Holliday K. Rayfield, MD  
Address: Mt. Ascutney Physicians Practice, 289 County Road, Windsor, VT 05089  
Tel: (802) 674-7057  
Fax: (802) 674-7119  
Specialty care: General adult psychiatry, evaluations and follow up for medications, consultations with PCPs for medication follow up  
Ages served: Adult  
Insurances accepted: All insurances  
Degree/Licensure: MD, University of Vermont  
Days available: Alternating Tuesdays  

Victoria Wilk, APRN, PMHCNS-BC  
Address: Mt. Ascutney Hospital, 289 County Road, Windsor, VT 05089  
Tel: (802) 674-7057  
Fax: (802) 674-7119  
Specialty care: Psychiatry, psychopharmacology assessments and follow-up  
Ages served: Adult  
Insurances accepted: All insurances  
Degree/Licensure: MS in psychiatric nursing, Licensed as Advance Practice Registered Nurse, clinical specialist with prescriptive authority  
Days available: Alternating Tuesdays  

Dr. Fred Lord  
CT Valley Recovery Services  
Address: 17 State St., Windsor VT 05089  
Tel: (802) 674-9400  
Fax: (802) 674-9410  
E-mail: cvrsi@comcast.net  
Specialty care: Addiction medicine and pain medication consultation/management  
Ages served: 18 and older  
Insurances accepted: Medicare, VT Medicaid, VT Blue Cross/Blue Shield, Other Blue Cross/Blue Shield plans by agreement  
Degree/Licensure: MD, University of Vermont, Fellowship trained in Addiction Medicine, University of Florida, Licensed in VT  
Days available: Tuesday, Wednesday, and Thursday by appointment  

Rebecca MacKenzie, MSW, LICSW, CSSW, BCPC  
Address: PO. Box 304, Claremont, NH 03743  
Office: Trinity Evangelical Free Church, 44 Main Street, Windsor, VT 05089 and Grace River Church, 56 Main Street, Claremont, NH 03743  
Tel: (603) 504-2851  
Fax: (603) 542-0268  
E-mail: rbmackenzie@myfairpoint.net  
Specialty care: Cognitive behavioral therapy; solution-focused therapy; emotionally-focused therapy; family and couples; depression; anxiety; ADHD; PTSD; relational; parenting; attachment issues  
Ages served: Children, adolescents, adults  
Insurances accepted: VT and NH Medicaid; Anthem BCBS, BCBS of VT, fee for service  
Degree/Licensure: Licensed Clinical Social Worker (VT), Licensed Independent Clinical Social Worker (NY), Certified School Social Worker (NH), Board Certified Professional Christian Counselor  
Days available: Monday-Thursday, 9am - 5pm  

Deborah Kelin Smith, M.Ed., LADC  
Address: Mt. Ascutney Hospital and Health Center, 289 County Road, Windsor, VT 05089  
Tel: (802) 674-7382  
Fax: (802) 674-7314  
E-mail: dkelinsm@hcrs.org  
Specialty care: Short term counseling for depression, anxiety, and substance abuse  
Ages served: Adults receiving primary care at Mt. Ascutney Hospital/Otaquaquechee Health Ctr  
Insurances accepted: Blueprint Grant funded; all insurances or no insurance  
Degree/Licensure: Masters of Education and Licensed Alcohol and Drug Abuse Counselor  
Hours available: Monday-Friday, 9am - 5pm  

Lee Monro, MA  
Address: Mt. Ascutney Hospital, Prof. Building Suite 102, 287 County Road, Windsor, VT 05089  
Tel: (802) 674-7136  
E-mail: leemonro@gmail.com or cecily.monro@mahhc.org  
Specialty care: Individual, couples and family therapy  
Ages served: 12 through adult  
Insurances accepted: Blue Cross/Blue Shield, Anthem, VT Medicaid, Harvard Pilgrim, Aetna, UBH, Cigna (out-of-network) and most others  
Degree/Licensure: MA, Counseling Psychology, Licensed VT psychologist-master  
Days available: Tuesday, Wednesday, Thursday; Occasional Mondays; Fridays, as needed  

