# WINDSOR HSA COMMUNITY COLLABORATIVE MEETING MINUTES JULY 21, 2021

~WebEx chat noted in italics~

1. WELCOME, INTRODUCTIONS, UPDATES AND REVIEW OF MISSION				
Agency and	Updates and Resources			
Attendance				
AHEC:	Susan reminded the team about the availability of UVM medical students			
Susan White	to job shadow, particularly in primary care practices. Medical students			
	are generally eager to learn and bring great energy to family practices.			
	AHEC would love to have students go to MAHHC and learn about the			
	role of the practitioners.			
BAYADA:	No Updates			
Heather Welch-				
Smith	N. II. I.			
BLUEPRINT:	No Updates			
Thomasena Coates	C (IIICDG)			
HCRS:	George reported HCRS is continuing to provide remote services, as well			
George Karabakakis	as in person appointments, as clients are coming back into the office.			
Karabakakis	There is a sharp rise in acuity in kids and families and folks in need in			
	general. This need is exacerbated by recruitment challenges. People are			
	making decisions that that had held off on. HCRS is doing everything possible to meet those challenges.			
маннс:	Carla enthusiastically shared that Ottauquechee Pharmacy is now open.			
Jill Lord	Smilin' Steve is going to complete home visits for medication			
Alex Morley	reconciliation. When they have a driver they will do free medication			
Brenna Heighes	home delivery. Carla shared the Woodstock Area Relief Fund held a			
Dr. Marasa	celebration last week. She reports the fund has raised \$772,000. (Carla			
Dr. Levin	will email full stats to Jill.) Carla shared a small group of stakeholders			
Jenna Austin	met for next steps for potential wave of emergencies, not specific to			
Melanie Sheehan	COVID and she will be meeting with folks from Billings Farm today			
Tanya Graves	regarding ways to support families.			
Jen Joy	from Melanie Sheehan to everyone: 8:05 AM			
Mary Boardman	Impressive efforts Carla!			
Courtney McKaig				
Alice Stewart	Dr. Marasa reported that since COVID started, overall volumes in the			
	ED have gone up significantly- increasing of 40% overall and up to 80%			
OHC:	other days. However, the number of suboxone patients is not going up.			
Carla Kamel	Dr. Marasa is very encouraged by the number of referrals to Dr Lord,			
TTT 4	and folks utilizing this resource.			
VIA:	Lill coknowledged that Tanya Graves is incluse to day from MALUIC For			
Anna Caputo	Jill acknowledged that Tanya Graves joined us today from MAHHC. For			
Amanda Smith	those of you who may not know, Tanya works in Finance as well as			
	working with OneCare and Care Coordination data.			

SASH:	Molly shared she has a few SASH panel spots open. The SASH panel				
Molly Bennett	caps at 100 participants, and she has room to add about 5-10 additional				
	participants.				
SENIOR	Mark shared Senior Solutions has been fortunate to hire more staff. 5				
<b>SOLUTIONS:</b>	people are starting between this week and next. A replacement was hired				
Mark Boutwell	for Mark's previous position, in addition to a manager and office				
	assistant. They have also hired a coordinator through a grant position.				
	They have been building a strong team with case management. All of				
	this is a little overwhelming at times, but also exciting.				
VDH:	Rudy shared VDH is hosting weekly COVID vaccine walk-in clinics				
Becky Thomas	Thursdays 1-4pm They are hiring a new position for Epidemiology for				
Rudy Fedrizzi	each district office to support COVID work going forward, and it will				
	also increase VDH data expertise to stay data-informed. WIC will				
Jan Eberly	continue to be virtual as TeleWIC through November, until young				
	children are able to be vaccinated.				
OneCare VT	No Updates				
Liaison					
Jean Warner					
WRFP:	Lisa shared it has been a challenging 18 months. They are trying to be				
Lisa Paquette	flexible, think out of the box and focus on school kids who have missed				
	their Well Child Checks and get their immunizations up to date. They are				
	going through rosters as a goal for next 2 months and she is not sure				
	what the school year will bring with masking and CDC requirements.				
WSESU:	See ESSER Grant discussion				
Dr. Baker					

- **2. MINUTES APPROVAL** –The minutes of April 21, 2021 were approved as written. Minutes unanimously approved.
- **3. COMMUNITY HEALTH MISSION, VISION AND GUIDING PRINCIPLES –** Jill verbally shared our mission (as previously shared) regarding the focus of our work. See below graphic.



