Hypertension Care

Measure Definition
The percentage of patients 18 to 85 years of age with a diagnosis of hypertension whose blood pressure was adequately controlled (<140/90) at their last measurement. No measurement within twelve months is considered not in control. Measure is NQF 0018 (definition [here](#)). Note the NQF specs changed slightly from 2018–2019.

Source
Local clinical data from Mt. Ascutney Hospital and Health Center

Improvement Work
- Pandemic-related diet and activity changes have impacted chronic disease management.
- CCNs report success in helping most patients be within hypertension goal "within one to two visits"!
- PCPs documenting real-time values from patients’ trusted home monitors with a 'home BP' comment; do not count for this measure.
- Monthly data shows improvement of 11 percentage points, from January to June.
- Still an opportunity for improvement in use of BpTRU™ and documentation of second BP value before encounter note is closed.
**Definitions**

In chart A, “patients with diabetes” means patients with most recent A1c ≥ 6.5% at any time within reported 12 months.

In chart B, “patients with diabetes” are identified through an active diagnosis code in the Cerner EHR.

**Source**

Local clinical data from MAHHC Patients

† Reflects lack of reported data due to COVID-19

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**Improvement Work**

- Dr. Levin is leading this quality improvement process and working with clinic providers to implement it.
- CCNs have best practice order sets for labs, patient education, and follow-up.
- We continue to see the positive changes in both groups of interest.
- We have implemented the new Diabetic Medications Refill Policy with the goal to have every patient with diabetes be seen in the clinic at least twice a year.
- We are working to allow our providers at OHC to check A1c level before a patient’s encounter.

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Windsor HSA Community Collaborative | Priority Measures Dashboard | July 2021
Substance Use Disorder Statistics

A. Quarterly Opioid Related Fatalities for Windsor County Residents

Total Opioid Fatalities for 2020 is 28 - Up 215% from 2019

Vermont Key Points
- The number of opioid-overdose fatalities increased 115% between 2019 and 2020.
- Compared to 2019:
  - A higher percentage of fatalities were female.
  - A higher percentage involved fentanyl.
  - A lower percentage of deaths involved cocaine.

B. Monthly Recovery Coach Visits by Substance

Data Source: Turning Point Recovery Center of Springfield, Vermont, Inc.

Results by Referrals Made

<table>
<thead>
<tr>
<th></th>
<th>Grand Total</th>
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</thead>
<tbody>
<tr>
<td>Referrals Made</td>
<td>26</td>
</tr>
<tr>
<td>Agreed to meet with a</td>
<td>24</td>
</tr>
<tr>
<td>Recovery Coach</td>
<td></td>
</tr>
<tr>
<td>Agreed to receive</td>
<td>23</td>
</tr>
<tr>
<td>follow up calls</td>
<td></td>
</tr>
<tr>
<td>Were called by Coaches</td>
<td>23</td>
</tr>
<tr>
<td>Agreed to a referral</td>
<td>24</td>
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<tr>
<td>for additional support</td>
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Results by extended Quarterly Follow Up

<table>
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<tr>
<th></th>
<th>Grand Total</th>
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</thead>
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<td>Quarterly Follow Up</td>
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<tr>
<td>Responses</td>
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</tr>
<tr>
<td>Identified as still being in Recovery</td>
<td>4</td>
</tr>
<tr>
<td>Were called by Coaches</td>
<td>23</td>
</tr>
<tr>
<td>Still engaged with</td>
<td>4</td>
</tr>
<tr>
<td>Turning Point</td>
<td></td>
</tr>
</tbody>
</table>

Data Source: VDH ADAP Monthly Opioid Related Fatalities Update
**Substance Use Disorder Treatment**

A. Percentage of Patients (New Patients, Annual Exams, Well Visits) Who Received SBIRT Screening

![Graph showing percentage of patients receiving SBIRT screening]

<table>
<thead>
<tr>
<th>Month</th>
<th>MAPP-OHC</th>
<th>MAPP-GIM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nov 20</td>
<td>71%</td>
<td>48%</td>
</tr>
<tr>
<td>Dec 20</td>
<td>77%</td>
<td></td>
</tr>
<tr>
<td>Jan 21</td>
<td>96%</td>
<td></td>
</tr>
<tr>
<td>Feb 21</td>
<td>64%</td>
<td>71%</td>
</tr>
<tr>
<td>Mar 21</td>
<td>81%</td>
<td>67%</td>
</tr>
<tr>
<td>Apr 21</td>
<td>90%</td>
<td>83%</td>
</tr>
<tr>
<td>May 21</td>
<td>91%</td>
<td>91%</td>
</tr>
<tr>
<td>June 21</td>
<td>78%</td>
<td>72%</td>
</tr>
</tbody>
</table>

**PREVENTION**
- Community-level grants ($253,000)
- Environmental strategies/Town Policy efforts
- Increase drug disposal efforts (Drug Take Back, Envelopes)
- Health/wellness/prevention messaging
- Collaborative Problem Solving for School district
- Data Dashboard planning, grants and evaluation
- Health Disparities Needs Assessment and report
- Prevention digest and “For Your Health” TV shows

**INTERVENTION & TREATMENT**
- Data monitoring, dissemination, outcomes reporting
- Systematic SBIRT training
- Creation of Narcan Education booklet & distribution of CPR Masks
- Outreach After Overdose (Police, Fire, EMS, HCRS, Recovery)
- Hartford, Windsor & Springfield
- Hartford Overdose Awareness Vigil
- Rapid Access to MAT in ED – Springfield, Windsor, VA
- “We are Worthwhile” anti-self stigma campaign
- Mobile Syringe Services Programs
- Chronic Pain Consult Team (Windsor) and Workshops

**RECOVERY**
- Recovery Coaches in ED – Springfield, Windsor
- Recovery Ready Workforce initiatives
- Rides to Recovery, Springfield
- NA, AA, & Family Groups – Springfield, Hartford areas
- Turning Point Recovery Centers – drop in/safe haven
- Youth Based Recovery Services, Springfield
- Recovery Inclusive community events, outreach at food sites
- Point of access for “We Are Worthwhile” campaign

**Narcan Education**
- “Overdose Happens; Make A Plan” Narcan education booklet completed and widely distributed in the county.
- 10 doses of Narcan were distributed from the ED in the first two quarters of 2021, with an annual goal of 18.

**Rapid Administration of Medication (RAM) Through the Emergency Department**
- 5 doses were initiated in FY2020.
- 7 doses were initiated in FY2021 to date.

**Windsor County Efforts to Prevent Opioid Fatalities**

Across all segments there has been an intentional building of infrastructure/network of community partners.
MAHHC has administered a total of **12,122** doses of COVID vaccine between December 16, 2020 – June 18, 2021.

Vaccine administration for the community vaccine clinics as of June 18, 2021 – **9,137**

Vaccine administration for the 1a population of health care workers and essential personnel – **2,985**

Female 53.63%, Male 46.34%, Other 0.03%

MAHHC has been serving as a State of Vermont mass COVID-19 vaccination site and will be transitioning to administering COVID-19 vaccinations in the Primary Care clinic and is open to the community.