Shiri Macri, LCMHC  
Address: 841 Route 5 North, Windsor VT 05089  
Tel: (802) 376-8938  
E-mail: smacri72@gmail.com  
Specialty care: Children, families, adolescents and adults. PTSD, anxiety disorders, cognitive-behavior therapy  
Ages served: 12 through adult  
Insurances accepted: Medicaid, Blue Cross, Cigna, Anthem and others  
Days available: Varies, please call  
Degree/Licensure: Clinical Mental Health license. MA in Counseling Psychology from Vermont College. BA in Psychology from UC San Diego.
Psychology, Counseling and Psychotherapy

Dr. Ronald P. Ceppetelli, MSW, LICSW, PsyAD.
Address: 2975, Route 44, Brownsville, VT 05037 and Windsor Connection Resource Center, 1 Railroad Plaza, Windsor, VT 05089
Tel: (802) 356-3388 Fax: (802) 674-2999
E-mail: roncepp@gmail.com
Specialty care: Psychodynamic psychotherapy, for treatment of anxiety, depression, panic attacks, agoraphobia, communication issues, health issues, aging, caregiver issues
Ages served: Adolescent, adult, elderly, couples, group, supervision
Insurances accepted: Most insurances accepted including Medicare/Medicaid
Hours available: Monday-Friday, daytime and some evening appointments

Karen Chalom, LICSW
Address: Healing Arts Clinic, Mt. Ascutney Hospital, 393 County Road, Windsor, VT 05089; Simmons House, 32 Pleasant St., Woodstock VT 05091; 4056 Pomfret Road, S. Pomfret, VT 05067
Tel: (802) 457-6191 Fax: (802) 457-6191 (must be present to receive)
E-mail: chalomdesigns@gmail.com
Ages served: Age 9 years to senior adults
Insurances accepted: VT/NH Medicaid, Medicare, BCBS of VT, Anthem BCBS, Aetna, Cigna, MVP, United Healthcare Blue Cross/Blue Shield, Anthem; Soon will be accepting Cigna and MVP
Degree/Licensure: Licensed Independent Clinical Social Worker
Hours available: Monday, Thursday evening, Saturday

Dana DeSchamp, LICSW
Address: Mt. Ascutney Professional Building, Suite 102, Mt. Ascutney Hospital, 287 County Road, Windsor, VT 05089
Tel: (802) 952-1029
E-mail: danastrehaf@yahoo.com
Specialty care: Cognitive behavioral therapy; children, adolescents, adults and families; anxiety, depression, trauma, grief and loss, parenting issues, Autism Spectrum Disorders
Ages served: Ages 8 and up
Insurances accepted: VT and NH Medicaid, Medicare, BCBS of VT, Anthem BCBS, Aetna, Cigna, MVP, United Healthcare Blue Cross/Blue Shield, Anthem; Soon will be accepting Cigna and MVP
Degree/Licensure: Licensed Independent Clinical Social Worker
Hours available: Monday-Friday, some evenings

Marilyn Gabriel, PhD and Mark Gabriel, MSW
Address: 2484 US Rte. S, Windsor, VT 05089
Tel: (802) 843-2322
E-mail: Marilyn.Gabriel@gmail.com and Marks.Gabriel@gmail.com
Specialty care: Cognitive behavioral therapy, diagnostic and forensic evaluation, child and family therapy, holistic health and yoga therapy
Ages served: All
Insurances accepted: All
Degree/Licensure: Licensed Clinical Social Worker (MSW/PhD)
Days available: Monday - Friday, some evenings