#### 4. COMMUNITY HEALTH IMPLEMENTATION PLAN –

**2021 Community Health Needs Assessment** – Jill and Melanie shared the current status of survey demographic data. We will continue to collect data throughout the summer. We expect out completed report in early Nov. Jill thanked the group for their participation in the CHNA.

Category	2021 Performance Indicators	2018 Value	2021 Value Goal	Current Status
Mt. Ascutney				
Survey return	Increase 2018 CNHA return rate by 10% in 2021	1071	1178	1111
Age Groups	At least 25% of respondents are <45	18.5%	25%	31.6%
_	No more than 33% of respondents are $> 65$	43.5%	33%	24.7%
Income				
	More than 33% of respondents report <\$50K			
<\$50K	income	39.5%	33%	29.0%
> \$100K	Less than 25% of respondents are > \$100K More than 4% of	23.9%	25%	25.3%
Race/Ethnicity*	respondents are BIPOC	2.1%	4%	4.3%

Gender/Identity?	<b>*</b> *
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	More than 1% of			
Non-M/F	respondents are non-M/F	0.1%	1%	0.3%
	No more than 69% of			
Female	respondents are Females	73.0%	69%	68.6%
	More than 30% of			
Male	respondents are Males	26.9%	30%	27.4%

#### **Data Dashboard** – Context for data dashboard indicator survey:

Each year, the Community Health Department puts out a Community Benefits Annual Report which captures much of the good work of our programs, staff, and many community stakeholders. We share program outreach data, clinical quality dashboards, some statewide indicators, and much more.

This year, as a component of MAHHC's hospital strategic plan, the Community Health Department is working to organize and display these indicators and metrics in an online Data Dashboard (through a software license with Clear Impact, granted to us by DHMC Community Health).

Before we create the dashboard with all of the health indicators previously shared in the annual report, we thought it would be a good time to assess which indicators are most meaningful to our stakeholder groups and get input on what might be missing. Therefore, we have created a brief survey (taking about 4-5 minutes) to gather this input to help in our planning process.

The link is below and will also be sent out via email after meetings. We appreciate your time in providing your thoughts on this project.

https://mtascutneyhospital.surveymonkey.com/r/SGCGWTQ

Please, if you have any questions or thoughts, feel free to reach out to Melanie.sheehan@mahhc.org
Thank you!

## **5. ELEMENTARY AND SECONDARY SCHOOL EMERGENCY RELIEF GRANT (ESSER)**– Jill shared the definition of the ESSER Grant and reviewed the identified pandemic problems and the proposed strategic plan. (see attached breakdown)

Dr, Baker shared there are three parts to the grant- ESSER I, ESSER II, and ESSER III. The first two parts have been identified, but they are seeking stakeholder input for ESSER III. Dr. Baker asked our community partners for their thoughts and input. Dr. Baker praised Brittany Preston who is the coordinator for this grant. She is very thorough and put together a good team. Dr. Baker shared they are averaging a fair number of kids daily.

Courtney McKaig is part of the coordinating team for the ESSER Grant. Courtney took a moment to clarify the definition of "Reducing class size"- Courtney explained this is a short term strategy that this funding would support. This funding would support staff as education recovery is being addressed in addition to advocating for family outreach so they are included in the process. Emails will be going out with a link and documents to provide your written input. Thank you for any input to support this initiative. (Jill will forward after the meeting due to the short deadline)

Melanie identified the interconnectivity of the work between the Mt. Ascutney Prevention Partnership (MAPP) and the ESSER Grant – such initiatives include, MTSS at preschool, work with the school on social emotion learning, Collaborative Problem-Solving (CPS) which has a 2-3-year plan with the Couch Foundation. MAPP would be willing to write a letter of support for the ESSER Grant on behalf of MAPP.

