

Outpatient Therapies

15 Therapists on Staff

8 Support Staff

4 Therapists with a Special Focus
on Treatment of Neurological
Conditions

2 Office Locations

The Richard I. Slusky Outpatient
Therapies Department and
Woodstock Physical Therapy at the
Ottauquechee Health Center

1 Board Certified Neurologist

1 Board Certified Physiatrist

1 Therapeutic Recreation Therapist

- The warm water therapeutic pool is the only rehabilitation pool of its kind in Vermont.
- Bioness Vector Gait and Safety System.
- LSVT BIG program for patients with Parkinson's disease. An individually customized therapy program that provides quality gross motor movement exercises.
- Specialized treatments are available to patients, such as dry needling, postural restoration, myofascial release, lymphedema care and aquatic therapy.
- Our specialists perform pain relief joint injections, skin biopsies, Botox for migraines, and diagnostic testing such as EMG/nerve conduction studies and EEG's.
- A cardiac rehabilitation program certified by American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR).
- Respiratory services, home sleep studies, PFT, Zio Patch.



MAHHC is the only CARF
accredited facility in Vermont

The Rehabilitation Center at Mt. Ascutney Hospital and Health Center

For more than 30 years, Mt. Ascutney Hospital and Health Center has been widely recognized and respected for its comprehensive and compassionate rehabilitative care. Our inpatient and outpatient Rehabilitation and Physical Medicine Programs are the first choice of hospitals and health care providers throughout Vermont and central New Hampshire for their patients who need intensive or ongoing rehabilitation care. One of only two major acute rehabilitation programs in Vermont, we continually strive to offer the most advanced facilities and patient-centered services.

Outpatient Therapies Performance Statistics

July 1, 2024, through June 30, 2025

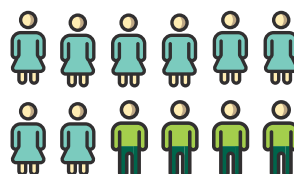
DID YOU KNOW?

Outpatient Therapy consists of multiple specialties including:

- **Physical, Occupational and Speech therapy**
- **Cardiac and Pulmonary Rehab**
- **Physical Medicine and Neurology**
- **A therapeutic pool**
- **Vector (unweighing system)**
- **And more!**

PATIENT GENDER

61.7% Female 38.3% Male



APPOINTMENTS

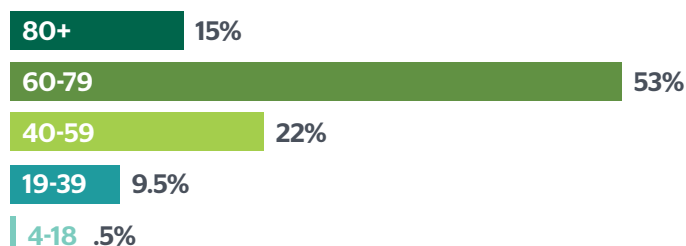
Total in Outpatient Center..... 10,067

Avg. Patient Visits per Treatment Course.. 8.44

No-show Rate.... 5.27%

Therapies Appointments..... 8,012

AGE OF DISCHARGED PATIENTS



"I have genuinely received nothing but incredible PT at Mt. Ascutney! I have come 3 times for different needs and seriously every time was incredible. You guys are awesome!"



INSURANCE NUMBERS

Medicare	39%
Commercial	28%
Medicare Advantage / Med C	20%
Medicaid	11%
3rd Party	2%
Self-pay.....	<1%

CONDITIONS TREATED

Muskoskeletal.....	52.8%
Orthopedic.....	27.1%
Neurological	5.7%
Arthritic	5.2%
Stroke	4.0%
Other.....	2.1%
Not Documented	1.2%
Spinal Cord.....	<1%
Cardiac Disorders.....	<1%
Amputation	<1%
TBI.....	<1%
Cong/Dev	<1%



PATIENT DISCHARGES

934 discharges - 65% of patients discharged successfully.
330 patients considered "dropouts" or did not complete plan.
66 patients discharged due to medical status
<1% of patients are declined due to their needs not being served by our department.

"MAH Therapies, everyone who works there is caring, supportive, friendly. Everyone remains calm, with a sense of humor even when days are hard on the staff. The staff listens, puts you first."

Your rehabilitation and recovery will require hard work, persistence, and patience. At Mt Ascutney Hospital and Health Center, we're committed to helping you reach your highest level of recovery. We offer the latest technologies and services to meet your needs and your own personalized team of skilled specialists from diverse disciplines to support and encourage you at every stage along the way.

Hours: Windsor: Monday through Friday, 7:30 am to 5 pm | OHC: Monday through Thursday, 7:30 am to 5 pm

Mt. Ascutney Hospital and Health Center | 289 County Road, Windsor, VT | 802-674-7100 | mtascutneyhospital.org