

# Inpatient Therapies Department



MAHHC is the only CARF  
accredited facility in Vermont

## **The Rehabilitation Center at Mt. Ascutney Hospital and Health Center**

For more than 30 years, Mt. Ascutney Hospital and Health Center has been widely recognized and respected for its comprehensive and compassionate rehabilitative care. Our inpatient and outpatient Rehabilitation and Physical Medicine Programs are the first choice of hospitals and health care providers throughout Vermont and central New Hampshire for their patients who need intensive or ongoing rehabilitation care. One of only two major acute rehabilitation programs in Vermont, we continually strive to offer the most advanced facilities and patient-centered services.

# Latest Acute Rehabilitation Performance Statistics

**(7/1/21 - 6/30/22) 235 patients served, all were first time Acute Rehabilitation Patients**

The Rehabilitation Center is a 10-bed inpatient unit located within Mt. Ascutney Hospital and Health Center, functioning 24/7.

## LENGTH OF STAY

**11.9 days:** average length of hospital stay for Acute Rehabilitation patients

**3 hours:** treatment /day average (15 hours/week)



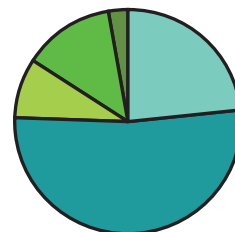
## GENDER

**43.4%** Female **56.6%** Male

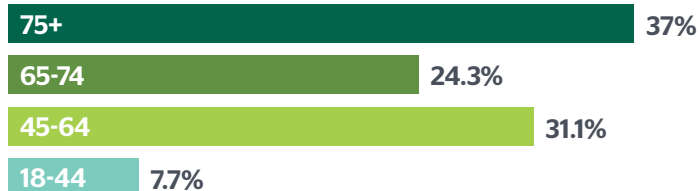


## INSURANCE

**23.4%** Commercial  
**52.3%** Medicare  
**8.5%** Medicare Advantage  
**13.2%** Medicaid  
**2.6%** Other



## AGE



## DIAGNOSES



## CASE MIX:1.39

## DISCHARGE STATISTICS

**86%** of patients go home to the community  
**2.6%** are relocated to our acute unit or to an affiliate location for further medical needs  
**11.1%** go to long term care or other assisted living

### % OF PATIENTS GOING DIRECTLY HOME TO THE COMMUNITY



## GOAL ACHIEVEMENT

**98%** of patients were prepared for discharge.  
 Data gathered when performing follow-up calls to discharged patients.



## FUNCTIONAL IMPROVEMENT

**78.6%** of patients met or exceeded Risk-Adjusted expected values for **self-care**.  
**70.1%** of patients met or exceeded Risk-Adjusted expected values for **mobility**.



## SATISFACTION

**97.7%** of patients surveyed were satisfied with their stay.  
**98.3%** overall assessment rating of facility and satisfaction.

Your rehabilitation and recovery will require hard work, persistence, and patience. At Mt Ascutney Hospital & Health Center, we're committed to helping you reach your highest level of recovery. We offer the latest technologies and services to meet your needs and your own personalized team of skilled specialists from diverse disciplines to support and encourage you at every stage along the way.