Jill suggested as a Community Collaborative, we could write a letter of support. The school is an important partner and asset to the social and emotional health and well-being of students and it is important continue to our work together as a community. Completing the survey will help us better understand how to utilize the ESSER Grant funds to support our recovery plan and address the needs of our students and their families. Please complete the survey by clicking on the link below by August  $6^{th}$ :

Here is the link to the online survey: http://tinyurl.com/REC3-SURV

Dr. Baker added that it is always a competing interest between social/emotional and academic needs. Collaborative Problem-Solving (CPS) is woven in to the strategic plan. Dr. Baker encouraged the Community Collaborative to provide their important feedback through the survey. Jill will write a letter of support on behalf of the team, included discussion from today's meeting, key pieces of collaboration, as well as openness to continue dialogue and evolve as a critical partner. Thank you Dr Baker for your leadership!

6. HIGHLIGHT ON QUALITY – Jill shared the Opioid Fatalities for 2020 and sadly reported that Windsor County has the highest incidence of opioid fatalities as a county in the state. Jill shared the data regarding our response to opioid overdoses and fatalities. We have been working with the Hub and Spoke Program, Rapid Access to Medication Treatment (24/7 access to Recovery Coaches and Induction of Buprenorphine in ED), Drug Disposal Program, Take-Back Program, and our community partners; Addiction Specialist, EMS & Police, Mental Health Providers, Recovery Coaches, Syringe Service and the Vermont Dept. of Health utilizing best-practice strategies.

In addition, Jill reported for the last 4 years, Windsor has the lowest incidence of prescribing opioids in the state. Some believe there is a correlation between increased use of opioids and the decreasing in prescribing, however this does not mean we should increase prescribing, we just need to continue and increase our efforts. Jill noted the instrumental parts played in the opioid response by Chief Jennifer Frank and Kevin McAllister- if you see them THANK THEM!

from Melanie Sheehan to everyone: 8:52 AM

stigma campaign: www.weareworthwhile.org

Melanie shared that MAPP receives multiple grants from the State of Vermont to look at environment and messaging. Some of the campaigns include, Parent Up, Let's Talk Cannabis, limiting density of adult only retail outlets, working with retailers that sell alcohol or addictive substances, and involving community stakeholders that limit age of onset, or preventing Substance Misuse. There have been awards presented by the Prevention Center of Excellence to our community partners for best practice prevention, to protect from use and build healthy communities.

Jill thanked Rudy, Becky and their colleagues from the Vermont Dept. of Health for their timely monthly data showing opioid fatalities, and incidence of use of ER. This is vital information so we can arm ourselves with the work. Jill reminded the team of the "Overdose Happens- Have a Plan" primmer booklet which talks about what overdose is, what it looks like, how to use Narcan, what to do after Narcan administration and recovery resources. This booklet accompanies harm reduction packets where Narcan is given out, such as our ED. For the Outreach after Overdose program- the Police or EMS will call someone from the Peer Recovery Network. The person/user will be linked with HCRS, and a Recovery Liaison. The Recovery Liaison will go out to help the person where they are, their family, or whatever is needed or may be ready for, such as Rapid Access to Medication Treatment in ED.

Dr. Marasa added by sharing if a patient enters our ED with an issue related to SUD, Recovery Coaches who are sponsored through Turning Point, either on Zoom, or in person will respond promptly. If someone has SUD, they can be offered suboxone if they meet the criteria. The Emergency Room has partnered closely with Connecticut Valley Addiction Services (CVAS). If there are patients who do not want suboxone, but want to get into recovery, we are able to get them seen within 24hrs by Dr. Lord, or on Monday if it's a weekend. When a person is in crisis, the best time to get them motivated is in the ED. Dr. Marasa reported that since May of 2019, they had 11 patients and they all received care the following day from Dr. Lord. Dr. Marasa also reported that a challenge has been limitations to actual detox therapy; those services are sparse and more challenging to get someone into. This is something that is being worked on. Dr. Marasa reminded the team of the Narcan program, which we want to promote the distribution of. The State gives out Narcan, it is an extremely low bureaucratic process, anyone can get it, such as any family member, associated person or in the event that a family member uses as well.