Tim Hebert, MS, LADC
Address: Windsor Connection Resource Center, 1 Railroad Plaza, Windsor, VT 05089
Tel: (802) 674-6847 Fax: (802) 674-2999
E-mail: tpr3cats3@comcast.net
Specialty care: Alcohol and Drug Counseling, DUI Counseling, Assessments for Probation and Court Diversion
Ages served: 12 and up
Insurances accepted: Many Insurances accepted; Vermont Medicaid accepted for clients under the age of 21
Degree/Licensure: Masters Degree in Counseling and Human Development, Licensed Alcohol and Drug Abuse Counselor
Days available: Monday, Tuesday, Wednesday, 4pm - 7pm

Dr. Lynn Irwin, MA
Address: Windsor Connection Resource Center, 1 Railroad Plaza, Windsor, VT 05089
Tel: (802) 674-2111 Alternate (802) 785-4581
E-mail: lirwin@myfairpoint.net
Specialty care: Psychodynamic psychotherapy, life issues including depression, anxiety, stress, chronic illness, individual, family, and couples counseling. Child-parent psychotherapy for attachment issues.
Ages served: Adults, adolescents
Insurances accepted: Private pay; sliding scale fee
Degree/Licensure: MA, Dartmouth College, VT rostered psychotherapist
Days available: Wednesday, Friday

Karen Chalom, LICSW
Address: Healing Arts Clinic, Mt. Ascutney Hospital, 393 County Road, Windsor, VT 05089; Simmons House, 32 Pleasant St., Woodstock VT 05091; 4056 Pomfret Road, S. Pomfret, VT 05067
Tel: (802) 457-6191 Fax: (802) 457-6191 (must be present to receive)
E-mail: chalomdesigns@gmail.com
Ages served: Age 9 years to senior adults
Insurances accepted: VT/NH Medicaid, Medicare, BCBS of VT, Anthem BCBS, Aetna, Cigna, MVP, United Healthcare Blue Cross/Blue Shield, Anthem; Soon will be accepting Cigna and MVP
Degree/Licensure: Licensed Independent Clinical Social Worker
Hours available: Monday, Thursday evening, Saturday

Heather Findlay, LCHMC
Address: 841 US Route 5 N, Frazer Agency's Nationwide Bldg,Windsor,VT 05089
Tel: (802) 230-6480
E-mail: hfindlay@yahoo.com
Specialty care: Practicing EMDR and strengths based psychotherapy for children, adolescents and adults; ADHD, anxiety, depression, loss/grief, and trauma work
Ages served: All ages
Insurances accepted: Medicaid, BCBS, Anthem, MVP, Cigna, UBH/Harvard Pilgrim
Degree/Licensure: Masters Degree in Clinical Mental Health Counseling from Lesley College; Licensed Clinical Mental Health Counselor in VT and NH
Days available: 20-25 hrs/wk by appointment Monday, Wednesday, Thursday, Friday, Saturday

Dr. Lynn Irwin, MA
Address: Windsor Connection Resource Center, 1 Railroad Plaza, Windsor, VT 05089
Tel: (802) 674-2111 Alternate (802) 785-4581
E-mail: lirwin@myfairpoint.net
Specialty care: Psychodynamic psychotherapy, life issues including depression, anxiety, stress, chronic illness, individual, family, and couples counseling. Child-parent psychotherapy for attachment issues.
Ages served: Adults, adolescents
Insurances accepted: Private pay; sliding scale fee
Degree/Licensure: MA, Dartmouth College, VT rostered psychotherapist
Days available: Wednesday, Friday

Lynn Irwin, MA
Address: Windsor Connection Resource Center, 1 Railroad Plaza, Windsor, VT 05089
Tel: (802) 674-2111 Alternate (802) 785-4581
E-mail: lirwin@myfairpoint.net
Specialty care: General psychotherapy practice, open to all. Experience with developmental disabilities, criminal behavior
Ages served: Adults, adolescents
Insurances accepted: Private pay; fees negotiated individually
Degree/Licensure: MA, Boston Graduate School of Psychoanalysis, VT rostered psychotherapist
Days available: Friday