** –Within next week or so, you will receive an email with the survey link. Hope that you will give us your voice, and it only takes 10-15 minutes to complete the survey. When you receive the survey, please liberally send to your family, friends and distribution lists. The more voices, the more robust picture.

5. COMMUNITY HEALTH BENEFITS REPORT – Jill shared the Annual Report (*see attached*) and briefly discussed each section. Jill shared the following kudos to:

- Dr. Perras for bringing on more psychiatry support as more support is needed during this pandemic.
- Dr. Levin and clinic providers for SBIRT outreach-providing assessment for those coming into the hospital and then referring to resources.
- Dr. Aakre for the Medication Assisted Therapy group for moms.
- Dr. Marasa for his dedication to Substance Use Disorder recovery support, as he became a specialist in addiction medicine.

from Courtney McKaig to everyone: 8:53 AM

Thanks for including me in this group. Excellent updates and look forward to learning more about the work of this group. Headed off to meet with a family.

6. QUARTERLY DASHBOARD REVIEW-

HYPERTENSION – These numbers are not where we want to be and has suffered an impact from pandemic. However, the Collaborative Care Nurses in the clinic are working to bring this number down.

DIABETES – Good news! Thank you to Alex Morley- good results thanks to you! Work includes checking A1c before visit, reviewing refill policy, and following up with patients who may not have an appointment in the clinic.

SUD- Jill spoke about the collaborative work in the ED with our police, recovery coaches, and outreach after overdose. Whenever an overdose happens, recovery coaches and CVRS are contacted, and they follow up with patient and their families to offer support. Jill reported that there is now a Substance Use Disorder Narcan education booklet. Jill posed a challenge to the group to encourage folks to carry Narcan, which can save a life. MAHHC offers free Narcan through the ED free of charge to anyone. Families and people who use are also encouraged to carry Narcan.

SUD2 – Jill reinforced the great work by clinic providers around SBIRT Screening. Dr. Marasa added that the procedure to get Narcan is so simple and we welcome anyone who needs it. Dr. Marasa also reported that we are dramatically reducing the amount of prescription opioids people are getting. Opioids are generally "safer to take" than street drugs and they users know the dose and the amount they are taking. Our work with CVRS is wonderful speaking to other communities that this is rare. Patients who receive MAT induction in the ED are seen the next day by CVRS. Dr Lord and his group have been incredibly attentive; they have been available 100% of the time to see patients. Only one instance of a patient who didn't arrive the next day.

PREVENTION WORK – Jill shared the important work done to increase immunizations. And the need to continue quality improvement with both Flu and COVID-19 immunizations.

7. CARE COORDINATION- MAHHC is working hard with community partners to increase the number of OneCare Vermont patients we care for as a community team, working through the Care Navigator platform. It has been significant, so thank you.

8. **ANNOUNCEMENTS** – Dr. David Baker shared that the USDA is going to extend universal lunch through the entire academic year through next year. He is hopeful that it gives VT another year to help tackle food insecurity, which has become more of a necessity for folks who didn't need it before.

Respectfully recorded by,

Mary Boardman Administrative Assistant