In summary, Jill shared that MAHHC is systematically providing screening and referral to treatment. This is a universal process for patients coming in for physicals, which may catch issues early. Our community partners have been consistent in working with folks who want to recover and the work of the Recovery Coaches has been astounding!

from Susan White, AHEC to everyone: 9:01 AM

GREAT work everyone! I have another call, so need to jump off.

### 7. QUALITY DASHBOARD-

from Thomasena Coates, MPH, CPHQ, PCMH CCE to everyone: 9:08 AM

Appreciation to those key professionals who are doing direct work and are here to share with us about the resources of the region and the specifics of accessing services.

Jill shared the Quality Dashboard presentation (please see attached PowerPoint Presentation). Highlights include:

- HTN- Improvement of 11 percentage points, Jan to June
- **DM** Dr. Levin continues to lead the quality improvement program for DM, and has implemented the new Diabetic Medication Refill Policy.
- **SUD-** The SBIRT Screenings have notably decreased, which may be a result of provider vacations. The slides were only briefly discussed, as this was covered in the Highlight on Quality.
- **Prevention Work** MAHHC administered a total of 12, 122 total doses of the COVID-19 vacation December 2020 to June 2021.

The team entered into a discussion regarding the possible causes of the increase in opioid fatalities. Data indicates the proximity of Windsor to Interstate I-89 and the ease of access for getting drugs into the town from the highway may be a contributing factor.

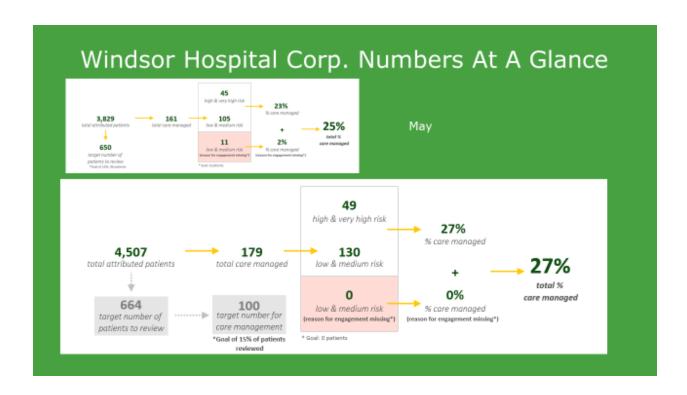
During the pandemic, opioid use increased which can also be associated with social isolation.

Some data shows there may be a link to the Federal stimulus checks issued to folks, who may have spent this money on drugs.

It should also be noted that Fentanyl is seen as something people are seeking out, which sometimes can be mixed with heroin. Many of the reported overdoses for fentanyl included heroin.

Dr. Marasa shared one of the dangers of fentanyl is that it is not prescribed often, which may cause users to seek out illegal drugs. There has been an increase in opioid deaths pre-covid and a 1:1 ratio decrease in prescribing, related to users seeking out illegal drugs.

**8. CARE COORDINATION** – Jill briefly reviewed the Care Coordination Data and highlighted the work of Carla, Jenna, Amy, Jen, Samantha, Alex and our community partners, Senior Solutions, SASH, VNH, and Bayada. (*see attached slide*)



**9. NEXT MEETING** – The next meeting of the Windsor HSA Community Collaborative is scheduled for Wednesday October 20<sup>th</sup>, 2021 at 8am via WebEx. Minutes and materials for the Community Collaborative can be found on the <u>MAHHC Website</u>.

Respectfully recorded by:

Mary Boardman Administrative Assistant