

# WHO ARE WE?

## The Richard I. Slusky Outpatient Therapies Department and Woodstock Physical Therapy at the Ottauquechee Health Center

**11** Therapists on Staff

**10** Support Staff

**4** Therapists with a Special Focus on Treatment of Neurological Conditions

**2** Office Locations  
(MAHHC in Windsor and OHC in Woodstock)

**1** Double-board Certified Neurologist

**1** Board Certified Psychiatrist

**1** Therapeutic Recreation Professional

- The warm water therapeutic pool is the only rehabilitation pool of its kind in Vermont.
- Bionness Vector Gait and Safety System.
- LSVT BIG program for patients with Parkinson's disease. An individually customized therapy program that provides quality gross motor movement exercises.
- Specialized treatments are available to patients, such as dry needling, postural restoration, myofascial release, botox and pain relief joint injections.
- Our specialists perform diagnostic testing like EMG/ nerve conduction studies, and skin biopsies.
- A cardiac rehabilitation program certified by American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR).



MAHHC is the only CARF accredited facility in Vermont

## The Rehabilitation Center at Mt. Ascutney Hospital and Health Center

For more than 30 years, Mt. Ascutney Hospital and Health Center has been widely recognized and respected for its comprehensive and compassionate rehabilitative care. Our inpatient and outpatient Rehabilitation and Physical Medicine Programs are the first choice of hospitals and health care providers throughout Vermont and central New Hampshire for their patients who need intensive or ongoing rehabilitation care. One of only two major acute rehabilitation programs in Vermont, we continually strive to offer the most advanced facilities and patient-centered services.

# Outpatient Therapies Department Performance Statistics

October 1, 2020 through September 30, 2021

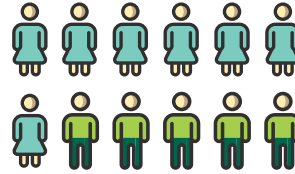
## DID YOU KNOW?

Outpatient Therapy consists of multiple specialities including:

- **Physical, Occupational and Speech therapy**
- **Cardiac and Pulmonary Rehab**
- **Physical Medicine and Neurology**
- **A therapeutic pool**
- **And more!**

## PATIENT GENDER

57% Female 43% Male

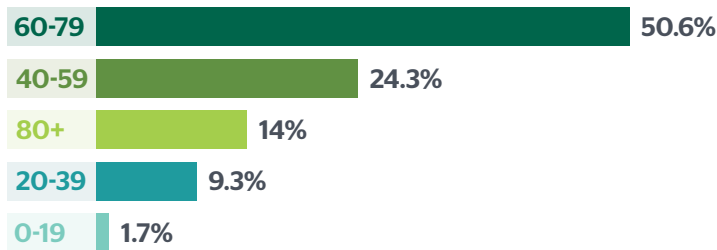


## APPOINTMENTS

9,799 Completed Appointments



## AGES OF POPULATION SEEN



“My experience was so incredible, the pace was wonderful, and I felt the progress I made since surgery was amazing. 6 months ago I could hardly get around and yesterday I was able to walk 3 miles.”

## PATIENT SATISFACTION

**94%**

of patients surveyed noticed significant improvement after starting therapy services.

**100%**

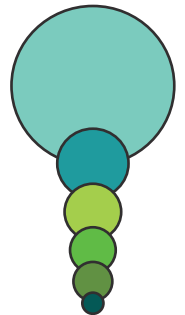
of patients found their home exercise program was easy to follow and understand.

**74%**

of patients had EMG/NCS performed within 30 days of scheduling.

## APPOINTMENT NUMBERS

Physical Therapy	6,322 (63.9%)
Occupational Therapy	1,068 (10.8%)
Cardiac Rehabilitation	945 (9.6%)
Physiatry	736 (7.4%)
Neurology	632 (6.4%)
Speech Language Therapy	174 (1.8%)



“Therapy was tailored to meet my needs. I gained knowledge to help me understand my body. It was a wonderful experience.”



## INSURANCE NUMBERS

Medicare	40.7%
Commercial	32.4%
Medicaid	9.8%
Medicare Advantage	9.7%
3rd Party (WC, Auto)	5.1%
Other	2.3%

Your rehabilitation and recovery will require hard work, persistence, and patience. At Mt Ascutney Hospital & Health Center, we're committed to helping you reach your highest level of recovery. We offer the latest technologies and services to meet your needs and your own personalized team of skilled specialists from diverse disciplines to support and encourage you at every stage along the way.