

Inpatient Rehabilitation Services



MAHHC is the only CARF
accredited facility in Vermont



Guardian of Excellence Award
for Patient Experience

The Rehabilitation Center at Mt. Ascutney Hospital and Health Center

For more than 30 years, Mt. Ascutney Hospital and Health Center has been widely recognized and respected for its comprehensive and compassionate rehabilitative care. Our inpatient and outpatient Rehabilitation and Physical Medicine Programs are the first choice of hospitals and health care providers throughout Vermont and central New Hampshire for their patients who need intensive or ongoing rehabilitation care. One of only two major acute rehabilitation programs in Vermont, we continually strive to offer the most advanced facilities and patient-centered services.

Acute Inpatient Rehabilitation Performance Statistics

July 1, 2025, through June 30, 2026: 216 patients served, 216 were first time Acute Rehabilitation Patients

The Rehabilitation Center is a 10-bed inpatient unit located within Mt. Ascutney Hospital and Health Center, functioning 24/7.

LENGTH OF STAY

8.3 days: average daily census.

14 days: average length of hospital stay for Acute Rehabilitation patients.

3 hours: treatment/day average (15 hours/week).



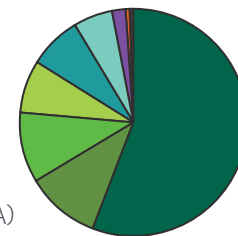
GENDER

43% Female **57% Male**

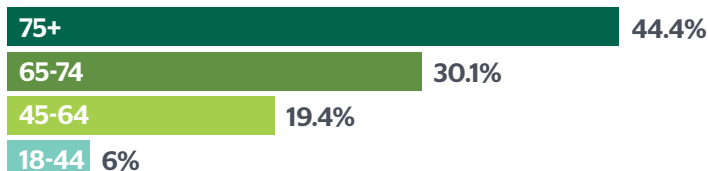


INSURANCE

56.0% Medicare
10.5% Commercial
10.0% Medicare Adv.
7.5% Medicaid
7.5% Not Listed
5.5% Other Govt. (VA)
2.0% Other
0.5% Work Comp
0.5% Voco Rehab



AGE



DIAGNOSES

Case mix: **1.4**



ETHNICITY

88% White
9.7% No Resp.
0.9% African Am.
0.9% None of Above
0.5% Unable to Resp.



DISCHARGE STATISTICS

82.4% of patients go home to the community.
4.6% are relocated to our acute unit or to an affiliate location for further medical needs.
13.0% go to long term care or other assisted living.

% OF PATIENTS GOING DIRECTLY HOME TO THE COMMUNITY



MARITAL STATUS

56.5% Married
24.1% Single
8.3% Widowed
1.9% Separated
6.0% Divorced



GOAL ACHIEVEMENT

96.3% of patients were prepared for discharge.

Data gathered when performing follow-up calls to discharged patients.



FUNCTIONAL IMPROVEMENT

71.6% of patients met or exceeded Risk-Adjusted expected values for **self-care**.

Compared to region: **67.5%**

69.7% of patients met or exceeded Risk-Adjusted expected values for **mobility**.

Compared to region: **66.8%**



SATISFACTION

98.6% of patients surveyed were satisfied with their stay.

96.9% overall assessment rating of facility and satisfaction.

Your rehabilitation and recovery will require hard work, persistence and patience. At Mt Ascutney Hospital and Health Center, we're committed to helping you reach your highest level of recovery. We offer the latest technologies and services to meet your needs and your own personalized team of skilled specialists from diverse disciplines to support and encourage you at every stage along the way.

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